



Campbell River
RECREATION
GUIDE SUMMER
2026



City of
**Campbell
River**

Recreation Guide Summer 2026 | June to August 2026

campbellriver.ca/recreation-guide

Summer's almost here, and if it's anything like our past summers, it's going to be an absolute blast in Recreation! Our programs, events, and activities are lined up and ready to roll. All we need is for YOU to join the fun.

We've got some amazing kids summer day camps this year, packed with creativity, adventure, new friends, and memories that stick. And yes, the Colourful Run is back! It was a highlight last summer, and the colours were unreal. Throw on something white, grab your friends and family, and walk, run, or dance your way through a route that turns you into a moving rainbow. It's messy, it's joyful, it's awesome.

Summer in recreation isn't just inside the Community Centre and Sportsplex — we're popping up all over the community!

- **Spirit Square comes alive with free live music: Tuesdays at noon and Friday evenings.**
- **Dance lessons run throughout the summer so you're ready to hit CR Live Streets with confidence.**
- **Centennial Outdoor Pool opens, ready for you to cool off. youth 18 and under swim for free, and if you haven't experienced the outdoor pool yet, now's your chance — it's such a gem.**
- **And don't forget Yoga in the Park — a fan favourite for a reason!**
- **AND CR Live Streets is back and better than ever!**

Wednesday nights, through July and August, it's all happening on Shoppers Row! You'll catch everything from reggae grooves to country twang, blues, rock, and even a kids festival. Dance the night away, connect with neighbours, and soak up the incredible summer atmosphere downtown. Music, snacks, and beverages are available for purchase, plus a free bike valet and the best community energy around.

This is just a taste, there's something for everyone in this guide — truly. Dive in and find your summer!

— **Robin Mitchell**, *Manager of Recreation and Culture*

Fee Increase Notice

From January 1, 2026, onwards, updated fees for City recreation facilities, programs, and services will be in place.

Recreation programs and services help meet the social, physical, and mental health needs of the community, and the City's goal is to ensure that fees are reasonable and fair.

We look forward to continuing to welcome community members of all ages, stages and abilities to our facilities.

Find Us Online

[campbellriverrec](#) [CityofCampbellRiver](#) [campbellriver.ca/recreationguide](#)

Vision

Campbell River is a **vibrant, healthy** and **engaged** community.

Mission

We **inspire** and **support** our community and individual well-being by working in **collaboration** to provide **diverse** recreation and culture opportunities for all ages, stages, and abilities.

Land Acknowledgement

The City acknowledges we are on the territory of the Liḡwíldaḡw people of the Wei Wai Kum and We Wai Kai First Nations.



Ready to Book Online?

Scan QR code or visit:
[campbellriver.ca/registration](#)

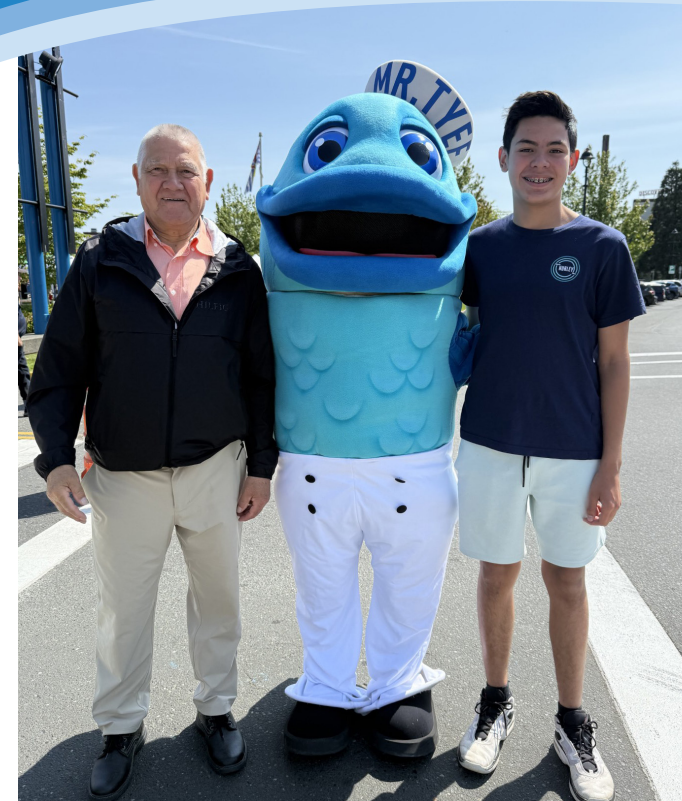
Register Now

Online
[campbellriver.ca/registration](#)

On the Recreation App
(see page 9 for details)

By Phone
Community Centre | 250-286-1161
Sportsplex | 250-923-7911

In Person
At the Community Centre or the Sportsplex



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Registration for June to August programs is available online or in-person beginning at 10 a.m., Monday, May 4, 2026.

Leisure Involvement For Everyone (L.I.F.E.)

Through the City of Campbell River Recreation Department, L.I.F.E. provides free admission and discounted rates for recreation programs for individuals and families with low incomes.

Valid for programs at the Sportsplex and Community Centre. Please visit the Sportsplex or Community Centre for an application form.

City of Campbell River Recreation Programs

- 52 FREE Drop In Admissions*
- 50% Discount on up to three registered programs*

*some exclusions may apply



JumpStart

JumpStart is a community-based charitable program that helps kids in financial need participate in organized sports and recreation. To request funding for a program, complete an online application form here:

<https://jumpstart.canadiantire.ca/pages/individual-child-grants>



KidSport – So All Kids Can Play!

KidSport is a community-based sports charity that provides grants for children to participate in a recognized sport. Grants are limited to \$200 per year, per child, and certain restrictions apply. To apply, go to: www.kidsportcanada.ca



Fitness Memberships now include access to even more healthy activities. Memberships give you access to fitness classes, the weight room, badminton, squash, racquetball, wallyball, table tennis, family badminton, soft tennis, drop in basketball and pickleball.

Fitness Memberships and Drop In Fees (All prices include GST.)				
	Child (6–12)	Youth (13–18)	Adult (19–59)	Senior/Student (60+ or 19–24*)
Drop in	\$3	\$5	\$7	\$5
10 Visit	\$29	\$37	\$58	\$48
1 Month	\$32	\$42	\$64	\$53
3 Month	x	\$102	\$153	\$127
1 Year	x	\$280	\$420	\$350
Fitness Classes (Age 12+)			Badminton, Soft Tennis, Table Tennis (Age 16+)	
Weight Room (Age 12+)**			Pickleball (Age 16+)	
Squash, Racquetball, Wallyball (Age 6+) (Children under 12 must be accompanied by a parent or guardian in the courts)			Youth Drop In Basketball (Age 8+), Adult basketball (Age 16+), Family Badminton (Age 6+)	

*Student memberships require valid post-secondary identification.

**Age restrictions apply, please inquire.

Sportsplex

1800 South Alder St
250-923-7911
recandculture@campbellriver.ca

Community Centre

401-11th Ave
250-286-1161
recandculture@campbellriver.ca

Need to cancel? No problem.

Registered drop in classes, such as spin and pickleball, must be cancelled by 4 p.m. the previous day in order to receive a refund. If cancellation notice is not received in time, no refund will be provided. 10 visit pass holders will have one visit deducted. Monthly/yearly pass holders will have a no-show fee applied to your account.

Pottery Fees

Duration	Age 14+
Drop In	\$20
10 Visit Pass	\$180

Active Living Pass

Duration	Age 16+
Annual (Jan to Dec)	\$32.50





Special Events

Go by Bike

All Ages | Free to Attend

Celebrate cycling during Go By Bike Week (May 30 – June 5) by riding your bike as often as you can! Bike to work, school, or do your errands and help Campbell River log thousands of cycling kilometers! Join us at local celebration stations, participate in activities, group rides and more! Enjoy a ride for fun, stress relief, exercise or a little fresh air! Track your rides and log your kilometres online at GoByBikeBC.ca or logmyride.gobybikebc.ca to contribute to earn chances to win prizes, and contribute to Campbell River's community total!

For more information visit www.facebook.com/btwwcr.

Sat – Fri	May 30 – June 5	All Day
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LOOP Day

All Ages | Free to Attend

Get ready for Campbell River's 6th Annual LOOP Day! Join friends, family, and neighbours for a fun, active celebration of our incredible local landscapes. Pedal, walk, run, or roll your way around the 28 km loop and experience Campbell River's Forest, River, Ocean, and Greenways (FROG)! Wear your green, bring your community spirit, and enjoy a day filled with prizes, giveaways, entertainment, and outdoor adventure. It's the perfect way to get moving, connect with others, and celebrate the ecosystems where we live. Please Note: Runners start earlier.

For event schedule and information visit, www.facebook.com/GreenwaysLoop.

Sun	May 31	11 a.m.
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Latin Rhythm at the Square

All Ages | Free to Attend | Drop In

Join Roudi and Vee at Spirit Square for an evening of Latin dance, music, and summer fun, dancing to lively Latin rhythms. No experience or partner is required—everyone is welcome. Come learn some new steps, meet new people, and enjoy the energy of Latin dance in the heart of downtown.

Footwork Session: 4:30 – 6 p.m.

Partner Session: 6:30 – 8 p.m.

Dance Session: 8 – 9 p.m.

Location: Spirit Square

Sun	June 14	4:30 – 9 p.m.
Sun	July 19	4:30 – 9 p.m.
Sun	Sept 13	4:30 – 9 p.m.



Ready to Book Online?

Scan QR code or visit:
campbellriver.ca/registration

About Our Events

We love collaborating with community groups to provide inclusive and diverse events. Whether your interest is in physical activity, socializing, or arts and crafts – we have an event for you.

Colourful Run

All Ages | Child 0 – 5 Years Free | 6+ Years \$5/Person Registered

Get ready to unleash your energy at our vibrant Colourful Run! Walk, jog, or run the fun-filled route—no timing or competition, just good vibes. Afterward, hit the splash park for the after-party with snacks, music, and a giant foam pit! Check-in opens 9 a.m., race starts 9:30 a.m.

Location: Willow Point Park

45341	Sun	June 14	9 a.m. – Noon
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Soccer by the Sea

All Ages | Free to Attend

Soccer by the Sea is a community initiative celebrating the spirit of lifelong recreation and FIFA World Cup 2026. Join us for a family-friendly, interactive outdoor watch party as we cheer on Team Canada on the big screen in their match against Qatar. In addition to the match, enjoy additional activities designed to keep all ages engaged and entertained throughout the afternoon, including soccer-themed fun led by Campbell River Youth Soccer Association. Whether you're a lifelong fan or simply looking for a fun way to spend time outdoors with friends and family, this event is a great opportunity to come together to celebrate the vibrancy and diversity of our community and share in the excitement of the game.

For more information visit <https://www.campbellriver.ca/parks-recreation-culture/community-events-calendar>

Location: Robron Athletic Park

Thu	June 18	2:30 – 5:30 p.m.
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National Indigenous Peoples Day

All Ages | Free to Attend

All are welcome to celebrate Indigenous history and culture with the Laichwiltach Family Life Society. Featuring food, games and activities for kids, music, drumming, dancing and more. More details will be announced soon.

Location: Robert Ostler Park

Sun	June 21	11 a.m. – 5 p.m.
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Singing for Fun

All Ages | Free to Attend

All ages, stages, and abilities are welcome at this sing-a-long program. Join John Hollywood and our band of volunteers and sing to your heart's content to oldies, fun songs, and familiar tunes!

Location: Spirit Square

Wed	June 24	10 – 11 a.m.
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Ready to Book Online?
Scan QR code or visit:
campbellriver.ca/registration

SkyHawks' Sky Diving Show

All Ages | Free to Attend

The Canadian Armed Forces Parachute Team, the SkyHawks, are Canada's only military parachute demonstration team. The team comprises 13 demonstrators from the Canadian Army, the Royal Canadian Navy, and the Royal Canadian Air Force. This includes both Regular Force and Reserve members with diverse professional backgrounds. The SkyHawks' thrilling performance will include daring maneuvers and requires a high level of skill, teamwork, and physical fitness. The whole community is invited to watch a spectacular show, and the team will be available to chat, sign autographs, take photo's and learn about the parachutes and gear. Bring your own lawn chair and enjoy the show!

Location: Willow Point Park Field 4 and 5

Wed	July 29	12:30 p.m.
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All Ages | Free to Attend
June 18 | 2:30 – 5:30 p.m.

Join us for a family-friendly, interactive outdoor watch party as we celebrate FIFA World Cup 2026™ and cheer on Team Canada on the big screen in their soccer match against Qatar! Activities for the whole family including soccer-themed fun led by Campbell River Youth Soccer Association means there will be something for everyone to enjoy!

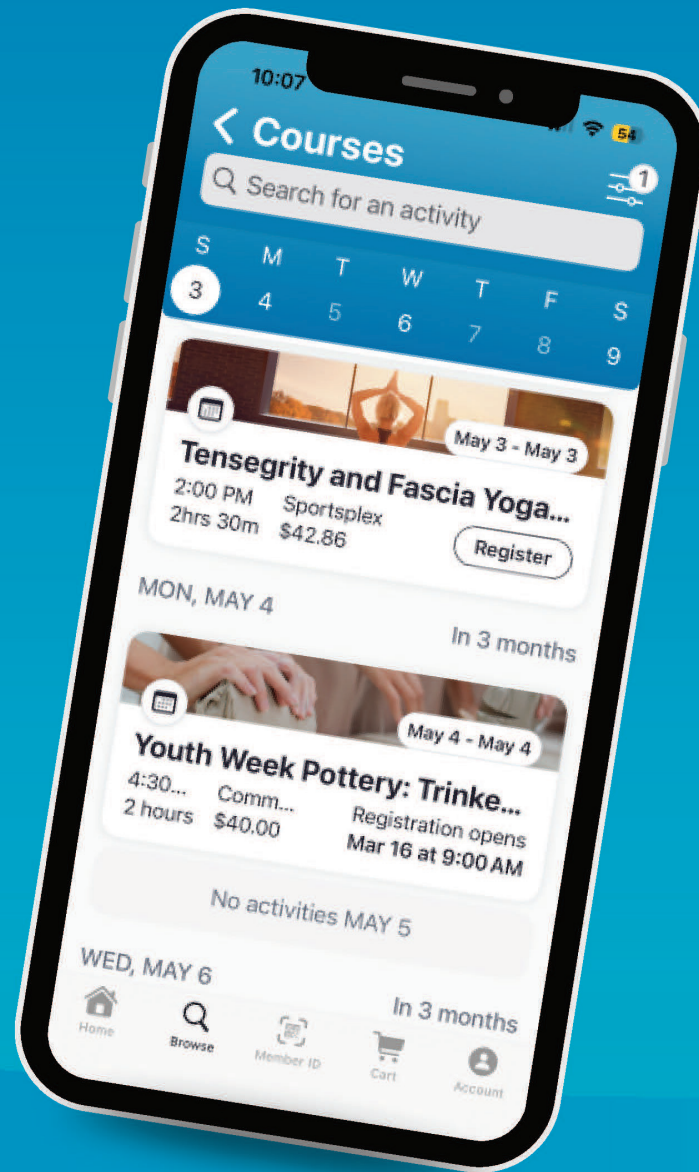


We gratefully acknowledge the financial support of the Province of British Columbia through the Ministry of Tourism, Arts, Culture and Sport.



Download our New Recreation App!

Easy to use, anywhere, anytime.
Access memberships and program details all in one place.



Visit campbellriver.ca/recreation-app for more information.



Spirit Square

Celebrate Summer in the Square!

Lunch in the Square

Tuesdays at Noon starting June 2

River Concerts

Fridays at 7 p.m. starting in June

National Indigenous Peoples Day

Sunday, June 21
*Location moved to Robert Ostler Park

Canada Day

Wednesday, July 1



For more information, visit campbellriver.ca/events

Downtown Activities

Line Dancing in the Square

16+ Years | Free to Attend | Drop In

Learn choreographed dances for country music with the Step-in Line dancers in Spirit Square every Monday throughout the summer. You will learn a variety of dances using a pattern of steps. No dance partner needed. Everyone welcome.

Location: Spirit Square

Mon	July 6	11 a.m. – Noon
Mon	July 13	11 a.m. – Noon
Mon	July 20	11 a.m. – Noon
Mon	July 27	11 a.m. – Noon
Mon	Aug 10	11 a.m. – Noon
Mon	Aug 17	11 a.m. – Noon



Yoga in the Park

12+ Years | Free to Attend | Drop In

Connect with your community and enjoy the fresh air at FREE Yoga in the Park this summer. Join us Thursdays at 5:30 p.m. at Robert Ostler Park. Classes are led by a variety of certified instructors from the City of Campbell River, offering something a little different each week. Youth ages 12–15 may participate with a parent or guardian.

Please Note: These classes are weather dependent. Check before by calling the Sportsplex at 250-923-7911, or checking our Rec and Culture Facebook Page.

Location: Robert Ostler Park

Thu	July 9	5:30 – 6:30 p.m.
Thu	July 16	5:30 – 6:30 p.m.
Thu	July 23	5:30 – 6:30 p.m.
Thu	July 30	5:30 – 6:30 p.m.
Thu	Aug 6	5:30 – 6:30 p.m.
Thu	Aug 13	5:30 – 6:30 p.m.
Thu	Aug 20	*4:15 – 5 p.m.
Thu	Aug 20	5:30 – 6:30 p.m.

***Please Note:** Aug 20 will have an additional session for families from 4:15–5 p.m.



SESSION

STUDIO + SPIN

Pilates in the Park

12+ Years | Free to Attend | Drop In

The City of Campbell River is putting on 2 free, fresh and fun Pilates in the Park Classes this summer with Willow Barr from **Session Studio!** From the seasoned 'hundred' pro, to the total beginner, everyone has a mat spot in the grass this summer. Join us for a deliberate, classical flow designed to build a more resilient body while we catch the best of the summer breeze together. Pack your bag: Just bring a mat, a water bottle, and your favourite sunscreen!

Please Note: These classes are weather dependent. Check before by calling the Sportsplex at 250-923-7911, or checking our Rec and Culture Facebook Page.

Location: Robert Ostler Park

Tue	July 14	5:30 – 6:30 p.m.
Tue	Aug 11	5:30 – 6:30 p.m.



Swing Lessons in the Square

16+ Years | Free to Attend | Drop In

Get ready to swing into action with free Swing Dance lessons in Spirit Square! Led by Emily from the Forbidden Dance Company, these fun, weekly classes will have you dancing in no time. Whether you're a beginner or looking to brush up on your moves, this is the perfect way to prepare for the CR Live Streets Swing Night on July 29th. No partner needed—everyone is welcome to join the fun!

Location: Spirit Square

Tue	July 14	6:30 – 7:30 p.m.
Tue	July 21	6:30 – 7:30 p.m.
Tue	July 28	6:30 – 7:30 p.m.



Spirit Square Paint Nights

14+ Years | \$30/Person | Registered

Step away from the stress of the world and enjoy a creative evening with friends painting downtown in Spirit Square. Join us for a paint workshop and create a masterpiece while enjoying some refreshing infused water. All supplies are included, and no experience is necessary. Just bring your sense of fun and we'll take care of the rest. You don't have to be an artist to enjoy this paint night. All are welcome, from beginners to everyday painters. Register today and we'll see you soon!

Location: Spirit Square

46615	Thu	July 16	6 – 8 p.m.
46624	Thu	July 30	6 – 8 p.m.
46625	Thu	Aug 6	6 – 8 p.m.
46626	Thu	Aug 20	6 – 8 p.m.



Ready to Book Online?

Scan QR code or visit:
campbellriver.ca/registration



Great Community Starts Here

July 8 – August 19

Join us downtown Campbell River every Wednesday for great evening events and activities.

- July 8** Reggae in the River Featuring Caleb Hart and Friends (TK the Artist, Daniel Sar and Rhettco and guests)
- July 15** Local Line Up Featuring Quadra Sound and Time Well Wasted
- July 22** Bow and Bass Featuring Kytami and Phonik Ops
- July 29** Swinging Blues Featuring Blue Moon Marquee
- August 5** River City Street Fest
- August 12** Rockin' River Country Featuring Mitch Zorn
- August 19** CR Live Streets Finale Featuring Yukon Blonde

Free and family friendly!



CR Live Streets Summer 2026 Downtown Events



Reggae in the River

Family Friendly | Free to Attend | Licensed

Get ready for an unforgettable night of Caribbean rhythms in downtown Campbell River! Caleb Hart and Friends (TK the Artist, Daniel Sar, and Rhettco and guests) bring an energetic mix of feel-good sounds that will have the whole crowd moving. Experience the spirit of Caribbean culture through music and dance, and don't miss this lively, high-energy evening that's sure to get everyone grooving. Join us on the Row! All Ages Welcome. This is a licensed event. Gates open at 6:30 p.m.

Location: Shoppers Row

Wed	July 8	6:30 – 10 p.m.
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Bow and Bass

Family Friendly | Free to Attend | Licensed

Get ready for Bow and Bass, a high-energy night where classical strings collide with heavy bass. Kytami and Phonik Ops bring their electrifying fusion of violin and electronic beats to the stage, blending classical technique with dubstep, drum and bass, and electronic dance music (EDM) for a performance that is powerful, dynamic, and completely unique. Come experience an unforgettable night of music in the heart of downtown and make an evening of it by visiting the many great local restaurants before the show. Join us on the Row! All Ages Welcome. This is a licensed event. Gates open at 6:30 p.m.

Location: Shoppers Row

Wed	July 22	6:30 – 10 p.m.
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Swinging Blues

Family Friendly | Free to Attend | Licensed

Get ready for a night of soulful sound and vintage style as Blue Moon Marquee brings their electrifying blend of blues, jazz, and swing to the stage. Known for their powerful performances and timeless sound, the duo will have the crowd swaying all night long. During intermission, the Forbidden Dance Company will offer a swing dance lesson, and the North Island Cruisers will have a lineup of classic cars on display to complete the retro vibe. Join us on the Row! All Ages Welcome. This is a licensed event. Gates Open at 6:30 p.m.

Location: Shoppers Row

Wed	July 29	6:30 – 10 p.m.
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River City Street Fest

Family Friendly | Free to Attend | Not Licensed

This family-friendly event invites everyone to join in on collaborative art projects, sidewalk chalk, bouncy castles and other fun activities for the whole family. It's a free-to-attend event with a laid-back vibe, so come out and make some memories! Join us on the Row. All ages welcome.

Location: Shoppers Row

Wed	Aug 5	5 – 8 p.m.
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Rockin' River Country

Family Friendly | Free to Attend | Licensed

Saddle up for Rockin' River Country Night, an evening of high-energy country music right in the heart of downtown. Mitch Zorn—known for his powerful vocals and energetic performances that blend modern country with rock-tinged flair. Opening the night is Wes Underhill, getting things started with a set of favourite country tunes that'll have everyone tapping their boots and singing along. Join us on the Row! All Ages Welcome. This is a licensed event. Gates open at 6:30 p.m.

Location: Shoppers Row

Wed	Aug 12	6:30 – 10 p.m.
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CR Live Streets Finale

Family Friendly | Free to Attend | Licensed

Cap off the summer with Music in the Night, the final show of CR Live Streets! Yukon Blonde takes the stage with their infectious indie-rock sound, delivering a high-energy set of catchy melodies and unforgettable grooves. Celebrate another season of live music in downtown Campbell River. Join us on the Row! All Ages Welcome. This is a licensed event. Gates Open at 6:30 p.m.

Location: Shoppers Row

Wed	Aug 19	6:30 – 10 p.m.
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Centennial Outdoor Pool Information

Centennial Outdoor Pool Schedule 2026

Swim Descriptions

Lengths and Leisure

A quieter environment with lanes, leisure space and wading pool available.

Swim Club

Campbell River Salmon Kings practice – Pool CLOSED.

Family Swim

Paired with lane swimming and sometimes swimming lessons, these swims are designed for families. Parents/guardians must swim with their children. Quiet-medium volume environment.

Everyone Welcome

These swims offer a bit of everything. Lanes, some toys, waterslide and wading pool available. Medium-loud volume environment.

Open Swim

Loud environment with open pool access, no lanes, lots of toys, and waterslide available.

Centennial Outdoor Pool Info Line
250-286-5317

Facility Rental Information
250-286-1161



Rentals

Exclusive booking slots are available. Whether you're planning a school visit, birthday celebration, or a private group event, we've got you covered. Call 250-286-1161 to reserve your time.

Centennial Outdoor Pool Admission Rates		
Age Groups	Drop In	10 Visit
Pre-School (5 and Under)	Free	Not available
Child (6 - 12 Years)	Free	Not available
Youth (13 - 18 Years)	Free	Not available
Adult (19 - 59 Years)	\$4	\$32
Senior (60+ Years)	\$3	\$21

Please Note: Children under the age of 7 must have an adult (16+) in the water within arms reach. The ratio is 3 children to 1 adult.

June 2 – 30, 2026					
*Indicates a quieter swim		() Indicates the minimum number of lanes available		Please note: All swims, including rentals, may be shared with program participants	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
Lengths & Leisure (3)* 7:30 – 9 a.m.	Swim Club 7 – 8 a.m.	Lengths & Leisure (3)* 7:30 – 9 a.m.	Swim Club 7 – 8 a.m.		Family Swim (2)* 9:15 – 11:15 a.m.
Rentals 10 a.m. – 2 p.m.					Everyone Welcome (2) 11:30 a.m. – 1:30 p.m.
Open Swim 2:30 – 4 p.m.					Open Swim 2 – 4 p.m.
Swim Club 4:15 – 6:15 p.m.	Everyone Welcome (1) 4 – 5:45 p.m.	Swim Club 4:15 – 6:15 p.m.	Everyone Welcome (1) 4 – 5:45 p.m.		Rentals 4:15 – 6:15 p.m.
Everyone Welcome (2) 6:30 – 8 p.m.	Swim Club 6 – 8 p.m.	Everyone Welcome (2) 6:30 – 8 p.m.	Swim Club 6 – 8 p.m.	Open Swim 6 – 7:30 p.m.	

Pool Closed: The pool closes at 4 pm on Friday, July 3 and all day Sat/Sun, July 4 and 5 for annual swim meet.

For Statutory Holidays: Canada Day (July 1) and BC Day (Aug 3), please follow our Sat/Sun schedule.

July 1 – August 28, 2026					
*Indicates a quieter swim	**Summer Camps may attend	() Indicates the minimum number of lanes available		Please note: All swims, including rentals, may be shared with program participants	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
Lengths & Leisure (3)* 7 – 8:45 a.m.	Swim Club 7 – 8:30 a.m.	Lengths & Leisure (3)* 7 – 8:45 a.m.	Swim Club 7 – 8:30 a.m.	Lengths & Leisure (3)* 7 – 8:45 a.m.	
Swimming Lessons 8:45 – 10:45 a.m.				Family Swim (2)* 9 – 11 a.m.	
Everyone Welcome (2)** 11:30 a.m. – 1:30 p.m.					
Open Swim** 1:45 – 4 p.m. (Join us every Wednesday from 2 – 3:30 p.m. for a Themed Fun Swim!)					
Swim Club 4:15 – 6:15 p.m.	Everyone Welcome (1) 4:15 – 5:45 p.m.	Swim Club 4:15 – 6:15 p.m.	Everyone Welcome (1) 4:15 – 5:45 p.m.	Family Swim (2)* 4:15 – 6:15 p.m.	Rentals 4:15 – 6:15 p.m.
Everyone Welcome (2) 6:30 – 8:30 p.m.	Swim Club 6 – 8 p.m.	Everyone Welcome (2) 6:30 – 8:30 p.m.	Swim Club 6 – 8 p.m.	Everyone Welcome (2) 6:30 – 8:30 p.m.	

Additional Swims		
Family Swim And Lengths (2)	Aug 17, 19, 24 and 26	4:15 – 6:15 p.m.
Open Swim	Aug 18, 20, 25 and 27	6 – 8 p.m.

Swimming Lessons

Private and Semi-Private Swim Lessons

3+ Years | \$29/30 Mins, \$11 to Add Second Swimmer Registered

These personalized lessons offer focused instruction for swimmers varying in age and skill level, making them ideal for those who find group settings challenging or need extra support. Semi-private lessons provide the same individualized attention with an additional participant, perfect for friends or siblings at a similar skill level.

Please Note: Both participants should be close to the same swim level/skill.

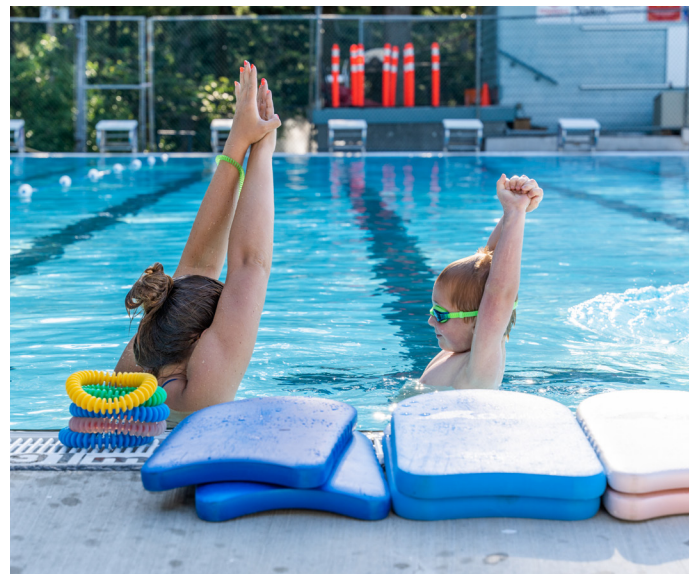
Location: Centennial Outdoor Pool

July and August

Various private lesson times are available. Please visit www.campbellriver.ca/registration to view available sessions or call the Community Centre or Sportsplex for assistance.

Please Note: Private lessons are very popular and will fill quickly.

Registration for June to August programs is available online or in-person beginning at 10 a.m., Monday, May 4, 2026.



Octopus

3-5 Years | \$48/8 Lessons | Registered

Octopus is a transitional level which transfers the preschooler from the parent/caregiver to the care of the instructor. Preschoolers will have fun learning to get in and out of the water safely and learn how to put their face in the water. They'll blow bubbles, open their eyes underwater, and learn how to float and glide. Lots of games and songs will make them excited to go swimming!

Location: Centennial Outdoor Pool

*46961	Mon, Wed and Fri	July 6 – 17	9:10 – 9:40 a.m.
46959	Mon – Thu	July 6 – 16	9:35 – 10:05 a.m.
46962	Mon – Thu	July 20 – 30	9:20 – 9:50 a.m.
*46963	Mon, Wed and Fri	July 20 – 31	9:45 – 10:15 a.m.
46964	Mon – Thu	Aug 10 – 20	9:10 – 9:40 a.m.
*46965	Mon, Wed and Fri	Aug 10 – 21	9:45 – 10:15 a.m.

***Please Note:** \$36/6 Lessons



Crab

3-5 Years | \$48/8 Lessons | Registered

Recommended: Completed Octopus. Crab teaches preschoolers how to safely jump into chest-deep water and how to swim while wearing a PFD. They'll learn submersion skills and continue to work on floats, glides, and kicking with buoyant objects. Songs and games are used to teach concepts and skills. Independence in the water is encouraged.

Location: Centennial Outdoor Pool

*46967	Mon, Wed and Fri	July 6 – 17	9:45 – 10:15 a.m.
46966	Mon – Thu	July 6 – 16	10:10 – 10:40 a.m.
46974	Mon – Thu	July 20 – 30	8:45 – 9:15 a.m.
*46968	Mon, Wed and Fri	July 20 – 31	9:10 – 9:40 a.m.
46972	Mon – Thu	Aug 10 – 20	9:50 – 10:20 a.m.

***Please Note:** \$36/6 Lessons



Orca

3-5 Years | \$48/8 Lessons | Registered

Recommended: Completed Crab. Orca teaches preschoolers how to enter deep water safely while wearing a PFD. They'll learn how to submerge and exhale under water, how to retrieve objects underwater, and will continue to develop their floating, gliding, and kicking skills. Songs and games are used to teach concepts and skills. Independence in the water is developed.

Location: Centennial Outdoor Pool

46975	Mon – Thu	July 6 – 16	9:10 – 9:40 a.m.
*46979	Mon, Wed and Fri	July 20 – 31	9:10 – 9:40 a.m.
46976	Mon – Thu	July 20 – 30	10:20 – 10:50 a.m.
46980	Mon – Thu	Aug 10 – 20	10:20 – 10:50 a.m.

***Please Note:** \$36/6 Lessons

Swimmer 1

5-12 Years | \$48/8 Lessons | Registered

These beginners will become comfortable jumping into the water with and without a PFD. They'll learn how to open their eyes, exhale, and hold their breath underwater. Floats, glides, and kicking skills with buoyant objects are introduced.

Location: Centennial Outdoor Pool

46982	Mon – Thu	July 6 – 16	9:45 – 10:15 a.m.
*47016	Tue and Thu	July 7 – 23	4:15 – 4:45 p.m.
47013	Mon – Thu	July 20 – 30	9:10 – 9:40 a.m.
*47014	Mon, Wed and Fri	July 20 – 31	9:45 – 10:15 a.m.
47107	Mon – Thu	July 20 – 30	10:10 – 10:40 a.m.
47015	Mon – Thu	Aug 10 – 20	9:10 – 9:40 a.m.

***Please Note:** \$36/6 Lessons



City of
Campbell
River

Ready to Book Online?

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campbellriver.ca/registration

Swimmer 2

5–12 Years | \$48/8 Lessons | Registered

These swimmers will jump into deep water and learn to be comfortable falling sideways into the water while wearing a PFD. They'll learn how to tread water, develop kicking skills, and will be introduced to front and back crawl.

Location: Centennial Outdoor Pool

*47018	Mon, Wed and Fri	July 6 – 17	9:10 – 9:40 a.m.
47017	Mon – Thu	July 6 – 16	10:20 – 10:50 a.m.
47019	Mon – Thu	July 20 – 30	9:45 – 10:15 a.m.
47020	Mon – Thu	Aug 10 – 20	10:25 – 10:55 a.m.
*47021	Tue and Thu	Aug 11 – 27	4:15 – 4:45 p.m.

***Please Note:** \$36/6 Lessons



Swimmer 3 / 4

6–12 Years | \$64/8 Lessons | Registered

These swimmers learn how to dive, perform in-water somersaults and handstands, and develop weight-transfer skills. They'll practice Swim to Survive® skills and standards, strengthen their whip kick on the back, and continue to improve their front and back crawl. This is a combination class for those in Swimmer 3 or 4.

Location: Centennial Outdoor Pool

47022	Mon – Thu	July 6 – 16	8:45 – 9:30 a.m.
47024	Mon – Thu	July 20 – 30	9:55 – 10:40 a.m.
*47025	Mon, Wed and Fri	Aug 10 – 21	10:05 – 10:50 a.m.

***Please Note:** \$48/6 Lessons

Swimmer 5 / 6

6–12 Years | \$64/8 Lessons | Registered

These swimmers will master dives and swimming in deep water. They'll further develop their Swim to Survive® skills and start to develop eggbeater kick. Breaststroke, front crawl, and back crawl are further developed. Interval training and sprinting drills develop fitness. This is a combination class for those in Swimmer 5 or 6.

Location: Centennial Outdoor Pool

47026	Mon – Thu	July 6 – 16	8:45 – 9:30 a.m.
47027	Mon – Thu	July 20 – 30	9:20 – 10:05 a.m.
47028	Mon – Thu	Aug 10 – 20	9:45 – 10:30 a.m.







Ready to Book Online?

Scan QR code or visit:
campbellriver.ca/registration

Swimmer 7 – 9 (Rookie, Ranger, Star Patrol)

8–12 Years | \$64/8 Lessons | Registered

Recommended: Completed Swimmer 6. Swimmers in Rookie/Ranger/Star Patrol continue to develop advanced water proficiency and stroke development, first aid treatments and recognition/rescue skills. They will challenge their individual fitness requirements to meet timed swims and distance workouts for their level.

Location: Centennial Outdoor Pool

*47029	Mon, Wed and Fri	July 6 – 17	9:45 – 10:45 a.m.
47030	Mon – Thu	Aug 10 – 20	8:45 – 9:45 a.m.

***Please Note:** \$48/6 Lessons



Teen / Adult 1 (Beginner)

13+ Years | \$48/6 Lessons | Registered

This is for beginner swimmers with little or no swimming experience. You will work towards a 10–15 m swim on your front and back. You'll do jump entries from the side and recover an object from the bottom in chest-deep water. Improve your fitness and your flutter kick with 4 x 9–12 m interval training.

Location: Centennial Outdoor Pool

47067	Tue and Thu	July 7 – 23	4:50 – 5:50 p.m.
47069	Mon, Wed and Fri	Aug 10 – 21	9 – 10 a.m.

Teen / Adult 2 (Intermediate)

13+ Years | \$48/6 Lessons | Registered

This level builds on foundational skills with a focus on advanced techniques and endurance. Participants will learn various entries into the water, how to tread water for 1–2 minutes, and swim up to two lengths of the pool using a variety of swimming strokes.

Location: Centennial Outdoor Pool

47070	Tue and Thu	Aug 11 – 27	4:50 – 5:50 p.m.
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INDOOR POOL DROP-IN SCHEDULE

Children under the age of 7 must have an adult (16+) in the water within arms reach. The ratio is 3 children to 1 adult.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		LANES (2) 6:30am-9:00am		
		LANES (2), LEISURE SWIM, CAMPS & LESSONS 9:00am-1:00pm		
		FUN SWIM 1:00pm-3:30pm		
		LANES (2), LESSONS & FAMILY SWIM 3:30pm-6:30pm		CLOSED 3:30pm-6:30pm
		FUN SWIM 6:30pm-8:00pm		

HOLIDAY SCHEDULE CHANGES: Pool CLOSED for all statutory holidays - Canada Day (Jul 1), B.C. Day (Aug 3) & Labour Day (Sept 7)

HOT TUB, STEAM ROOM & SAUNA

FACILITY	MON TO THURS	FRIDAY
HOT TUB	9am to 8pm	9am-3:30pm
STEAM ROOM & SAUNA	6:30am-8pm	6:30am-3:30pm

DESCRIPTIONS

LEISURE SWIM: Leisure Pool only. All ages.

FUN SWIM: Both pools open, rope swing. All ages.

FAMILY SWIM: Leisure Pool only. Caregivers must be in the water with children. All ages. Main pool may be open if space allows.

CAMPS & LESSONS: Pool space is shared with summer camps and/or swim lessons.

The indoor pool at Strathcona Gardens Recreation Complex is operated by the Strathcona Regional District.

For more information, including schedule updates, indoor pool programs, and lessons, please visit www.strathconagardens.com or contact Strathcona Gardens directly:

PHONE: 250-830-6777

EMAIL: info@strathconagardens.com

ADDRESS: 225 South Dogwood Street, Campbell River, BC, V9W 8C8



Leaders In Training

Join the Waitlist Now

The Leaders in Training program is an opportunity for youth ages 13 to 18 to get involved in their community through recreation. LIT's will receive various training, educational, and social opportunities throughout the year to gain valuable and transferable skills in areas like leadership, communication, teamwork, speaking in front of others, managing a schedule, and more.

- Youth ages 13 to 18 are welcome to apply.
- Volunteer in recreation programs working with children.
- Gain valuable job skills like communication, teamwork, leadership, and speaking in front of others.
- Receive training like first aid, Food Safe, resume writing, and more.

For more information or to apply to the LIT program, drop by the Sportsplex or Community Centre, or email recandculture@campbellriver.ca. Please note that the program is currently full, but applications are still being accepted for the waitlist.

Child, Youth and Families



Overview

Our programs offer a variety of hands-on opportunities for children and families to connect, build new skills, learn and grow. Our activities are facilitated by enthusiastic instructors within a fun and encouraging environment designed to promote healthy development.

New Program

Sing Together CR

3+ Years | \$2/Person | Drop In

Experience the joy of group singing, one afternoon at a time. Drop in and bring a friend or the whole family. No experience necessary and everyone is welcome. Each session will feature a couple of new songs and some fun exercises you can take home with you.

Location: Sportsplex

46689	Sat	May 16	2 – 4:30 p.m.
47009	Sat	June 13	2 – 4:30 p.m.
47009	Sat	July 18	2 – 4:30 p.m.
47009	Sat	Aug 22	2 – 4:30 p.m.



Historical Fencing for Kids

9–12 Years | \$99/9 Weeks | Registered

Step into the world of historical European martial arts with our swordplay programs! Whether you're an absolute beginner, a dedicated student, or looking for an engaging activity for kids, we offer structured classes that balance safety, skill-building, and excitement. Classes run seasonally, resetting the fundamentals each season, with tournaments featuring rotating weapons. Let the kids experience historical swordplay in a fast-paced, game-driven environment! Using padded swords, they'll play high-energy group games, learn basic skills, and end with dueling practice. This class is all about fun, movement, and friendly competition.

Location: Sportsplex

46922	Mon	June 1 – July 27	5:30 – 6:15 p.m.
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Youth Basketball Age 8-18

8-18 Years | \$3/Child or \$5/Youth | Drop In

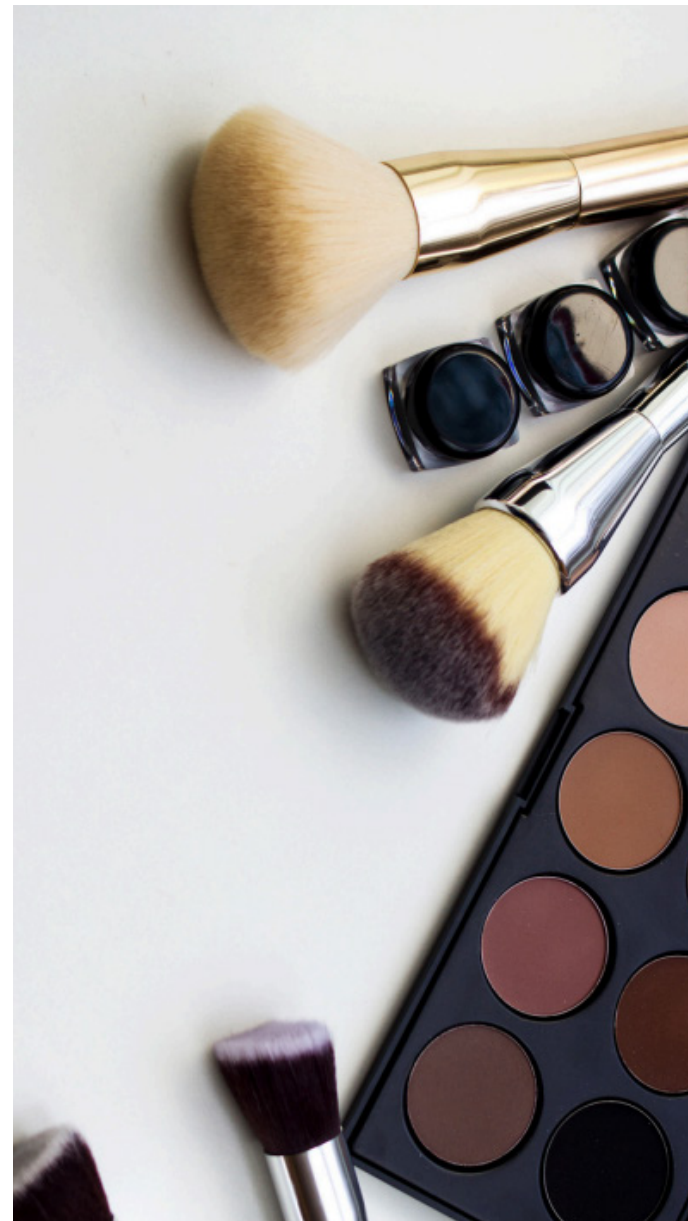
Beat the heat with some indoor basketball. Bring your friends or meet new ones at these weekly drop ins. Capacity is limited.

Please Note: This program is not supervised. We recommend that youth under 12 attend with a parent or guardian.

No program July 1.

Location: Sportsplex

46326	Wed	June 3 – Aug 26	4:30 – 6:30 p.m.
46327	Thu	June 4 – Aug 20	3 – 5 p.m.
46328	Sun	June 14 – July 26	11 a.m. – 2 p.m.



New Program

Glow and Grow: Skincare, Health and Age-Appropriate Makeup

11-14 Years | \$45/Person | Registered

Help your teen build confidence from the inside out! This fun, educational course is designed especially for young women ages 11 - 14 who want to learn the basics of healthy skincare, personal wellness, and natural, age-appropriate makeup application. Please bring your own make-up.

Location: Sportsplex

47183	Sat	June 6	1 – 3 p.m.
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Disney Dance

4-6 Years | \$88/4 Days | Registered

Try a variety of different styles of dance, story time, movie time with snack, crafts and games. A different Disney character will be featured daily. Please bring a snack and water bottle. Children must wear ballet slippers or participate in bare feet.

Location: Community Centre

46119	Tue – Fri	July 7 – 10	12:30 – 2:30 p.m.
46122	Tue – Fri	Aug 4 – 7	12:30 – 2:30 p.m.



Kids Call – MB3 Training

4-10 Years | \$40/Person | Registered

Designed for ages 4 to 10, this valuable program teaches kids how to recognize an emergency and call 911. Participants will practice making emergency calls and listen to successful audio examples of emergency calls that have come from kids. Join us for an afternoon to connect with other community members and learn about important safety practices. This course is designed for kids and their parents/guardians to take together; this is not a drop-off program. Please purchase one registration per child; the supervising adult attends for free.

Location: Community Centre

47193	Thu	July 30	9 a.m. – Noon
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City of Campbell River

Ready to Book Online?

Scan QR code or visit:
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After School Programs

After School Hang Out

8-11 Years | \$36/3 Weeks (Registered) or \$12/Person (Drop In)

Join us after school for a fun and relaxed place to spend your afternoon. Try activities in the gym, play board games, court sports, or simply hang out with friends in the lounge while getting to know our leaders. Reserve your spots for the entire month, or drop in for a single day. Drop in registration opens 25 hours in advance, online or in person, if space allows.

Location: Sportsplex

46845	Mon	June 1 – 15	3 – 5 p.m.
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After School Outdoors

5-7 Years | \$36/3 Weeks (Registered) or \$12/Person (Drop In)

Get out of school and into the fresh air with us! Rain or shine, we'll be outside soaking up the outdoors. Grow your love for nature as we adventure around Willow Point Park. Reserve your spots for the entire month, or drop in for a single day. Drop in registration opens 25 hours in advance, online or in person, if space allows.

Location: Sportsplex

46848	Tue	June 2 – 16	3 – 5 p.m.
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After School in the Kitchen

8-11 Years | \$36/3 Weeks (Registered) or \$12/Person (Drop In)

From savory dishes to sweet treats, you'll master new recipes, practice safe kitchen etiquette, work with others, and have a delicious time. Get ready to cook, bake, and create. Reserve your spots for the entire month, or drop in for a single day. Drop in registration opens 25 hours in advance, online or in person, if space allows.

Location: Sportsplex

46992	Wed	June 3 – 17	3 – 5 p.m.
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After School Explorers

5-7 Years | \$24/2 Weeks (Registered) or \$12/Person (Drop In)

Let's get out and discover what Willow Point Park and the neighborhood have to offer. Rain or shine, we will explore hidden sites nearby. Reserve your spots for the entire month, or drop in for a single day. Drop in registration opens 25 hours in advance, online or in person, if space allows.

Location: Sportsplex

46849	Thu	June 4 – 11	3 – 5 p.m.
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After School Sports

12-14 Years | \$36/3 Weeks (Registered) or \$12/Person (Drop In)

This after school program offers the opportunity to play a variety of sports. In the gym or the courts, practice your skills, try new games, and burn off energy. Reserve your spots for the entire month, or drop in for a single day. Drop in registration opens 25 hours in advance, online or in person, if space allows.

Location: Sportsplex

46888	Fri	June 5 – 19	3 – 5 p.m.
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Summer Camps

Forest Friends

3-4 Years | \$100/5 Days | Registered

Join us for a morning of outdoor fun as we explore the nearby forests and parks of the Sportsplex! Search for forest critters, play games among the trees, and have a blast at this half-day camp for littles. When the weather turns, we'll head to the Sportsplex for some indoor games. Drop off and pickup will happen outside by the sand volleyball courts at the Sportsplex.

Location: Sportsplex

46935	Mon – Fri	July 6 – 10	9 a.m. – Noon
46936	Mon – Fri	July 13 – 17	9 a.m. – Noon
46937	Mon – Fri	July 20 – 24	9 a.m. – Noon
46938	Mon – Fri	July 27 – 31	9 a.m. – Noon
*46939	Tue – Fri	Aug 4 – 7	9 a.m. – Noon
46940	Mon – Fri	Aug 10 – 14	9 a.m. – Noon
46941	Mon – Fri	Aug 17 – 21	9 a.m. – Noon

***Please Note:** \$80/4 Days



Park Pals

4-5 Years | \$100/5 Days | Registered

Join us for an afternoon of fun at the park! Explore the nearby forests, fields, and splash park as we discover all the fun outdoor activities the Sportsplex has to offer. When the weather turns, we will head to the Sportsplex for indoor games and activities. Pickup and drop off will be outside near the sand volleyball courts at the Sportsplex.

Location: Sportsplex

46943	Mon – Fri	July 6 – 10	1 – 4 p.m.
46942	Mon – Fri	July 13 – 17	1 – 4 p.m.
46944	Mon – Fri	July 20 – 24	1 – 4 p.m.
46945	Mon – Fri	July 27 – 31	1 – 4 p.m.
*46946	Tue – Fri	Aug 4 – 7	1 – 4 p.m.
46947	Mon – Fri	Aug 10 – 14	1 – 4 p.m.
46948	Mon – Fri	Aug 17 – 21	1 – 4 p.m.

***Please Note:** \$80/4 Days



Adventure Camp

7-10 Years | \$225/5 Days | Registered

Rain or shine, we have tons of adventures waiting for you! Starting and ending our days at the Sportsplex doesn't mean we will spend all day here every day! From the forest to the beach, we will practice taking the city bus around town. Don't worry, we will find ways to cool off throughout the day! Make sure you dress for the weather each day and bring your swimsuit, towel, hat, sunscreen, closed-toed shoes, a healthy lunch, and a water bottle.

Location: Sportsplex

46901	Mon – Fri	July 6 – 10	9 a.m. – 4 p.m.
46902	Mon – Fri	July 13 – 17	9 a.m. – 4 p.m.
46903	Mon – Fri	July 20 – 24	9 a.m. – 4 p.m.
46904	Mon – Fri	July 27 – 31	9 a.m. – 4 p.m.
*46907	Tue – Fri	Aug 4 – 7	9 a.m. – 4 p.m.
46908	Mon – Fri	Aug 10 – 14	9 a.m. – 4 p.m.
47012	Mon – Fri	Aug 17 – 21	9 a.m. – 4 p.m.

***Please Note:** \$180/4 Days



New Summer Camp

Acting for Youths Summer Camp

9-15 Years | \$225/5 Days | Registered

Discover the world of acting! Learn performance techniques, create confidence, and grow your communication skills through fun games, exercises, and rehearsals. Build your retentive ability, while following directions and channel your energy into showcasing your inner superstar at our end-of-week performance.

Location: Community Centre

46970	Mon – Fri	July 27 – 31	10 a.m. – 3 p.m.
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City of Campbell River

Ready to Book Online?

Scan QR code or visit:
campbellriver.ca/registration

Theme Camps

Lost in Space

6-8 Years | \$210/5 Days | Registered

Explore our galaxy and solar system through science, art, games, and activities. Come and have a blast making new friends and adventuring through space with us!

Location: Sportsplex

46986 Mon – Fri July 6 – 10 9 a.m. – 3 p.m.



Ready to Book Online?

Scan QR code or visit:
campbellriver.ca/registration

Game On Camp

8-12 Years | \$225/5 Days | Registered

Rain or shine, we have activities planned to keep the fun going all day long! Join us each morning at the Rotary Community Field House for a variety of indoor and outdoor activities, taking advantage of the neighboring fields, courts, trails, and playgrounds. We will then either walk or use public transit to get to the Centennial Outdoor Pool, where we will explore the surrounding area and end the day swimming! Make sure you dress for the weather each day and bring your swimsuit, towel, hat, sunscreen, closed-toed shoes, a healthy lunch, and a water bottle.

Location: Rotary Community Fieldhouse

45962 Mon – Fri July 6 – 10 9 a.m. – 4 p.m.

45963 Mon – Fri July 13 – 17 9 a.m. – 4 p.m.

45964 Mon – Fri July 20 – 24 9 a.m. – 4 p.m.

45965 Mon – Fri July 27 – 31 9 a.m. – 4 p.m.

*45966 Tue – Fri Aug 4 – 7 9 a.m. – 4 p.m.

45968 Mon – Fri Aug 10 – 14 9 a.m. – 4 p.m.

45969 Mon – Fri Aug 17 – 21 9 a.m. – 4 p.m.

45970 Mon – Fri Aug 24 – 28 9 a.m. – 4 p.m.

*Please Note: \$180/4 Days



Under The Sea

6-8 Years | \$210/5 Days | Registered

Make a splash as you dive into the incredible world of marine life while creating ocean-themed art. Each day will be filled with crafts, games, splash park visits, gym time and a trip to the beach!

Location: Sportsplex

46985 Mon – Fri July 13 – 17 9 a.m. – 3 p.m.



A Week of Holidays

6-8 Years | \$210/5 Days | Registered

Why wait for the holidays? Instead, let's celebrate a different holiday each day! We will hunt for Easter eggs, dress up for Halloween and bake holiday cookies.

Location: Sportsplex

46987 Mon – Fri July 20 – 24 9 a.m. – 3 p.m.



Enchanted Forest

6-8 Years | \$210/5 Days | Registered

In this nature-focused camp, we will seek out the magic amongst the trees as we search for gnomes, trolls, and other enchanted creatures! We will create miniature worlds, fairy tales, and art, and explore the forests!

Location: Sportsplex

46989 Mon – Fri July 27 – 31 9 a.m. – 3 p.m.



Dino Dig

6-8 Years | \$168/4 Days | Registered

Bring dinosaurs back to life during this prehistoric-themed camp! Come roar your way into some colossal fun as we make dino-feet, have dino-stomp dance parties and construct a huge exploding volcano!

Location: Sportsplex

46988 Tue – Fri Aug 4 – 7 9 a.m. – 3 p.m.



Theme Camps

Aqua Force

7-10 Years | \$180/4 Days | Registered

Aqua force is back, and this time, it's all outdoors! Rain or shine, campers dive into nonstop games, challenges, and participate in a daily swimming lesson with our certified instructors.

Location: Centennial Outdoor Pool

47071 Tue – Fri Aug 4 – 7 9 a.m. – 4 p.m.



Sports Mania

6-8 Years | \$210/5 Days | Registered

Sports Mania is where kids can try their hand at a variety of sports and physical activities. They will learn new sports skills, participate in team-building activities, and have fun getting active.

Location: Sportsplex

46990 Mon – Fri Aug 10 – 14 9 a.m. – 3 p.m.



Crazy Chemistry

6-8 Years | \$210/5 Days | Registered

Get ready to mix, fizz, and experiment! Crazy Chemistry invites young scientists to explore the exciting world of chemical reactions through hands-on experiments, colourful creations, and playful science challenges.

Location: Sportsplex

46991 Mon – Fri Aug 17 – 21 9 a.m. – 3 p.m.



Soccertron Camp

6-9 Years | \$160/5 Days | Registered

Catch all the soccer excitement this summer in this program for 6 – 9 year olds! Soccertron is the established leader in providing an organized, total soccer experience. Enthusiastic, professionally trained coaches really focus on motivating kids and developing strong skill fundamentals. Your child will have a fantastic week. FUN is the most important part of soccer FUNdamentals. Please come prepared for camp with snacks, water bottle, pre-applied sunscreen, hat, running shoes or cleats, and shin guards (optional).

Location: Robron Park

47156 Mon – Fri Aug 17 – 21 9 a.m. – Noon



Soccertron Camp

10-14 Years | \$160/5 Days | Registered

Catch all the soccer excitement this summer in this program for 10 – 14 year olds! Soccertron is the established leader in providing an organized, total soccer experience. Enthusiastic, professionally trained coaches really focus on motivating kids and developing strong skill fundamentals. Your child will have a fantastic week! FUN is the most important part of soccer FUNdamentals. Please come prepared for camp with snacks, water, pre-applied sunscreen, hat, running shoes or cleats, and shin guards (optional).

Location: Robron Park

47155 Mon – Fri Aug 17 – 21 9 a.m. – Noon

Soccertron Camp: Soccer and Swim

7-14 Years | \$290/5 Days | Registered

Catch all the soccer excitement this summer in this program for 7 – 14 year olds! Soccertron is the established leader in providing an organized, total soccer experience. Enthusiastic, professionally trained coaches really focus on motivating kids and developing strong skill fundamentals. Your child will have a fantastic week. FUN is the most important part of soccer FUNdamentals. Finish each day with a fun swim at the pool! Please come prepared for camp with snacks, lunch, water, pre-applied sunscreen, hat, running shoes or cleats, swimsuit, and towel.

Location: Robron Park

47157 Mon – Fri Aug 17 – 21 9 a.m. – 4 p.m.



Ready to Book Online?

Scan QR code or visit:
campbellriver.ca/registration

LITTLUNIVERSE — LEGO Robotics (WeDo 2.0) and Science: Spinning “Beyblade” Edition!

6–9 Years | \$420/5 Days | Registered

Join our LITTLUNIVERSE for LEGO, programming, and science! Teammates will dive into engineering using LEGO’s WeDo 2.0 Sets/Software! End of week build/program Spinners! Take-home science experiments! Indoor/outdoor activities! Game consoles! Air hockey! Foosball! Arts/Crafts! camp T-shirt! & MORE!

Location: Community Centre

46955 Mon – Fri July 20 – 24 9 a.m. – 4 p.m.



LITTLUNIVERSE — LEGO Robotics (Spike Essential) and Science: Gorilla Battlebots Edition!

6–9 Years | \$420/5 Days | Registered

Join our LITTLUNIVERSE for LEGO, programming, and science! Teammates will dive into engineering using LEGO’s Spike Essential Sets/Software! End of week build/program Gorilla Robots! Take-home science experiments! Indoor/outdoor activities! Game consoles! Air hockey! Foosball! Arts/Crafts! camp T-shirt! & MORE!

Location: Community Centre

46956 Mon – Fri July 27 – 31 9 a.m. – 4 p.m.

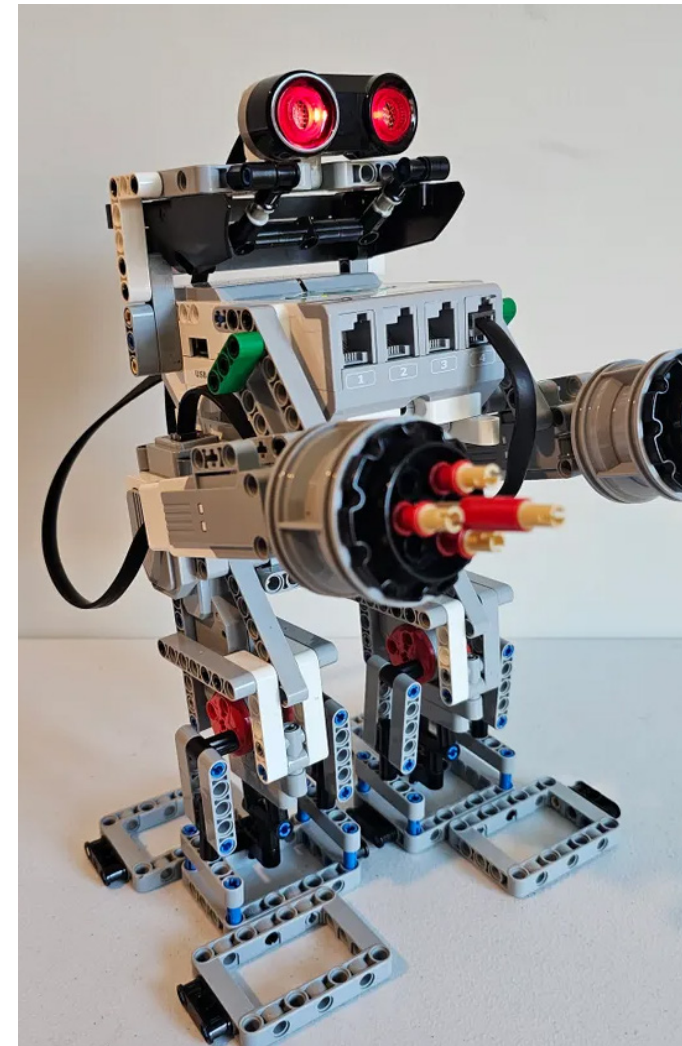
LITTLUNIVERSE — LEGO Robotics (Mindstorms EV3) and Science: EXTREME Battlebots Edition!

9–15 Years | \$348.60/4 Days | Registered

Join our LITTLUNIVERSE for LEGO, programming and science! Teammates will dive into engineering using LEGO’s Mindstorms Sets/Software! Build/program EXTREME Battlebots! Take-home science experiments! Indoor/Outdoor activities! Game consoles! Air hockey! Foosball! Arts/Crafts! camp T-shirt! & MORE!

Location: Community Centre

46957 Tue – Fri Aug 4 – 7 9 a.m. – 4 p.m.



LITTLUNIVERSE — LEGO Robotics (WeDo 2.0) and Science: Race Car Edition!

6–9 Years | \$420/5 Days | Registered

Join our LITTLUNIVERSE for LEGO, programming, and science! Teammates will dive into engineering using LEGO’s WeDo 2.0 Sets/Software! End of week build/program Race Cars! Take-home science experiments! Indoor/outdoor activities! Game consoles! Air hockey! Foosball! Arts/Crafts! camp T-shirt! & MORE!

Location: Community Centre

46958 Mon – Fri Aug 10 – 14 9 a.m. – 4 p.m.



Ready to Book Online?

Scan QR code or visit:
campbellriver.ca/registration

Child, Youth and Family Programs

Baby Time | Newborn to Walking | Free | Drop In

Join us for Baby Time—a welcoming drop in session for new babies and their grownups to connect, share experiences, and learn together. We happily welcome twins and triplets too!

Location: Community Centre

Busy Bees | Walking to 5 Years | \$12/Child | Registered

Walk, run, and play in our Busy Bees program. Children from walking to 5 years old play games, learn to interact with new people, and make friends. Register your child and get some time to do anything you need, register yourself for a fitness class, run some errands, or put your feet up. There will be opportunities for inside and outside play, remember to dress for the weather and to bring a snack and water.

Location: Sportsplex

Family Place | Newborn and Up | Free | Drop In

We invite families to join us in creating a welcoming place where children and their caregivers can have fun and learn together. We'll be ready with activities, stories, songs, snacks, coffee, and more.

Location: Community Centre

Registration for June to August programs is available online or in-person beginning at 10 a.m., Monday, May 4, 2026.

Outdoor Family Place | Newborn and Up | Free | Drop In

Join us to create a place for families, caregivers and their young children to enjoy simple activities and learn together. Dress warm as we will be outside rain or shine!

Location: Sybil Andrews Cottage

Play Gym | Age 5 and Under | Free | Drop In

Motivated through PLAY (Physical Literacy and You) CR, this playful hour encourages movement and physical competence for you and your preschooler. Skip, jump, hop, and run through our giant obstacle course, balance and tumble on mats, or push, throw, and catch balls while dancing to fun tunes! Parents are responsible for their children and your attention is appreciated during this program (please avoid cell phone use).

Location: Sportsplex/Community Centre



City of Campbell River

Ready to Book Online?

Scan QR code or visit:
campbellriver.ca/registration

Child, Youth and Family Calendar

June 1 – August 31, 2026

Program will be held in the Sportsplex

Program will be held in the Community Centre

Program will be held offsite in the Sybil Andrews Cottage

Monday	Tuesday	Wednesday	Thursday	Friday
Baby Time 9:30 – 10:45 a.m. Jun 1 – 29	Busy Bees 8:45 – 10:45 a.m. Jun 2 – 16	Busy Bees 8:45 – 10:45 a.m. Jun 3 – 17	Busy Bees 8:45 – 10:45 a.m. Jun 4 – 18	Family Place 8:45 – 10:45 a.m. Jun 5 – 26
Play Gym 10:30 – 11:30 a.m. Jun 1 – 15		Outdoor Family Place 8:45 – 10:45 a.m. Jun 3 – 24		Play Gym 10:30 – 11:30 a.m. Jun 5 – 19
Family Place 12:15 – 2:15 p.m. Jun 1 – 29		Outdoor Family Place 12:15 – 2:15 p.m. Jun 3 – 24		Family Place 12:15 – 2:15 p.m. Jun 5 – 26
After School Hang Out Grades 3–5 3 – 5 p.m. Jun 1 – 15	After School Outdoors Grades K – 2 3 – 5 p.m. Jun 2 – 16	After School in the Kitchen Grades 3 – 5 3 – 5 p.m. Jun 3 – 17	After School Explorers Grades K – 2 3 – 5 p.m. Jun 4 – 11	After School Sports Grades 6–8 3 – 5 p.m. Jun 5 – 19
		Youth Basketball Ages 8 – 18 4:30 – 6 :30 p.m. Jun 3 – Aug 26 <i>No Program July 1</i>	Youth Basketball Ages 8 – 18 3 – 5 p.m. Jun 4 – Aug 20	Saturday Sing Together CR 2 – 4:30 p.m. May 16, Jun 13, Jul 18, Aug 22
				Sunday Youth Basketball Ages 8 – 18 11 a.m. – 2 p.m. June 14 – July 26

Stay informed! Drop in classes and program cancellations can happen. For the most current schedule, changes and cancellations, please check out our Facebook page at facebook.com/Campbellriverrec.

Cancellation Policy

- When 72 hours cancellation notice is given for registered programs, a refund will be granted and no withdraw fee will be charged
- When less than 72 hours notice is given for registered programs, there will be no refund granted
- Pre-registered drop in sessions must be cancelled by **4 p.m.** the day prior in order to avoid a penalty
- Squash and Racquetball courts may be cancelled up to 1 hour in advance of your scheduled court time
- If the cancellation occurs due to a medical condition please contact us directly for more information
- To cancel, please call 250-923-7911, 250-286-1161 or email recandculture@campbellriver.ca





Specialized Recreation



Overview

Campbell River aims to provide recreation opportunities to help connect all of its citizens and keep our community vibrant, healthy, and engaged. Specialized Recreation includes active programs and social offerings, as well as recreational classes that support this amazing community in learning or practicing new skills. These programs are geared toward individuals living with a disability and are inclusive, as all City programs are – our recreation is geared for all ages, stages, and abilities.

Singing for Fun

All Ages | Free to Attend | Drop In

All ages, stages, and abilities are welcome at this sing-a-long program. Join John Hollywood and our band volunteers and sing to your heart's content to oldies, fun songs, and familiar tunes!

Please Note: Singing for Fun will be held at Spirit Square on June 24th.

Location: Community Centre

46774	Wed	June 3 – 24	10 – 11 a.m.
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Active Zone

All Ages | Free to Attend | Drop In

Welcome to the Active Zone—an unsupervised Open Gym opportunity tailored for Specialized Recreation! There will be basketballs, badminton nets, hockey equipment and more to use. It is a great opportunity to get active and have fun.

Location: Community Centre

47137	Thu	June 4 – 25	1:15 – 2:30 p.m.
47137	Thu	July 2 – Aug 27	1 – 2:15 p.m.



Stepping Out

19+ Years | Free to Attend | Drop In

Get ready for everyone's favorite evening social program—Stepping Out! Each week brings something new and exciting, from games and movie nights to BINGO, crafts, and so much more! There's always something fun in store. Plus, you'll get a full schedule of all the upcoming activities at the very first event. Don't miss out on the fun!

Location: Community Centre

47138	Thu	June 4 – 11	6 – 8 p.m.
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Specialized Recreation Calendar

June 1 – August 27, 2026 | 16+ Years

Programs will be held in the Community Centre

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Singing for Fun 10 – 11 a.m. June 3 – 24			
			Active Zone 1 – 2:15 p.m. July 2 – Aug 27		
			Active Zone 1:15 – 2:30 p.m. June 4 – 25	Stepping Out 6 – 8 p.m. June 4 – 11	

Stay informed! Drop in classes and program cancellations can happen. For the most current schedule, changes and cancellations, please check out our Facebook page at facebook.com/Campbellriverrec.

Please Note: Some programs require a fee.



Accessible Trails for All

The TrailRider is a lightweight, one-wheeled, environmentally-friendly access vehicle that is maneuvered by two or three 'sherpas' (friends/family members: one to push and up to two to pull). The TrailRider can take people who have mobility issues or who live with a disability through virtually any terrain, from gentle walking trails to rugged mountain paths. It is very easy to use!

To book the TrailRider, call **250-923-7911**.

Cost: Free with deposit.





Active Living



Overview

Discover healthy and social activities waiting for you at the Community Centre. With our Active Living Program annual memberships are available for \$32.50, which can be used to enjoy more than 30 volunteer-led activities each week. Without a membership, drop in to most programs is \$4 per activity. Transform your routine and find a healthier and happier you.

Backgammon

Backgammon is one of the oldest known board games. It is a 2 player game where each player has 15 pieces that move between 24 triangles, according to the roll of 2 dice. The objective of the game is to be first to move all pieces off the board.

Bridge

Join the fun at our lively Bridge program! This classic card game is perfect for anyone who loves a mix of strategy and socializing. Play in teams of two and challenge your fellow members in friendly, four-person matchups. Whether you're a seasoned pro or just starting out, it's a great way to meet new people and enjoy some friendly competition!

Calico Quilters

Calico Quilters: where creativity meets community! Each meeting is filled with lively discussions on all things quilting, from techniques to new ideas. Plus, don't miss the fun show-and-tell session where members share their latest creations and get inspired by each other's work. It's the perfect place to connect with fellow quilters, learn something new, and celebrate the art of quilting together!

Coffee with Friends

Sip savour and share the joys of great conversation over a steaming cup of morning coffee. Make new friends and stay in the loop with the buzz around town in our comfortable Community Centre Lounge. Coffee \$ 1 per cup or bring your own.

Cribbage

Join our lovely Cribbage program - where every game is a mix of strategy, excitement, and great company! Whether you're a seasoned pro or new to the game, you'll love the challenge of grouping and playing cards to score points. It's the perfect way to sharpen your skills, meet new friends, and enjoy some friendly competition in a relaxed, social atmosphere!

Crochet and Knitting

Come join our warm and welcoming group every Wednesday morning for a perfect blend of knitting, crocheting, and great company! Whether you're a beginner or a seasoned crafter, you'll love sharing patterns, tips, and a cozy cup of coffee with friends. It's the perfect way to relax, create, and enjoy lively conversations with a fun, friendly crowd. Bring your yarn and your stories—there's always something to chat about!

Drop In Crafts

Join our drop in craft group, for spontaneous creativity and endless inspiration. Come and let your imagination go wild, whether you are a seasoned crafter or just looking to unleash your artistic side. Led by a supportive volunteer leader. This welcoming group always gets up to something fun.

Drop In Painting

Kick-start your morning with a relaxing and creative painting session! Whether you're working on a masterpiece or just having fun with colors, this is the perfect time to dive into your project. No formal instruction, but plenty of friendly help is always available. Bring your current work and enjoy a laid-back, artistic morning with fellow painters!

Duplicate Bridge

Take your Bridge game to the next level with Duplicate Bridge! This exciting advanced version of the classic game focuses on skill, strategy, and friendly competition by minimizing the element of luck. It's a fun challenge that lets you put your Bridge expertise to the test. Get ready for a thrilling game where your sharp thinking and clever moves make all the difference!

Euchre

Join our dynamic Euchre games, where every hand is packed with fun and friendly competition! This classic card game is easy to learn but full of clever strategies and subtle moves that keep things interesting. Whether you're a seasoned player or just learning the ropes, Euchre is the perfect way to enjoy a great time with friends and fellow card game lovers.

Hand Quilting

Join this incredible group of skilled hand quilters happy to share their knowledge. Bring your own quilt or work on a group project. Come to learn or for the social fun.

Mah Jong

Join the excitement of Mah Jong, a fast-paced and engaging tile-based game that's been sparking fun and strategy since the 19th century! Usually played with four players, this game is a perfect mix of skill and luck, offering endless opportunities for exciting moves and clever tactics. Whether you're a seasoned player or new to the game, Mah Jong is the ideal way to enjoy friendly competition and connect with others!

Mexican Train

Mexican train is a lively and engaging dominos game. Perfect for socializing and keeping your mind sharp with strategies. Everyone is welcome to come play this easy to learn game.

Needle Arts

Are you looking for a group to share your art work with, come and enjoy this enthusiastic group of needle artists? Bring your current project and enjoy stitching in a relaxed, friendly atmosphere. Whether you're into cross-stitch, embroidery, knitting, or crochet, all skill levels are welcome. Connect with fellow crafters, share ideas, and unwind with your favorite needlework.

Partnership Bridge

Come with your partner and play other twosomes.

Quilters Gab

Bring your own project and spend the day sewing and quilting with other quilters.

River City Ukes

Join our River City Ukes Group! Learn basic chords, strumming techniques, and play popular songs in a fun, supportive environment. No experience needed—just bring your ukulele and enthusiasm! Sessions led by experienced instructors.

Scrabble

The popular word game where two to four players score points by placing tiles to form words.

Stamp Club

Unite in a world of tiny treasures and big discoveries. Whether you are a seasoned collector or just starting out. Our club offers the endless opportunity to expand your collection and connect with your fellow enthusiast. This group meets the 3rd Thursday of the Month. Newcomers welcome.



Active Living Calendar

June 1 – August 31, 2026 | 16+ Years | \$4 Drop In | \$32.50 Annual Membership

Program will be held in the Community Centre

Monday	Tuesday	Wednesday	Thursday	Friday
Hand Quilting 8:30 – 11:30 a.m. June 1 – June 22	Coffee with Friends 9 – 11 a.m. June 2 – Aug 25	Hand Quilting 8:30 – 11:30 a.m. June 3 – June 24	Mexican Train 9 – 11 a.m. June 4 – Aug 27	Needle Arts 9:30 a.m. – 1 p.m. June 5 – Aug 28
	Quilter's Gab 9 a.m. – 3 p.m. June 2 1st Tue of the month	Drop In Painting 9:00 a.m. – Noon June 3 – June 24	Calico Quilters 9:30 – 11:30 a.m. June 18 3rd Thu of the month	
	Scrabble 10 a.m. – Noon June 2 – Aug 25	Crochet and Knitting 9:30 – 11:30 a.m. June 3 – Aug 26 <i>No Program July 1</i>		
	Backgammon 11 a.m. – Noon June 2 – Aug 25	Cribbage 1 – 3:30 p.m. June 3 – Aug 26 <i>No Program July 1</i>	River City Ukes 12:45 – 2:15 p.m. June 11 – July 9 2nd and 4th Thu of the month	
	Drop In Crafts 1 – 3 p.m. June 9 – June 23		Stamp Club 1 – 3 p.m. June 18 – Aug 20 3rd Thu of the Month	
Partnership Bridge 1 – 4 p.m. June 1 – Aug 24 <i>No Program Aug 3</i>	Euchre 1 – 4 p.m. June 2 – Aug 25	Mah Jong 1 – 4 p.m. June 3 – June 24		Bridge 1 – 4:30 p.m. June 5 – Aug 28
	Bridge 1 – 4:30 p.m. June 2 – Aug 25	Duplicate Bridge 1 – 4:30 p.m. June 3 – Aug 26 <i>No Program July 1</i>		Duplicate Bridge 1 – 4:30 p.m. June 5 – Aug 28
	Cribbage 6 – 9 p.m. June 2 – Aug 25	Euchre 6:30 – 9:30 p.m. June 3 – Aug 26 <i>No Program July 1</i>		

Stay informed! Drop in classes and program cancellations can happen. For the most current schedule, changes and cancellations, please check out our Facebook page at facebook.com/Campbellriverrec.



Adult Programs



Overview

The City of Campbell River offers adults a variety of sports and leisure opportunities to stay active and develop healthy lifestyles, connect with new friends in the community, explore social activities, and develop new skills. Both registered and drop in programs are provided to accommodate any schedule. The City takes pride in offering programs for adults of all ages, stages and abilities.

Intermediate Tai Chi

16+ Years | \$4/Person | Drop In

Tai Chi (Taoist) offers a tranquil yet energizing workout; blending gentle movements, deep breathing, and mindfulness. Led by a knowledgeable instructor, participants learn graceful sequences of flowing motions that promote balance, flexibility, and inner calm. Previous Tai Chi experience is strongly encouraged for this class.

Location: Community Centre

46920	Mon	June 1 – 29	11 a.m. – Noon
46921	Thu	June 4 – 25	1 – 2 p.m.



Anyone Can Draw

16+ Years | \$105/5 Weeks | Registered

You don't need 'natural talent' to draw. Like cooking or playing a sport, it's a skill anyone can learn with practice. Drawing reduces stress, boosts creativity, and builds confidence. Whether you want to sketch for fun, express your ideas visually, or simply try something new, drawing is a rewarding hobby for all ages and skill levels. Why not pick up a pencil and see where your imagination takes you?

Location: Sportsplex

47063	Tue	June 2 – 30	6 – 8 p.m.
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Historical Fencing — Intro: Longsword and Singlestick

12–55 Years | \$99/9 Weeks | Registered

Perfect for newcomers, this class focuses on foundational techniques in a safe, controlled environment with low intensity. Students will get hands-on experience with singlestick, longsword, messer, rapier and dagger; along with exposure to sword and shield, rondel dagger, grappling, and quarterstaff. Whether you're exploring a new hobby or aiming for serious study, this is the ideal starting point. Some padded sparring with helmets and gloves.

Location: Sportsplex

46923 Mon June 1 – July 27 6:15 – 7:15 p.m.



Historical Fencing — Core

12–55 Years | \$135/9 Weeks | Registered

Build upon your fundamentals with higher-intensity warm-ups and sparring. Students will progress from padded to stick, synthetic, and eventually steel weapons at a personalized pace. Club gear is available, but we encourage collecting personal equipment with our guidance. Core students gain access to an additional coached sparring session during the week and our Discord community, where we organize tournaments and discuss all things swordplay.

Location: Sportsplex

46924 Mon June 1 – July 27 7:15 – 9:15 p.m.

Beginner Pickleball Lessons

16+ Years | \$90/4 Weeks | Registered

Are you interested in trying one of the fastest growing sports in North America? You will learn the basics of the sport including rules, moves, and strategies. No equipment required, we supply the paddles, nets and balls. Please ensure that you have appropriate indoor/gym foot wear.

Location: Sportsplex

47032 Thu June 4 – 25 12:30 – 2:30 p.m.




City of Campbell River

Ready to Book Online?
Scan QR code or visit:



Pottery Programs

Pottery Studio

14+ Years | \$20/Person | Drop In

The Pottery Studio is a great place to work on projects that you started in class or are creating on your own. Previous pottery experience is required, as there is no instruction provided. Join like-minded pottery enthusiasts as you practice your skills and work on your latest projects, or bring a friend or family member to learn a new skill together.

Please Note: Pottery Studio clay must be used; there are no pre-made pieces to purchase, but clay is available to purchase for \$25 per half bag and \$12.50 per quarter bag. Glaze is provided; no outside glazing products allowed. Bisque and glaze firing available. There are 4 pottery wheels available plus tools for hand building. Purchase a Pottery Membership pass and get 10 pottery drop ins for the price of 9. Passes can be purchased online or in person at the Community Centre before 4 p.m.. Register online ahead of time, or bring cash to pay the drop in fee (no debit/credit option available). If registering online or using your Pottery Membership, please let the volunteer leader know. Children under the age of 14 are welcome but they must pay the drop in fee and be accompanied by an adult.

Location: Community Centre

46932	Tue	June 2 – July 28	6 – 9 p.m.
46934	Thu	June 4 – 25	6 – 9 p.m.



Pottery: Drop-In with Instruction

14+ Years | \$20/Person | Drop In

Join us for a new pottery studio session. This drop in will be supervised by our knowledgeable instructor who will be available to answer questions. Participants must come with their own project ideas since no formal instruction will be provided. This is a great time to work on projects that you started in class, start a new project, and connect with other artists to discuss techniques and inspiration. Previous pottery experience is required.

Please Note: Pottery Studio clay must be used; there are no pre-made pieces to purchase, but clay is available to purchase for \$25 per half bag and \$12.50 per quarter bag. Glaze is provided; no outside glazing products allowed. Bisque and glaze firing available. There are 4 pottery wheels available plus tools for hand building. Register online ahead of time, use your 10-pass pottery membership, or bring cash to pay the drop-in fee (no debit/credit option available onsite). If registering online or using your membership, please let the volunteer leader know. Children under the age of 14 are welcome but they must pay the drop in fee and be accompanied by an adult.

Location: Community Centre

46971	Sat	June 6 – Aug 8	9:15 – 11:15 a.m.
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Pottery Wheel: Level 2

14+ Years | \$215/6 Weeks | Registered

Have you taken our Introduction to the Wheel class? Are you looking for a refresher, or to further your throwing skills? Take your wheel-throwing to the next level with this semi-private class. You will create more pottery, learn new techniques, and gain further instruction. Bring a friend or family member to pottery class and share the joy of creating art together. The small class setting makes for a relaxed environment where you can take the time to focus on your projects. Some experience is needed, such as an Intro to the Wheel class.

Location: Community Centre

46928	Thu	Aug 6 – Sept 10	6 – 9 p.m.
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Pottery: Intro to the Wheel

14+ Years | \$190/4 Weeks | Registered

Have you always wanted to try your hand at the pottery wheel? This class is designed for beginners to get started! This is a semi-private class, and you will learn how to wedge the clay, center the clay on the wheel, and practice throwing. The instructor will demonstrate trimming and glazing the finished pieces. Bring a friend or family member to learn a new skill together or meet like-minded artists. The small class setting makes for a relaxed environment where you can take the time to focus on your projects. Registration includes clay, glazing, and firing of your projects. Finished projects must be picked up within 4 weeks of firing.

Location: Community Centre

46927	Sat	June 27 – July 18	12:15 – 3:15 p.m.
46926	Thu	July 2 – 23	6 – 9 p.m.

Pottery Fees

Duration	Age 14+
Drop In	\$20
10 Visit Pass	\$180



Ready to Book Online?

Scan QR code or visit:

Adults Sports Descriptions



Overview

The City of Campbell River offers an assortment of individual and team sports. All skill levels are welcome! There are friendly volunteers present at all adult sport slots to assist with scoring, game play and techniques.

Space is limited, so please register for each session online at campbellriver.ca/registration. There is a possibility participants can drop in, but priority admission will be given to those registered for any session that reaches capacity.

Please Note: Registration opens 5 days in advance. If you need to cancel, it must be done by 4 p.m. the day prior for a refund.

Adult Recess | 16+ Years | Drop In

Miss the good ol' days of gym fun and recess? Get ready to relive some of your favourite childhood games! Here's just a taste of the lineup: volleyball, dodgeball, kickball, need we say more?! Stay tuned for the schedule. Registration opens 5 days in advance. Cancellation must be made by 4 p.m. the day prior in order to avoid a penalty.

Location: Sportsplex

Badminton | 16+ Years | Drop In

All skill levels welcome – from beginners to seasoned players! Stay active and sharpen your game in a fun and friendly environment. Racquets available. Ages 16 years and up are welcome. Registration opens 5 days in advance. Cancellation must be made by 4 p.m. the day prior in order to avoid a penalty.

Location: Sportsplex

Pickleball | 16+ Years | Drop In

Pickleball is a paddle sport that combines elements of tennis, badminton, and table tennis. It is easy to learn, social and a great workout. Racquets available. Registration opens 5 days in advance. Cancellation must be made by 4 p.m. the day prior in order to avoid a penalty.

Location: Sportsplex/Community Centre

Soft Tennis | 16+ Years | Drop In

Soft Tennis is a great way to stay active. It is a fun and low-impact alternative to traditional tennis; and perfect for players of all skill levels. Racquets available. Registration opens 5 days in advance. Cancellation must be made by 4 p.m. the day prior in order to avoid a penalty.

Location: Community Centre

Table Tennis | 16+ Years | Drop In

Soft Tennis is a great way to stay active. It is a fun and low-impact alternative to traditional tennis; and perfect for players of all skill levels. Racquets available. Registration opens 5 days in advance. Cancellation must be made by 4 p.m. the day prior in order to avoid a penalty.

Location: Community Centre

Wednesday Night Basketball | 16+ Years | Drop In

Join us at the Sportsplex for a fun and energetic game of basketball. Depending on attendance, games may be full court or 3-on-3. This volunteer-run program welcomes players of all skill levels. Registration opens 5 days in advance. Cancellation must be made by 4 p.m. the day prior in order to avoid a penalty.

Location: Sportsplex

Registration for June to August programs is available online or in-person beginning at 10 a.m., Monday, May 4, 2026.

Adult Sports Calendar

June 1 – August 31, 2026

Program will be held in the Sportsplex

Program will be held in the Community Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
		Soft Tennis 10:30 a.m. – 12:30 p.m. June 2 – Aug 25 <i>No Program July 21</i>			
	Badminton 12:30 – 2:30 p.m. June 1 – 29		Badminton 12:30 – 2:30 p.m. June 3 – Aug 26 <i>No Program July 1, 29</i>		Pickleball 12:30 – 2:30 p.m. June 5 – Aug 14 <i>No Program July 3, 31</i>
		Table Tennis 1:15 – 3:15 p.m. June 2 – 30			
			Pickleball 4:30 – 6:30 p.m. June 10 – Aug 26 <i>No Program July 1, 22</i>		
	Pickleball 6 – 8 p.m. June 1 – Aug 31 <i>No program Aug 3</i>				
		Badminton 7:30 – 9:30 p.m. June 2 – Aug 25 <i>No Program July 28</i>	Wednesday Night Basketball 7:30 – 9:30 p.m. June 3 – Aug 26 <i>No Program July 1, 29</i>	Adult Recess 7:30 – 9 p.m. June 4 – 25	

Please Note: Adult Sports registration opens 5 days in advance. Space in various adult sports is limited so please register for each session online at campbellriver.ca/registration. Though there is a possibility participants can drop in, priority admission will be given to those who have registered for any session that reaches capacity.

Stay informed! Drop in classes and program cancellations can happen. For the most current schedule, changes and cancellations, please check out our Facebook page at facebook.com/Campbellriverrec.

Cancellation Policy

- When 72 hours cancellation notice is given for registered programs, a refund will be granted and no withdraw fee will be charged
- When less than 72 hours notice is given for registered programs, there will be no refund granted
- Pre-registered drop in sessions must be cancelled by **4 p.m.** the day prior in order to avoid a penalty
- Squash and Racquetball courts may be cancelled up to 1 hour in advance of your scheduled court time
- If the cancellation occurs due to a medical condition please contact us directly for more information
- To cancel, please call 250-923-7911, 250-286-1161 or email



Fitness



Overview

Get moving with the City of Campbell River! Whether you are stepping into the weight room or joining a fitness class, we are here to help you improve your physical health and mental well-being. Come alongside neighbours of all ages, skill levels, and backgrounds for fun, energizing workouts that truly elevate your quality of life.

Tensegrity Yoga Series

16+ Years | \$68/5 Weeks | Registered

This Yoga Series is a sequence of movements designed to help rehydrate, tone, strengthen and break down adhesions and bring more freedom, function and flexibility into the body's connective tissues.

- Connect to movement as medicine
- Tap into the body of light and energy
- Regain natural healthy alignment
- Find freedom, balance and ease in the body and mind
- Develop more body awareness and interoception
- Tap into the parasympathetic nervous system
- Heal restriction and adhesions in the body

Location: Sportsplex

45433 Mon June 1 – 29 4 – 5 p.m.

Baby and Me Yoga

16+ Years | \$54/4 Weeks | Registered

Baby and Me Yoga is a playful, informative and supportive class for caregivers and their babies. This class is a wonderful and safe way to get back into a mindful healing movement practice while having your little one join you in the experience. During class you have the freedom to meet your babies' needs with feeding and changing whenever it is needed. You will get to connect and bond with your baby amongst a supportive community. Baby and Me Yoga is a Yoga class for caregivers and their **pre-walking** infants. This class will be instructed by a pre and post-natal Yoga specialist.

Location: Sportsplex

47118 Tue June 2 – 23 Noon – 1 p.m.



Ready to Book Online?

Scan QR code or visit:
campbellriver.ca/registration

Adult Weight Room Orientation

16+ Years | \$15/Person | Registered

This orientation is available for patrons who want to ensure safety, comfort and appropriate use of equipment when using the Sportsplex weight room. Participants will learn basic strength training principles and the proper use of both strength and cardio machines. Please note: This is not a personal training session. Based on the number of participants, availability of equipment, etc., the course may run for 60–90 mins.

Location: Sportsplex

47124	Wed	June 17	2 – 3:30 p.m.
47126	Wed	July 15	2 – 3:30 p.m.
47128	Wed	Aug 12	2 – 3:30 p.m.



Youth Weight Room Orientation

13–15 Years | \$15/Person | Registered

This orientation is designed to get teens comfortable using the Sportsplex weight room without a supervisor present. Participants will learn basic strength training principles, gym etiquette and the proper use of both machines and spotting with a partner. This course is required for youth interested in using the weight room during unsupervised times. Youth must be 13 years of age or older at the time of the course to enroll.

Location: Sportsplex

47125	Wed	June 17	4 – 5:30 p.m.
47127	Wed	July 15	4 – 5:30 p.m.
47129	Wed	Aug 12	Noon – 1:30 p.m.

New Program

Nurtured by Nature Outdoor Yoga

12+ Years | \$70/Youth and Senior or \$80 Adult/7 Weeks | Registered

Outdoor Summer Yoga Series at the Sportsplex Willow Point Park Field #2. Join us this summer for Nurtured by Nature Yoga, a gentle and welcoming outdoor yoga series designed for all levels 12 years and up. Practicing outside allows us to reconnect with the rhythms of the natural world while also reconnecting with ourselves. Together we will move, breathe, and ground into the earth beneath us, surrounded by fresh air, open sky, and the beauty of the season. Each class will include simple, accessible yoga movements, breath awareness, and moments of stillness to help you feel nourished, relaxed, and present. Come move, breathe, and be nurtured by nature while connecting with community and yourself. These classes are open to all levels 12 years and up, whether you are brand new to yoga or have an established practice.

Please Note: No session July 30.

Location: Willow Point Park – Field #2

47148	Thu	July 2 – Aug 20	10:30 – 11:30 a.m.
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City of Campbell River

Ready to Book Online?

Scan QR code or visit:
campbellriver.ca/registration



Fitness Memberships and Drop In Fees

What does my Fitness Membership include?

Fitness Memberships now include access to even more healthy activities. Memberships give you access to fitness classes, the weight room, badminton, squash, racquetball, wallyball, table tennis, family badminton, soft tennis, drop in basketball and pickleball.

	Child (6–12)	Youth (13–18)	Adult (19–59)	Senior/Student (60+ or 19–24*)
Drop in	\$3	\$5	\$7	\$5
10 Visit	\$29	\$37	\$58	\$48
1 Month	\$32	\$42	\$64	\$53
3 Month	x	\$102	\$153	\$127
1 Year	x	\$280	\$420	\$350
Fitness Classes (Age 12+)		Badminton, Soft Tennis, Table Tennis (Age 16+)		
Weight Room (Age 12+)**		Pickleball (Age 16+)		
Squash, Racquetball, Wallyball (Age 6+) (Children under 12 must be accompanied by a parent or guardian in the courts)		Youth Drop In Basketball (Age 8+), Adult Basketball (Age 16+), Family Badminton (Age 6+)		

*Student memberships require valid post-secondary identification. All prices include GST.

**Age restrictions apply, please inquire.

Fragrance Free Zones

If you are attending a fitness class or visiting the weight room, please come fragrance-free. Many clients and staff have allergies and sensitivities to fragrance and limiting fragrances helps everyone enjoy City programming.

Lockers Available

Please use the lockers located in the change rooms for the safety of your possessions. Cubbies are also available in the hallway outside the weight room for coats, shoes, or belongings.

Remember to wear your inside shoes in the gym or weight room to keep our facility clean.

Sportsplex Weight Room Hours

Mon – Fri | 6 a.m. – 9 p.m.

Sat/Sun | 7:45 a.m. – 4 p.m. (June only)

Sat/Sun | 9 a.m. – 4 p.m. (July and Aug)

Supervised Weight Room Hours

Mon – Fri | 6 – 7:45 a.m.

Sat/Sun | 7:45 – 11 a.m. (June Only)

Supervised afternoon weight room hours are variable, please call ahead – 250-923-7911.

Questions?

Learn about weight room equipment – how to adjust machines and set them for your body, discover how to use kettlebells, or improve your position on a spin bike. For more in-depth learning, book a personal training session.



Personal Training Fees

Number of Sessions	Private (Age 13+)	Length
1 session	\$75	60 minutes
3 sessions	\$210	60 minutes
5 sessions	\$325	60 minutes

Please Note: Personal training sessions can be booked personally with your trainer once you've purchased your sessions. We encourage you to use up your sessions within one year of your purchase date.

Why Try Personal Training?

- Customize your health and fitness goals
- Train more effectively for an event or sport
- Correct form and equipment tutorials
- Stay accountable to your investment
- Maximize your time and energy

All City Personal Trainers are Provincially Certified and Registered

Personal Trainers:

Sue Sarah F. Sarah N.
Mary Steve

What can I expect from personal training?

Personal training sessions include a series of exercises that first help evaluate and then elevate your overall health and physical status. Your trainer will develop a customized training plan to help you meet your goals.

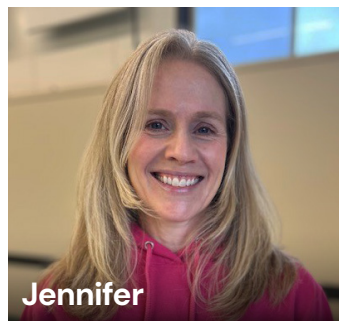
To get started with personal training, please fill out a personal training package at the Sportsplex or online at www.campbellriver.ca

Please Note: 24 hours notice is required to cancel or reschedule a personal training session.

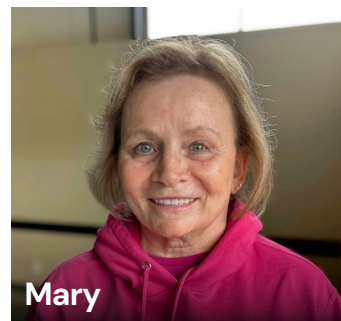
Meet Your Fitness Instructors



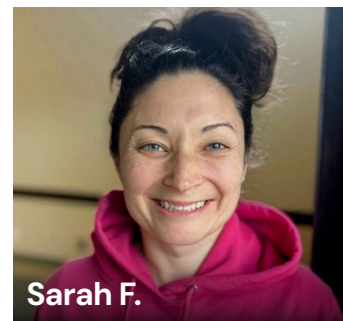
Sue



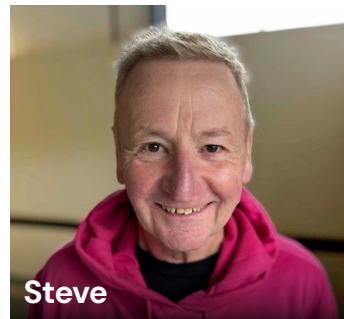
Jennifer



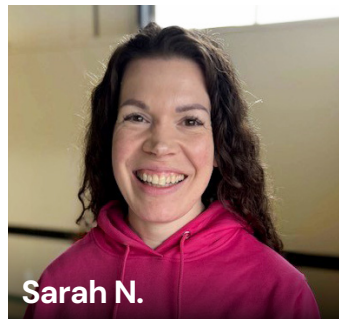
Mary



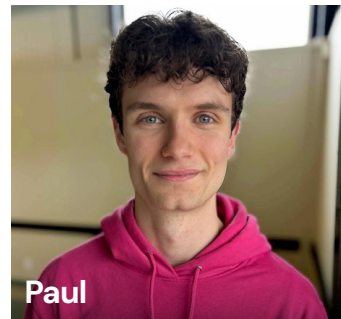
Sarah F.



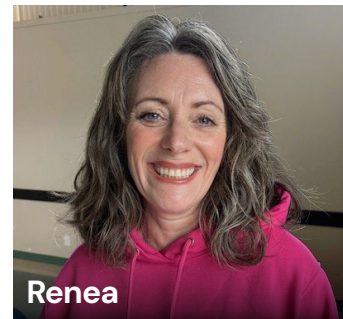
Steve



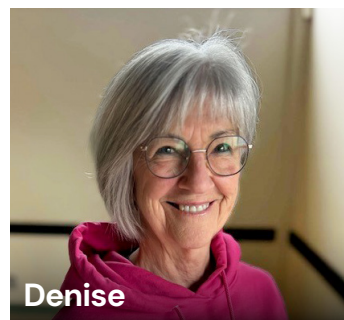
Sarah N.



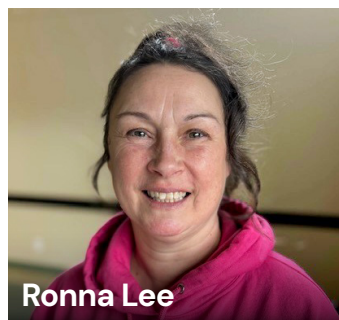
Paul



Renea



Denise



Ronna Lee

City of Campbell River

Ready to Book Online?

Scan QR code or visit:
campbellriver.ca/registration

Fitness Program Descriptions

Fitness Classes

Intensity Level Legend **Level 1:** Beginner / Low Intensity **Level 2:** Intermediate / Medium Intensity **Level 3:** Advanced / High Intensity

Balance, Core, and Stretch | Intensity Level: 1-2

Discover the perfect harmony of strength, stability, and flexibility in our Balance, Core, and Stretch Class. This class is designed to improve your overall physical well-being by focusing on core strength, balance exercises, and targeted stretching to enhance flexibility and mobility. This is a great class for anyone wanting to increase their flexibility and improve posture and range of motion.

Boot Camp | Intensity Level: 2-3

Be ready for anything in this high-intensity, early-morning kick-butt class! A variety of incredible instructors will help you improve your cardiovascular endurance and overall strength.

Boot-Spin | Intensity Level: 2-3

It's the best of both worlds in this high-energy, 60-minute class featuring 25 minutes of off-bike strength training- boot camp style. Plus 25 minutes of Spin to flush out your muscles. Finish it all off with a well needed 10-minute stretch to boost your recovery and leave you feeling balanced. Try out this great new combo!

Chair Yoga | Intensity Level: 1-2

A chair yoga fitness class provides a safe and accessible way for individuals of all ages and fitness levels to experience the benefits of yoga. In chair yoga, participants perform modified yoga poses while sitting on a chair or using the chair for support. Participants leave feeling relaxed, rejuvenated, and with improved physical and mental well-being.

Please Note: Participants must be able to move independently.

Gentle Yoga | Intensity Level: 1-2

Take a mindful break in the middle of your day with this calming and refreshing gentle yoga class. Designed to release tension, improve posture, and restore energy, this session offers soothing stretches and mindful breathing to help you reset and recharge for the rest of your day. With an emphasis on relaxation and ease, Gentle Yoga is suitable for all levels.

Heart Smart ♥ | Intensity Level: 2

This high energy fitness class incorporates a variety of fitness moves focusing on cardio to get your heartrate pumping. Come prepared to sweat, smile, and push your limits in an energized group environment. All levels welcome, and all moves adaptable.

Kettle and Core | Intensity Level: 2-3

Use kettlebells in ways you never imagined! Kettlebell class is a high-intensity-ballistic workout that can help meet your toughest fitness goals. It combines functional, compound exercises such as 'the swing', 'the clean' and 'the press' that will work multiple muscle groups.



Let's Go Circuit! | Intensity Level: 1-3

Start your week off with this fun social catchup, while getting your daily exercise checked off the list through this circuit class. Sweat your way through the gym in a combination of stations focusing on high-energy cardio and strength training.

Pedal Power Spin | Intensity Level: 2-3

In this spin class you can expect challenging, high-intensity training focused on endurance, strength, recovery intervals, and often some core work too. This is a great way to end your day, destress, and get that workout in.

Power Hour | Intensity Level: 2-3

Power Hour class can be a fantastic way to boost your fitness goals and energize your evenings. This Power Hour class condenses a full-body strength workout into a one-hour session, making it efficient for busy schedules. Come check it out and bring a friend.

Pump It Up! | Intensity Level: 2

Whether you're aiming to reshape your physique or maintain your strength, our Pump it Up! fitness class offers a rewarding workout experience. Join us to pump up your muscles, boost your strength, and achieve your fitness goals in a supportive and motivating environment!

Fitness Program Descriptions

Spin 45 | Intensity Level: 2-3

Spin 45 is a challenging, high-intensity stationary bike class focused on endurance, strength, and recovery intervals. You'll improve your fitness while protecting and strengthening your joints. What a fantastic way to start your day!

Spin and Core | Intensity Level: 1-3

Get your weekend sweat on! Enjoy this high-intensity workout with 45 minutes on the spin bike, followed by concentrated core work, and a gratifying stretch.

Spin and Mobility | Intensity Level: 1-2

This spin class blends high-energy indoor cycling with exercises targeting mobility and balance. With 30 minutes of interval spin training, followed by a full body extended stretch for those hard working muscles on and off the bike. This class books up, so reserve your bike early.

Tabata | Intensity Level: 2

Get an outstanding workout in a short amount of time with this Tabata HIIT workout. Get your heart rate up while building strength through quick sets of hard work followed by recovery. Suitable and adaptable for all fitness levels. Get ready to push yourself!

Step 'n' Sculpt | Intensity Level: 2

Try out this fun cardio Step 'n' Sculpt class! Move through simple choreography on the stepper with strength intervals to sculpt those muscles using a variety of equipment. This class can be adapted for all fitness levels.



Registration for June to August programs is available online or in-person beginning at 10 a.m., Monday, May 4, 2026.

Cancellation Policy

- When 72 hours cancellation notice is given for registered programs, a refund will be granted and no withdraw fee will be charged
- When less than 72 hours notice is given for registered programs, there will be no refund granted
- Pre-registered drop in sessions must be cancelled by 4 p.m. the day prior in order to avoid a penalty
- Squash and Racquetball courts may be cancelled up to 1 hour in advance of your scheduled court time
- If the cancellation occurs due to a medical condition please contact us directly for more information
- To cancel, please call 250-923-7911, 250-286-1161 or email recandculture@campbellriver.ca

Spin Reservations

- You may pre-book space in any Spin class to guarantee that you will have a bike when you are ready to workout!
- To reserve your bike online visit campbellriver.ca/registration, or take a chance and drop in.

Please Note

- We are closed on Statutory Holidays.
- Please ensure you are receiving our member emails for updates and class cancellations or call 250-923-7911 for more information.

Fitness Calendars

June 1 – 30, 2026

Program will be held in the Sportsplex

Program will be held in the Community Centre

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6 – 7 a.m.	Bootcamp Sarah N.	Spin 45 Jen	Boot-Spin Sarah F.	Spin 45 Sarah F.		
8:30 – 9:30 a.m.						Spin and Core TBA
9 – 10 a.m.	Let's Go Circuit! Sarah N.	Tabata Sarah N.	Step 'n' Sculpt Sarah N.	Heart Smart ♥ Sarah F.	Pump It Up! Ronna Lee	
10:15 – 11:15 a.m.					Spin and Mobility Sarah F.	
10:30 – 11:30 a.m.	Balance, Core and Stretch Sarah N.		Balance, Core and Stretch Sarah F.		Weight Room Hours Mon – Fri 6 a.m. – 9 p.m. Sat/Sun 7:45 a.m. – 4 p.m. Office Hours Mon – Fri 8 a.m. – 9 p.m. Sat/Sun 9 a.m. – 4 p.m. Early Morning Access Prior to office hours, access is limited to members or cash drop-ins (no card payments available during this time).	
10:30 – 11:30 a.m. (Community Centre)		Chair Yoga Laurel		Chair Yoga Lena		
12:15 – 1:15 p.m. (Community Centre)		Gentle Yoga Laurel		Gentle Yoga Lena		
5:30 – 6:30 p.m.	Pedal Power Spin TBA	Power Hour TBA	Kettle and Core Sarah N.			

Need to cancel? No problem.

Registered drop in classes, such as spin and pickleball, must be canceled by 4 p.m. the previous day in order to receive a refund. If cancellation notice is not received in time, no refund will be provided. 10 visit pass holders will have one visit deducted. Monthly/yearly pass holders will have a no-show fee applied to your account.

Spin Reservations:

You may pre-book space in any Spin class to guarantee that you will have a bike when you are ready to workout!

To reserve your bike online visit campbellriver.ca/registration, or take a chance and drop in.

Please Note:

We are closed on Statutory Holidays. Please ensure you are receiving our member emails for updates and class cancellations or call 250-923-7911 for more information.

Instructors for classes may change from time to time due to availability.

Need to catch up on your fitness? Register for Busy Bees, drop off the kids and get fit at one of our classes at the Sportsplex! See page 39 and 40 for more details.

July – August, 2026

Time	Monday	Tuesday	Wednesday	Thursday	Friday
6 – 7 a.m.	Bootcamp Sarah N.	Spin 45 Jen	Bootcamp Sarah F.	Spin 45 Sarah F.	
9 – 10 a.m.	Let's Go Circuit! Sarah N.	Tabata Sarah N.	Step 'N' Sculpt Sarah N.	Heart Smart ♥ Sarah F.	Pump It Up! Sarah F.
5:30 – 6:30 p.m.				*Free Yoga In The Park 5:30 – 6:30 p.m. (Robert Ostler Park)	

Stay informed! No Programs on July 1 and Aug 4, 2025.

***Please Note:** Free Yoga in the Park runs from July 9 – Aug 20, 2026.

Squash, Racquetball and Wallyball



Fitness Memberships and Drop In Fees (All prices include GST.)

	Child (6–12)	Youth (13–18)	Adult (19–59)	Senior/Student (60+ or 19–24*)
Drop in	\$3	\$5	\$7	\$5
10 Visit	\$29	\$37	\$58	\$48
1 Month	\$32	\$42	\$64	\$53
3 Month	x	\$102	\$153	\$127
1 Year	x	\$280	\$420	\$350
Fitness Classes (Age 12+)			Badminton, Soft Tennis, Table Tennis (Age 16+)	
Weight Room (Age 12+)**			Pickleball (Age 16+)	
Squash, Racquetball, Wallyball (Age 6+) (Children under 12 must be accompanied by a parent or guardian in the courts)			Youth Drop In Basketball (Age 8+), Adult basketball (Age 16+), Family Badminton (Age 6+)	

*Student memberships require valid post-secondary identification.

**Age restrictions apply, please inquire.

Court Rental Times

Weekdays (Non-Prime Time)	Weekdays (Prime Times)	Weekends (Prime Times)
8 – 8:45 a.m.	4 – 4:45 p.m.	9 – 9:45 a.m.
9 – 9:45 a.m.	5 – 5:45 p.m.	10 – 10:45 a.m.
10 – 10:45 a.m.	6 – 6:45 p.m.	11 – 11:45 a.m.
11 – 11:45 a.m.	7 – 7:45 p.m.	Noon – 12:45 p.m.
Noon – 12:45 p.m.	8 – 8:45 p.m.	1 – 1:45 p.m.
1 – 1:45 p.m.		2 – 2:45 p.m.
2 – 2:45 p.m.		3 – 3:45 p.m.
3 – 3:45 p.m.		

1 Court Booking = 45 Minutes

Equipment Loans

Racquets, balls, wallyball net and goggles are available to borrow — NOW FREE!
Goggles are required for youth age 18 and under.

All rental courts are located at the Sportsplex
1800 South Alder Street

How to Book:

Online: www.campbellriver.ca/registration
Phone: Sportsplex at 250-923-7911
Email: recandculture@campbellriver.ca

Please Note:

- Clean, non-marking shoes only (no street shoes)
- It is mandatory for all youth to wear goggles at all times
- If you play beyond your time, you may be subject to additional court fees
- Courts can be reserved 2 weeks in advance, up to 2 courts per day
- Non-Prime use requires one membership scan or drop in fee
- Prime-Time use requires two membership scans or drop in fees or a combination of both
- For refunds, cancellations must be made no later than 1 hour prior the reserved court time

Facilities and Registration

Online registration is available for City of Campbell River Recreation and Culture Programs

You can now search, register, and pay for programs from a computer, tablet, or smartphone. Update or create your account to start browsing our great selection of programs.

Need to withdraw from a registered program?

72 hours notice for cancellation is required.

Need to withdraw from a pre-registered drop in?

Cancellation must be made by 4 p.m. the day prior in order to avoid a penalty.

Want to transfer a fitness pass to someone else?

Sure, we can do that. A \$5 transfer fee will apply.

Our Facilities

Community Centre

401 – 11th Avenue

Contact: 250-286-1161

Office Hours

Monday to Friday: 8:30 a.m. – 4 p.m.

Saturday and Sunday: Closed

- Gymnasium
- Craft Room
- Lounge/Galley Kitchen
- Catering Kitchen
- Meeting Rooms
- Change Rooms and Showers
- Elevator

Sportsplex

1800 South Alder St

Contact: 250-923-7911

Office Hours

Monday – Friday: 8 a.m. – 9 p.m.

Saturday and Sunday: 9 a.m. – 4 p.m.

- Gymnasium
- Activity Rooms
- Catering Kitchen
- Meeting Rooms
- Change Rooms and Showers

Rotary Community Fieldhouse

425 Merecroft Road

Best Access: South Birch St. parking lot

Contact: Community Centre 250-286-1161

- Multi Purpose Room
- Kitchen
- Deck
- Lift for Accessibility

Registration for June to August programs is available online or in-person beginning at 10 a.m., Monday, May 4, 2026.

4 Ways to Register:

Online

campbellriver.ca/registration

On the Recreation App

(see page 9 for details)

By Phone

Community Centre

250-286-1161

Sportsplex

250-923-7911

Call to register and pay by credit card.

In Person

Pay with cash; debit card; VISA or Mastercard at the Campbell River Community Centre or the Sportsplex.

Facility Bookings

indoorbooking@campbellriver.ca

250-286-1161

Parks and Fields Bookings

outdoorbooking@campbellriver.ca

250-286-4034



Parks and Fields

Book a Park or Field

For booking inquiries please contact the Parks department.

Mon to Fri | 8:30 a.m. – 4 p.m.

Tel: 250-286-4034

Email: outdoorbooking@campbellriver.ca

		Ball Diamonds	Ball Hockey Court	Basketball Court	Beach Access	Boat Ramp	Bocce	Disc Golf	Dog Park	Fishing	Interpretive Centre	Outdoor Pool	Paved Walkways	Playground	Picnic Tables/Benches	Sand Volleyball Court	Skateboard Park	Seasonal Concession	Splash Park	Sports Fields	Tennis Courts	Trails	Washrooms - Seasonal	Washrooms - Yearly	Waterskiing
Adams Park	10 Adams Rd.				•										•										
Baikie Island Nature Reserve	1799 Robinson Rd.				•							•			•										
Cedric Jones Park	191/205 S. Alder St.																								
Centennial Park	230 4th Ave.										•			•	•										
Charstate Park	600 Charstate Dr.													•											
Dick Murphy Park	3001 Spit Rd.				•								•	•	•							•		•	
Discovery Pier	655 Island Hwy.									•														•	
Frank James Park	2067 S. Island Hwy.				•							•		•											•
Haig Brown House Kingfisher Ck.	2250 Campbell River Rd.																								
Jaycee Park	2527 S. Island Hwy.				•							•		•											
Ken Forde Park	2701 S. Island Hwy.				•	•				•		•		•											•
Larwood Park	2377 S. Island Hwy.				•							•		•											
Mclvor Lake	Mclvor Lake Rd.				•	•				•															•
Nunns Creek Park	1465 16th Ave.	•												•											•
Penfield West Park	2090 College Dr.								•			•		•									•		
Pinecrest Park	360 Birch St.	•																		•					
Raven Trail	2131 Island Hwy.																								•
Robert Ostler Park	945 Island Hwy.													•	•	•									•
Robron Athletic Park	425 Merecroft Rd.	•												•	•					•	•				•
Rotary Beach Park	551 S. Island Hwy.				•									•	•										•
Sequoia Park	471/501 Island Hwy.														•										
Splash Park (in Willow Point Park)	Corner of Penfield & Parkway Roads													•	•					•					•
Willow Point Park	1800 South Alder St.	•	•	•		•	•	•				•	•	•	•	•	•		•	•	•				•



Community and Sports Organizations

Archery

CR Fish and Wildlife Club
250-203-7140
www.crfishandwildlifeclub.ca

Badminton

CR Badminton Club
crbadminton.ca
250-287-9827
campbellriverbad@outlook.com

Baseball / Softball

CR Minor Baseball Association
leagues.teamlinkt.com/crmba
North Island Cubs
www.northislandcubs.com

Basketball

CR Youth Basketball Association
250-203-8563
Dime Valley Basketball
www.dimevalleybasketball.ca

Bocce

CR Italian Cultural Society
778-418-4000

Bowling

CR Bowling
250-286-1177
crbowlingcentre@gmail.com

Cadets - Air

250-923-1001
363air@cadets.gc.ca

Cadets - Army

250-203-4126
2943army@cadets.gc.ca

Cadets - Sea

250-287-8689
54sea@cadets.gc.ca

Climbing

On the Rocks Climbing Gym
rockgym.ca
250-287-7625

CR Children's Choir

admin@crchildrenschoir.ca

CR Dog Fanciers

campbellriverdogfanciers.com

CR Gun Club Society

crgunclub.bc.ca

CR Sea Wolves Football Club

crseawolvesfootball.com
778-300-1231
info@crseawolvesfootball.com

Cricket

CR Cricket Club
aaronshannessy@hotmail.com

Curling

CR Curling Club
250-287-4200

Cycling

River City Cycling Club
rivercitycycle.ca

Dance

CR DanceXtreme
www.crdancextreme.com
250-286-3376
Dance Temple Campbell River
campbellriverdancetemple@gmail.com

Studio North Dance Academy

250-914-2202
studionorthdance@gmail.com

Tara School of Irish Dancing

treblejoy@taraschoolofirishdancing.ca

Urban Dance Connections

urbandanceconnection@gmail.com

Kathy Mascia School of Dance

250-287-9342
kathymascia65@gmail.com

Disc Golf

campbellriverdiscgolf.com

Dragon Boat

RiverSpirit Dragon Boat Team
riverspirit.ca

Elderdog Canada Inc

elderdogcanadastore.ca
1-855-336-4226

Fitness

Sportsplex
www.campbellriver.ca
250-923-7911

Community Centre

www.campbellriver.ca
250-286-1161

Primal Athletics/Elevate

www.primalathletics.net
778-418-1008

Jazzercise

www.jazzercise.ca
250-504-2604

Club Fitness

www.clubfitness.com
778-420-2288

Session

www.sessioncr.com
250-914-2240

Girl Guides of Canada

girlguides.ca
1-877-564-6288

Golf

CR Golf and Country Club
naturallypacific.ca
1-866-910-4567
Storey Creek Golf
www.storeycreek.ca
250-923-3673

Gymnastics

CR Gymnastics Association
250-286-3547
crgymnastics@gmail.com

Hockey

CR Men's Hockey League
carhahockey.ca
CR Minor Hockey League
250-850-0056

CR Oldtimers

250-923-3446

CR Women's Hockey

crwomenshockey@gmail.com

Next Level Training

nextlevelbc@gmail.com

Strathcona Gardens Recreation

www.strathconagardens.com
250-830-6777

Sunday Floor Hockey

250-202-5299

Martial Arts

CR Judo Club
crjudoclub@hotmail.com

C.A.S.K. Karate

250-286-7263

CR Wado Karate Club

250-202-2738

Dimitrova Training Academy

www.dimitrovatrainingacademycanada.com

Disciple-Brazilian Jiu-Jitsu

www.disciplebjj.ca

Heart & Soul Muay Thai

heartandsoulmuaythai.com
250-830-1710

Pure Martial Arts Fitness

250-286-6998

Shito-Ryu Karate Club

250-286-6416

Kayaking

CR Paddlers Association
crpaddlers.com

Lacrosse

CR Lacrosse
campbellriverlacrosse.ca

Performing Arts

Raincoast Creative Performing Arts
raincoastsmt.com
250-287-4536

Rivercity Players

rivercityplayers.ca
250-914-0419
info@rivercityplayers.ca

Shoreline Musical Theatre Society

shorelinemusicaltheatre.ca

shorelinemt@gmail.com

Pickleball

CR Pickleball Association
CR-Pickleball@outlook.com

Racquetball

CR Racquetball Association
crracquetball@gmail.com

Horseback Riding

Bear Creek Ranch
250-337-5524

Rugby

CR Athletic Association
campbellriverrugby@gmail.com

Sailing Club - Comox Bay

comoxbaysailingassociation.ca

Skating (Ice)

Strathcona Gardens
250-830-6777

CR Skating Club

www.skatecampbellriver.ca

Skiing / Alpine

Mount Washington Ski Club
strathconanordics.com

Mount Washington Freestyle Club

www.mwfreestyle.com

Mount Washington Alpine Resort

www.mountwashington.ca

Skiing / Cross Country

Strathcona Nordics
strathconanordics.com

Slo-Pitch

CR Slo-pitch
250-202-7256
crslopitch@hotmail.com

Soccer

CR Mixed Soccer League
250-287-6671

CR Masters Soccer Association

crmasterssoccer@gmail.com

CR Youth Soccer Association

www.crysa.bc.ca
250-286-6660

Mid-Isle Women's Soccer

miwsoccer.weebly.com

Softball

CR Minor Softball Association
250-923-4380

Space and Field Bookings

Quinsam Crossing Ballfield Bookings
250-914-1890
fieldrentals@wewaikai.com

Special Olympics

250-286-6453
campbellriver@specialolympics.bc.ca

Squash

CR Squash Club
250-923-4521
fantillo@gmail.com

Swimming

CR Killer Whales Swim Club
crkw.poolq.net
CR Salmon Kings
info@campbellriversalmonkings.ca

Tennis

CR Tennis Club
crtennisclub.ca

Volleyball

Crush Volleyball
crushvb.ca
CR Adult Volleyball
www.crvolleyball.ca
Adult Co-ed League
info@crvolleyball.ca

Waterskiing / Wakeboarding

CR Eagles Waterski Club
250-203-2512
h2owaterski@telus.net

Wrestling

Mike Munsie
mike.munsie@sd72.bc.ca

Youth Track & Field

The Comets
campbellrivercomets.ca
campbellrivercomets@gmail.com

List your organizations here! To list your sport or fitness organization here or to update your information, email recandculture@campbellriver.ca or call 250-286-1161.



Colourful Run

Registered Event

All Ages | 0 – 5 Years: Free | 6+ Years: \$5/Person
Sunday, June 14 | 9 a.m. – Noon

Get ready to unleash your energy at our vibrant Colourful Run! Walk, jog, or run the fun-filled route—no timing or competition, just good vibes. Afterward, hit the splash park for the after-party with snacks, music, and a giant foam pit! Check-in opens 9 a.m. and the race starts 9:30 a.m.