



City of Campbell River

From the Office of the Mayor

- P R O C L A M A T I O N -

- WHEREAS** the Parliament of Canada wishes to increase awareness among Canadians of the significant benefits of physical activity and to encourage Canadians to increase their level of physical activity and their participation in recreational sports and fitness activities;
- AND WHEREAS** it is in Canada's interest to improve the health of all Canadians and to reduce the burden of illness on Canadian families and on the Canadian health care system;
- AND WHEREAS** many local governments in Canada have public facilities to promote the health and fitness of their citizens;
- AND WHEREAS** the Government of Canada wishes to encourage all Canadians to recognize the first Saturday in June as National Health and Fitness Day and to mark the day celebrating and promoting the importance and use of local health, recreational sports and fitness facilities;
- AND WHEREAS** Canada's mountains, oceans, lakes, forest, parks and wilderness also offer recreational and fitness opportunities;
- AND WHEREAS** Canadian Environment Week is observed throughout the country in early June, and walking and cycling are great ways to reduce vehicle pollution and improve physical fitness;

NOW THEREFORE BE IT RESOLVED THAT I, Andy Adams, Mayor of the City of Campbell River, do hereby proclaim the first Saturday in June to be.

"NATIONAL HEALTH AND FITNESS DAY"

in the City of Campbell River, Province of British Columbia.

Dated this 29th day of May 2020 in Campbell River BC.



Andy Adams
MAYOR