

November 6, 2013

Learn local fibres and tour an alpaca farm with *Lettuce Grow*

Ever wondered where your clothes come from and what fibres go into making them? Have some first-hand fibre fun in an interactive *Lettuce Grow* workshop on November 10 from 10 a.m. to 2 p.m.

Course instructor Theresa Schlagel will lead participants on a tour of Morrison Creek Farm in Courtenay to meet the alpacas and learn about felting.

“Participants will get their hands into felting their own alpaca fibre and see how the process works from fibre to fleece,” says Kira DeSorcy, lead instructor for the *Lettuce Grow* workshop series. *“Supporting local farmers and reducing our individual impact on the environment goes much farther than just food. All the fabric in our clothes and household items come from the environment too, and this workshop will introduce participants to another element of local agriculture.”*

All participants will take home their hand felted project, and materials are included with the workshop.

To register for this *Lettuce Grow* workshop, visit <http://www.nic.bc.ca/continuingeducation/> and search course code GENI 7934 or visit your local campus in person.

Like this article? What to hear more? Is there a workshop you would like us to organize? Write us your questions and requests to growlocal@campbellriver.ca

The *Lettuce Grow* courses and article series support the implementation of the City’s Agriculture Plan and the community sustainability goal of local food self-sufficiency and resiliency.

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