



Campbell River

Community Services Directory 2011

Compiled by the John Howard Society of North Island

24 Hour Emergency Telephone Numbers

Ambulance, Fire, Police (R.C.M.P.)	911
Crisis Line	1-888-494-3888
Crisis Line, Ann Elmore House (Emergency shelter for women and children)	(250) 286-3666 / 1-800-667-2188
Campbell River Hospital Emergency Department	(250) 287-7111
Helpline for children (for reporting child abuse or neglect)	250-310-1234
Kids Help Phone: (toll free)	1-800-668-6868
Ministry for Children and Families After Hours Line (toll free)	1-800-663-9122
Native Youth Crisis Hotline (toll free)	1-877-209-1266

This Directory is the work of CADAC, Campbell River's Community Alcohol and Drug Action Committee. CADAC's mission statement is as follows:

"The mission of the Community Alcohol and Drug Action Committee is to work in harmony with others to create a sound social environment and community response to prevent harm associated with alcohol and drug use in Campbell River."

Formed in 2002, CADAC brings together many committed individuals from our community who are concerned about drug and alcohol misuse in Campbell River. We see solutions to this far-reaching problem in a community that is more aware of these issues and takes action to prevent the harm caused by alcohol and drug misuse. Our dream is a safer and healthier community for all!

In order to keep each edition of the Community Services Directory as up to date as possible, any changes or updates to services can be forwarded to the Community Resources Directory staff person at the John Howard Society. You can do this by dropping off information at the John Howard office at #201-140A 10th Avenue or by faxing us at (250) 286-3650, Attention: Community Services Directory staff.

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Aboriginal Health

375 – 2nd Ave

Phone: (250) 850-2145

Fax: (250) 850-2145

Website: http://www.viha.ca/aboriginal_health

Contact Person

- Laurie Dokis; Manager North Island CRDGH
Phone: (250) 850-2604
- Heidi Deagle; Aboriginal Liason Nurse CRDGH
Phone: (250) 850-2602

Operational Principles

Aboriginal Health, a department of VIHA's Population and Family Health clinical portfolio, provides hospital, community, home care and public health services.

Vision

Working together to improve the health of Aboriginal people.

Mission Statement

To provide culturally appropriate, accessible health services to Aboriginal people in the Vancouver Island Health Authority in partnership with First Nations communities.

Programs Offered

Manager, Aboriginal Health

- Works with you and your community in addressing your health needs in a culturally respectful manner
- The manager for Aboriginal Health is the contact person for VIHA Aboriginal Health program information

Aboriginal Health Liaison Nurse

- Our aboriginal health nurses understand that aboriginal people often face special health care challenges. We can make sure that you and your family gets the right kind of health care advice, equipment and services. A liaison nurse can
 - assist you or your family when talking to hospital staff and act as a client advocate
 - help with First Nations/aboriginal cultural and ceremonial requests and needs
 - communicate with and obtain assistance from appropriate community and federal agencies
 - arrange any care or follow up services you may need after you leave the hospital
 - liaise with health care professionals, and community agencies to enhance service delivery

Aboriginal Health Community Nutritionist

- The Aboriginal Health Department has a full-time community nutritionist who delivers health services to first nation communities and urban population from Comox valley to Port Hardy.

Programs & Services

- The nutritionist works on helping communities access healthy food through projects such as
 - Community Food Initiatives
 - Good Food Box Program
 - Garden Creation Projects
 - Food Skills
 - Finding funding and linking resources
 - Linking communities to health services
 - General health information and resources

Population Served

- First Nation and Aboriginal people and communities

Languages Spoken

- English

Hours of Operation

- 8:00 a.m. – 4:00 p.m. Monday to Friday

Funding Sources

- Vancouver Island Health Authority

Current Organizational Partnerships

- Partners with First Nation/Aboriginal organizations to provide holistic, culturally appropriate and accessible health services

Committees and Working Groups

- Campbell River Aboriginal Health Working Group
- Comox Valley Aboriginal Health Working group
- Mount Waddington Aboriginal Advocacy Group

Access Now

2377 Eardley Road, Campbell River, BC V9W 1L8

Phone / Fax: (250) 923-6381

Director

- Grant Jones

Programs Offered

Support to mentally challenged men and women; service is individualized

- Self-help Skill Development
- Transition to Adulthood

Population Served

Mentally challenged adults and children

Languages Spoken

- English

Hours

- Monday – Friday: 8:30am – 5:00pm (flexible)

Committees and Working Groups

- Various

Adult Children of Alcoholics (ACOA)

Meets at #207 – 1040 Shoppers Row, Campbell River, BC V9W 2C6 (Mental Health and Addictions Office)

Contact Person

- Diane: (250) 287-8253
- Dave S. (250) 923-9197

Programs Offered

- A 12-Step meeting group, offering support and an opportunity to listen and share.

Population Served

- Adult children of alcoholics, or anyone from an addictive or otherwise dysfunctional family. Newcomers are welcome.

Languages Spoken

- English

Hours

- Monday nights: 7:30pm

AIDS Vancouver Island

1371 Cedar Street, Unit C Campbell River, BC V9W 5T4

Phone: (230) 830-0787 / Toll Free: 1-877-650-8787 / Fax: (250) 830-0784

Website: www.avi.org

Campbell River Staff

- Leanne Cunningham: Leanne.Cunningham@avi.org (Positive Wellness Counsellor)
- Jeanette Reinhardt: Jeanette.Reinhardt@avi.org (Education/Harm Reduction)

Executive Director

- Katrina Jensen: (250) 384-2366

Programs Offered

- Support, counseling, advocacy, education and harm reduction for people infected or affected by HIV/AIDS and/or Hepatitis C
 - Drop-In lounge for registered clients, Mon-Thurs. 9am-1pm
- Resource library – Which includes free educational resource materials on HIV, HCV, sex health and harm reduction.
- Education: (including) age appropriate presentations for the general public, at risk individuals and groups, service providers and business community.
- On-site Harm Reduction
- STI testing and vaccines in partnership with Public Health Nurse every second Tuesday and fourth Tuesday.

Languages Spoken

- English

Hours of Operation

- Monday – Thursday: 9:00am – 4:00pm; Fridays: 11:00 am – 3:00 pm

Funding Sources

- Health Canada
- Vancouver Island Health Authority
- Campbell River Gaming
- United Way Central and Northern Vancouver Island

Current Organizational Partnerships

- North Island Supportive Recovery
- Various Aboriginal Communities
 - North Island Transition Society
 - Vancouver Island North Women's Centre
 - Vancouver Island Health Authority: Public Health, Mental Health & Addictions
 - Y4D- CR Multicultural & Immigrant Services Assoc.
 - John Howard Society, North Island
 - CR Pride

Committees and Working Groups

- Pacific AIDS Network (PAN)
- CR Aboriginal Working Group
- Street Reach
- CRSEAT
- Integrated Health Network

Al-Anon

Phone: 1-888-4AL-ANON (1-888-425-2666)

Website: www.bcyukon-al-anon.org

Contact Persons

- Lynne: (250) 287-3184

Operational Principles

Al-Anon Family Groups

- Each is a fellowship of relatives and friends of alcoholics who share their experience, strength and hope, in order to solve their common problems. Al-Anon believes that alcoholism is a family illness and that changed attitudes can aid recovery. Al-Anon is both anonymous and confidential.
- Al-Anon is separate from Alcoholics Anonymous and is not affiliated with any sect, denomination, political entity, organization or institution and do not endorse or oppose any causes.

Al-Anon's One Purpose

- To help families of alcoholics, by practicing the Twelve steps, welcoming and giving comfort to the families of alcoholics and giving understanding and encouragement to the alcoholic.

Programs Offered

12-Step self-help group meetings

- Wednesdays: 12:00 – 1:00pm, at 34 South Alder Street, Room 221 (St. Patrick's Church)
: 11:30 – 12:30pm, Newcomers meeting
- Sundays: 8:00pm – 9:00pm, at 300 Thulin Street (7th Day Adventist Church)
: 7:30 – 8:30pm, Newcomers meeting
- Tuesdays: 7:30 p.m., Children's Centre, Quadra Island
- Thursdays: 1:00 – 2:15pm, at 300 Thulin Street (7th Day Adventist Church)
: 7:30 – 8:30pm, at 300 Thulin Street

Languages Spoken

- English

Population Served

- Any relative or friend of an alcoholic

Funding Sources

- Self-Funded

Alano Club of Campbell River

301, 10th Avenue, Campbell River, BC V9W 4E4

Phone: (250) 287-2911

Contact Person

- John McGillivray, President

Programs Offered

- Sober dance, every second week
- Sunday Breakfast meetings, every second week
- A friendly, warm and caring atmosphere where people can have fun, play pool, enjoy coffee, talk, and receive support as they discover new ways of life
- Alcoholics anonymous and narcotics anonymous meetings

Operating Principles

- To offer a supportive place for anyone in the community who wishes to socialize in an alcohol/drug free community.
- To make it possible for people in the community to socialize in a safe, non-judgmental place and to support each other in making positive lifestyle choices.

Population Served

- Open to everyone

Languages Spoken

- English

Meetings

- Monday – Friday 12:00pm – 1:00pm
- Saturday 10:00am – Women’s Meeting; 12:30m - 1:30pm – Regular Meeting
- Every Sunday: breakfast meetings (Breakfast 10:00am – 11:00am, Meeting 11:00am – 12:00pm)
- Sober Dances (Every second Saturday Night): 8:00pm – 12 midnight

Funding Sources

- Canteen proceeds
- Memberships (\$6.00 per month for those 55 and younger, \$3.50 per month for those over 55)
- Private Donations
- Bingo (Gaming Commission)

Alcoholics Anonymous (District 3, Campbell River)

PO Box 652, Campbell River, BC V9H 1R8

Phone: (250) 287-4313 (Answering Service)

Website: www.alcoholics-anonymous.org

Operating Principles

- Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.
- Alcoholics Anonymous is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes.
- The primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Programs Offered

- 24 hour answering service – Immediate contact with a volunteer (phone numbers are given) for those who need it
- Please call for meeting times and locations
- 12 Step meetings for members to attend

Population Served

- Anyone who is trying to recover from alcoholism and achieve sobriety

Languages Spoken

- English
- Answering service and website are also available in French and Spanish

Hours

- Various meetings held

Funding Sources

- Self-supported through members' own contributions – there are no dues or fees for membership

Alzheimer's Society of BC

North and Central Vancouver Island Resource Centre
200 – 1585 Bowen Road
Nanaimo, BC; V9S 1G4
Toll free: 1-800-462-2833
www.alzheimerbc.org

Facilitator

- Sandi Mae

Contact Persons

- Jane Hope: 1-800-462-2833 Email: jhope@alzheimerbc.org
Support and Education Coordinator – North and Central Vancouver Island
- Sandi Mae: (250) 923-5346
Campbell River Support Group Facilitator
- Kathy Skalk: (250) 923-8047
Campbell River Support Group

Mission Statement

- The Alzheimer Society of BC exists to alleviate personal and social consequences of Alzheimer disease and related dementias, to promote public awareness and to search for the causes and cures.

Programs Offered

- Support Group for Caregivers in Campbell River
- Information and Resources on Alzheimer's disease and related dementia
- Resource Centre in Nanaimo
- Education programs
- Teleworkshops

First Link: Early intervention, information and referral services

Population Served

- Caregivers, Family and friends of people with Alzheimer's Disease or related dementia.

Languages Spoken

- English

Hours

- Campbell River Alzheimer's Support group meets on the first Thursday of each month, 7:30pm - 9:30pm, at the Campbell River Hospital Mittenatch Room
- Other programs and services vary – please call for times and location

Funding Sources

- Alzheimer's Society of BC

BC Cancer Agency Prevention Programs

Regional representation throughout BC

Phone: (604) 877-6227 / 1-800-663-3333 ext 676227

Fax: (604) 877-6212

Website: <http://www.bccancer.bc.ca/PPI/Prevention/default.htm>

Contact Person

- Kathy Pym

Background

The BC Cancer Agency's Prevention Programs, with support from the BC Cancer Foundation, has a team of Prevention Educational Leaders (PELs) who are located throughout BC. The PELs build partnerships, collaborate, and support health authorities in assessing community needs and implementing public education programs, as well as making recommendations for cancer control in their regions.

In carrying out their mandate, the PELs focus upon the five main preventable risk factors for cancer of tobacco, obesity, inactivity, poor nutrition and sun exposure. The PELs also assist to promote and educate about Screening, chiefly mammography and cervical screening. Furthermore, our staff provide cancer prevention information for BCCA patients in order to prevent new cancers.

Programs Offered

- *Healthy Living Schools*
Certification is offered to schools which teach students about healthy living factors which decrease their risk for cancer.
Our team of Prevention Educational Leaders works with school districts to help children (and their families) understand that what they eat, their level of activity, whether they smoke, and if they protect themselves from the sun all have an impact on their health and well being.
- *Hi5Living / Graduation Transitions*
www.Hi5living.org helps teens and young adults sort through the sometimes confusing messages that they may receive about cancer from the media or their peers.
Educators who work with secondary school students in BC can also use Hi5Living.org to teach Planning 10 and Graduation Transitions.
- *Sun Safe Daycares/Pre-Schools*
The Sun Safety initiative recognizes those preschool and daycare facilities in BC that have instituted measures to help protect children from harmful exposure to the sun. As a key element of our Sun Safe Program, we issue "Sun Safe Facility" certificates to daycares and preschools that meet essential sun safety requirements.
- *Tobacco Education*

Programs & Services

TEAM is a document developed for use by non healthcare front-line workers who wish to assist tobacco users with cessation.

- *Community Outreach Events*

Languages Spoken

- English

BC Schizophrenia Society - Campbell River Branch

102-301 Dogwood Street, Campbell River, BC, V9W 6J3, P.O. Box 657

Phone: (250) 850-3059; Fax: (250) 850-3061

Email: crss@loudpipe.ca; Website: www.bcaa-campbellriverbranch.webs.com

President

- Marco Costa

Contact Person

- Michelle Stratford, Regional Coordinator

Programs Offered

- Strengthening Families Together held annually. This group is for the families of people with a mental illness. Please call the office for more information.

Population Served

- Friends and relatives of those with schizophrenia and other persistent, serious mental illnesses.

Languages Spoken

- English

Office Hours

- Friday 10am – 2pm

Wednesdays 10am – 2pm (except during Strengthening Families Together course when Wed. hours will be 1pm – 5pm)

Prevention Educational Leaders participate at health fairs and other community health educational events.

Behaviour Resource Team – School District 72: Student Services

740 Robron Rd, Campbell River, BC V9W 6J7 (Located in the Robron Centre)
Phone: (250) 286-4400 / Fax: (250) 286-6060

Contact Persons

Doe Shires: (250) 286-4400 Local 2261 BRT Teacher
Jennifer Hunt: (250) 286-4400 Local 2264 BRT Teacher

Mission Statement

- The Behaviour Resource Team, consisting of two Teachers and two Youth Care Workers, helps students who are experiencing difficulties within the school system because of issues regarding behaviour, absenteeism, or personal lifestyle.
- Team members offer direct service to students and work closely with school personnel to develop effective plans.
- Team members often work closely with other community based support services. Referrals to this team are made through the “School Based Team”.

Population Served

- Kindergarten – Grade 6

Languages Spoken

- English

Birthright of Campbell River

Office: Rm 211, 437 10th Avenue

Postal address: Box 316, station A, Campbell River, BC V9W 5B1

Phone: (250) 286-1712 / Fax: (250) 285-2468

Free hotline: 1-800-550-4900

Website: www.birthright.org

Contact Persons

- Katherine Knappett: 923-7919
- Barrie Calverley: 285-3087
- Reine Berns: 287-7638
- Lorraine Flynn: 287-3418

Operating Principles

- It is the right of every pregnant woman to give birth and the right of every child to be born.

Programs Offered

- Everything is free and confidential
- Pregnancy testing
- Pre-natal and post-natal information
- Friendship
- Baby and maternity clothing
- Sometimes help clients to get food and/or to find housing
- We provide whatever particular help the woman needs to bring her baby to birth and put her life back together.

Population Served

- Girls and women in need of any kind of support due to pregnancy

Hours

- Monday – Friday: 12 noon – 2:00pm (except holidays)

Languages Spoken

- English
- Dutch

Funding Sources

Fundraisers such as craft sales and baby bottle coin banks, hotdog sales plus private donations from churches and individuals

Campbell River Access Awareness Committee

401-11th Ave, Campbell River, B.C., V9W 4G2

Phone: (250)286-1161 (Judy)

Phone (250) 923-7779 (Beverley)

Fax: (250)830-0164

Email: judy.ridgway@campbellriver.ca
bevsblue@shaw.ca

Chairperson

- Beverley Gill

Mission Statement

- Creating an accessible Campbell River

Services Provided

- Making access recommendations to the City Mayor and Council
- Working to remove physical and attitudinal barriers to accessibility
- Promoting awareness of access issues in our community
- Working with businesses and concerned citizens to make the Campbell River area accessible to all
- Supporting projects that will create an accessible Campbell River

Population Served

- Persons who live with a disability
- Family members of persons who live with disabilities
- Interested persons who share the mission of the Campbell River Access Awareness Committee
- One representative from the City of Campbell River Parks, Recreation and Culture Department

Languages Spoken

- English

Hours

- Meetings once a month in an accessible location. Please call for meeting location and times. No meetings during July and August.

Campbell River and Area Multicultural and Immigrant Services Association

Robron Centre
A114 - 740 Robron Road
Campbell River, BC V9W 6J7
Website: www.crmisa.ca
E-mail: info@crmisa.ca

Executive Coordinator

- Rachel Blaney

Mission Statement

- To develop services and programs which provide an on-going opportunity for immigrants and their families to learn skills to adapt to Canadian society. These services cover language, cultural, settlement and practical issues.
- To sponsor opportunities to celebrate cultural diversity and learn about the issues of cultural acceptance.
- To network with and educationally support other agencies as they provide services to members of the multicultural community.

Programs Offered

- Drop-in and resource Centre with information in many languages
- Multicultural Settlement Worker
- Language interpretation and translation service
- Citizenship preparation
- Summer Recreation Access for Children and Youth
- Multicultural Women's Group
- English Conversation and Social Group for Immigrants 50 years+
- Multicultural men's soccer group
- Multicultural family place
- Volunteer Opportunities
- Resource lending library
- Community multicultural celebrations
- Annual Community Walk for the Elimination of Racism
- Youth for Diversity and Anti-Discrimination project

Population Served

- Refugee claimants
- First generation immigrants and their families
- Permanent resident applicants
- Foreign caregivers
- Community agencies seeking information and support to better serve their immigrant clients
- Individuals who have experienced racism
- Community members and agencies seeking anti-racism education.

Languages Spoken

- Vietnamese, French, Mandarin, Cantonese and English

Programs & Services

Hours

- Tuesday, Wednesday, and Thursday: 9:00am - 4:00pm

Funding Sources

- Ministry of Attorney General, Settlement and Multiculturalism Division
- Department of Canadian Heritage
- BC Lottery Corporation
- Citizenship and Immigration Canada
- BC Ministry of Public Safety & Solicitor General
- CR Community Foundation
- Affiliation of Multicultural Societies & Service Agencies of BC (AMSSA)
- Success by 6

Current Organizational Partnerships

- Family Place
- CR Parks and Recreation
- Active Living 50+ Program
- North Island Employment Foundations Society
- Carihi and Timberline Secondary Schools

Committees and Working Groups

- Employment Accessibility Committee for New Canadians
- Ministry for Children and Family Diversity Team
- Cedar School "Cedar Neighbourhood Initiative" Steering Committee
- Pinecrest Elementary School Community Link Program
- Building Blocks Advisory Committee
- Annual Walk Away from Racism Planning Committee
- Dialogue on Multiculturalism

Campbell River and District Adult Care Society

12-142 Larwood Road, Campbell River, BC V9W 1S2

Phone: (250) 923-0991

E-mail: cradult@telus.net

Administrator

- Pam Mann, RN

Mission Statement

- To restore our sense of dignity, reduce isolation, improve quality of life and to assist individuals to remain independent in the community.

Programs Offered

- Organized variety of therapeutic health, social and recreational programs
- Bus transportation to centre and outings
- Nutritional Hot lunch and snacks
- Daily social activities and entertainment
- Peer interaction
- Group exercise and mental stimulation
- Monitoring of medical conditions and medications
- Toileting feeding and mobility assistance
- RN support

Population Served

- Adults over 19 with chronic health problems (all complex healthcare problems) as well as seniors in the community

Languages Spoken

- English
- Punjabi and Hindi translations are available

Hours

- Monday – Friday: 8:00am – 3:30pm

Funding Sources

- Vancouver Island Health Authority

Campbell River and District Association for Community Living

- 1153 Greenwood Street, Campbell River, BC V9W 3C5
Phone: (250) 286-0391 / Fax: (250) 286-3732

Director

- Greg Hill

Mission Statement

- CRDACL empowers and supports individuals to lead enriched and fulfilling lives as respected members of their community.

Programs Offered

- Children Services
- Four Group Homes
- Supported Employment
- Leisure Centre
- Community Access Services
- Passages Day Program
- Nifty Thrifty
- Semi-independent Living
- Ironwood Place
- FASD Coordinator Services
- Sunrise Resources for Early Childhood Development
- Supported Child Development Program

Population Served

- Community at large.

Languages Spoken

- English

Hours

- Monday to Friday: 8:30am - 4:00pm

Funding Sources

- Ministry of Children and Family Development
- Community Living B.C.
- BC Housing
- Vancouver Island Health Authority

Campbell River and North Island Transition Society

Ann Elmore House

P.O. Box 548, Campbell River, BC V9W 5C1
Phone: (250) 287-7384 / Fax: (250) 286-6252
Help Line: (250) 286-3666 / 1-800-667-2188
E-mail: aeh@annelmorehouse.ca

Director

- Valery Puetz

Mission Statement

- The CR&NITS works, with a feminist perspective, to achieve a balance of power in society. We provide safe shelter and access to community-based resources for women and children.

Programs

Ann Elmore House

- Shelter for women and their children who are at risk of abuse, up to one month residency
- Outreach programs, including support groups and one on one counselling
- 24 Hour Help Line for support and crisis intervention
- Supportive recovery for women with addictions up to 28 days residency

Parenting Support

- Available for women caring for children who have been affected by abuse or violence in their home.
- Contact Bonnie: (250) 286 - 3666

Population Served

- Women and Children, all ages

Languages Spoken

- English

Hours

- 7 days a week, 24 hours a day

Funding Sources

- BC Housing
- Vancouver Island Health Authority
- Gaming (Bingo)
- United Way
- Fundraising

Programs & Services

Current Organizational Partnerships

- Prevention of Violence Against Women Week, International Women's Day, Take Back the Night March commemorated in partnership with CR Women's Centre, CR Family Services

Committees and Working Groups

- Relationship and Sexual Violence Response Committee
- CADAC
- CR Sexual Exploitation Action Team

Campbell River Beacon Club

684 A Island Hwy, Campbell River BC V9W 2C3

Phone: (250) 286-8828 / Fax: (250) 286-8879

E-mail: susan.messinger@shaw.ca

robyn.ellsworth@shaw.ca

frannie.wright@shaw.ca

Contact

- Susan Messinger – Administrator
- Robyn Ellsworth – Fundraising Coordinator
- Frannie Wright-Activity Coordinator

Mission Statement

- The Campbell River Beacon Clubhouse is a non-profit society; our mission is to help those with a chronic mental illness achieve their potential as valued members of our community.
- The Beacon Club is about participation and pride in what we can accomplish as a group. It is a place for those living with mental illness to get involved in creating a warm, welcoming and understanding environment where we can come to find friendship and support, as well as opportunities to share our talents and learn new skills.

Programs Offered

- Nutritional Meals (Tuesdays, Wednesdays, Fridays)
- BCSS Nutritional Learning Program every Wednesday
- Fit'n Fun Program (when funding permits)
- Clay Studio every Tuesday
- Computers (for member use only)
- Workshops (e.g. First Aid, Food Safe)
- Recreational events: bowling, swimming, movies, shuffleboard, ping pong, pool table, karaoke, outings, crafts etc.
- Volunteer Incentive Program (in-house program which requires members to volunteer in running the clubhouse)
- Special seasonal events (e.g. Christmas, Thanksgiving, Easter)

Population Served

- We provide adults who have chronic mental health issues and who may have concurrent addiction issues varied and meaningful opportunities to develop and enhance independent life skills.

Languages Spoken

- English

Hours

- Monday, Tuesday, Wednesday, Thursday: 11:00am – 4:00pm
- Friday: 11:00am – 7:00pm
- Saturday: 11:00am – 4:00pm

Programs & Services

Funding Sources

- Vancouver Island Health Authority
- Gaming-Bingo
- Gaming – Direct Access
- Strathcona Regional District
- Coastal Community Credit Union
- Fundraising Initiatives
- Community Donations

Fees

- Membership fees \$2.00 per year, renewal each September

Current Organizational Partnerships

- British Columbia Schizophrenia Society
- Campbell River Mental Health and Addiction Services
- Peer Support Program
- Practicum Students from Discovery Community College, Spratt Shaw community College and North Island College
- Community volunteers

Campbell River Community Literacy Association: Literacy for All

A121A Robron Centre, 740 Robron Road

Phone: (250) 923-1275

Website: www.literacyforall.ca

Email: info@literacyforall.ca

Facebook page: Campbell River Literacy Association

Contact Persons

- Julina Bastock - ESL Settlement Assistant Program Coordinator/Administrator
julinabastock@literacyforall.ca
(250) 923 - 1275
- Sherry Bujold - Adult Literacy Program Coordinator
sherry@literacyforall.ca
(250) 923 – 1275
- Kat Eddy - Outreach/Computer Literacy Coordinator
kateddy@literacyforall.ca
(250) 923 – 1275
(250) 830 - 3290

Who We Are

We are a registered non-profit society, whose mandate is to foster and promote literacy issues, and the importance of literacy in individual lives as well as society as a whole.

Programs Offered

We offer a variety of programs, all of which provide volunteer tutoring to individuals whose literacy skills are not fully developed. These include:

- ESL Settlement Assistance Program- Tutoring sessions are held Monday and Thursday evenings at the Robron Centre. This program offers learners support with reading, writing and speaking, as well as a place to connect with other people in the community.
- Adult Literacy Program -This community literacy program is designed for adults struggling with basic to mid level literacy challenges. Upon completion, adults are ready to enter other educational programs in pursuit of their personal goals.
- Computer Literacy Program - Basic computer training for people with little to no computer experience. This program provides access to computers and to most commonly used software programs.
- Community Outreach Program - The outreach program allows us to offer support and advocacy for your clients in pursuit of their individual literacy needs. Our goal is to raise awareness of the literacy challenges in the community.

Population Served

Our goal is to reach all individuals within the Campbell River area who have low literacy skills and wish to improve them.

Programs & Services

Languages Spoken

- English

Hours

- Monday – Thursday, 8:30am-3:30pm

Funding Sources

- Government Grants
- Community Fundraising events/donations – e.g. Annual scrabble tournament, and other small fundraising events

Campbell River Diabetes Education Center

Phone: (250) 850-2607

Fax: (250) 850-2618

Email: jacki.price@viha.ca

Contact Person

- Jacki Price, R.N., Certified Diabetes Educator

Director

- Pauline Melanson (250) 830-6988

Operational Principles

- Free medical assistance and information about self-management of Type 1 (children and adults), Type 2, and Gestational Diabetes.
- Doctor or health-care professional referrals preferred, but self-care referrals accepted.
- Provide information for people with pre-diabetes

Programs Offered

- Individual appointments and/or group sessions

Population Served

- Individuals of all ages

Languages Spoken

- English, but can access interpreters when needed (please let us know in advance).

Hours of Operation

- Monday to Friday, 8:30am to 4:15pm

Funding Sources

- VIHA

Current Organizational Partnerships

- VIHA
- Mental Health and Addiction Services
- Strathcona Gardens
- B.C. Children's Hospital

Campbell River Family Network

Phone: 250-923-8815

Email: crsuccessby6@gmail.com

Website: crfamilynetwork.ca

Contact Person

- Cheryl Jordan (Success By 6 Coordinator)

Mission Statement

We are a Network of coalitions working together to strengthen the capacity and commitment of the communities in the Campbell River Region to help our young children. Research shows that children do better when their families feel connected to their community. In turn, communities do better when their young children thrive. We have joined together to promote family friendly communities – neighborhood by neighborhood – throughout the region.

Vision Statement

Our community embraces a culture that works collaboratively to coordinate and optimize resources, imagination, and commitment toward the healthy development of all our children.

Our Goal

Our Campbell River Area Network aims to make the Campbell River Region a great place to raise a child by

- Making it easy for families to find services, programs and activities
- Helping neighbourhoods meet the needs of young children and their families
- Letting communities know: a child's first six years are critical

Languages Spoken

- English

Funding Sources

- Grants
- Success By 6 (United Way, Coastal Community Credit Union, MCFD)
- Local business supporters

Committees and Working Groups

The Campbell River Area Family Network includes the following coalitions:

- Aboriginal Infant
- Development Working Group
- Building Blocks Advisory Committee
- Child Care Planning Committee
- Early Childhood Development Table
- Success By 6 Community Council of Partners

Please note that as of February 2011 we were unable to update

Campbell River Family Services Society

- 487 10th Avenue, Campbell River, BC V9W 4E4
- Phone: (250) 287-2421 / Fax: (250) 287-4268
- Website: www.crfamilyservices.ca

Executive Director

- Camille Lagueux

Mission Statement

- Campbell River Family Services Society is a non-profit agency providing programs and service reflecting the changing needs in our community to enhance the well-being of all families and individuals.

Programs Offered

Early Years Services Team

- Pregnancy Outreach Program - assistance and support to high-risk pregnant women
- New Beginnings Program
- Triple P Parenting Programs for parents with children aged 2 – 8
- Creating Healthy Families
- Early Childhood Behavior Consultant Program
- Family Resource Program

Moms and infant/toddlers drop in:

- Tuesdays: 11:30am – 1:30pm Postnatal drop-in group for moms and infants. Education, resources and referrals.
- Thursdays: 11:30am – 1:30pm Creating Healthy Families drop in group for moms and toddlers aged 1 – 3. Education, resources and referrals.
- Fridays: 1130am – 1:30pm Interactive Play group for Moms and children aged 0 -5.

Parent Support Group

- In addition to support and brainstorming, the group includes education and skill building. Offered 6:30pm- 8:00pm on the last Thursday of each month. Meeting occurs in Family Services Office

Child and Family Services Team

- Child and Family Liaison Program (by MCFD referral only)
- Child, Youth and Family Development Program (by MCFD referral only)
- Group Works Program
- Parenting Hotline: parents can call to brainstorm about difficulties they are having. If problems require more than the occasional call, they will recommend you get connected with one of the services in town. This is not a crisis line, but they do try and call you back within 48hrs.

Specialized Services Team

- Behavioural Consultant for Caregivers- offers consultative and supportive services to foster parents
- Children Who Witness Abuse Program
- Community Based Victim Services – services to victims of family/sexual violence

Programs & Services

- Sexual Abuse Intervention Program- assessment and treatment services to children and adolescents who have been sexually abused
- Domestic Violence Response Project

Gold River Services

- Children Who Witness Abuse Program – 287-2421
- Police Based Victim Service Program – 283-7773

Population Served

- Children and families
- Young parents
- Foster parents
- Victims of crime

Hours

- Monday - Friday 8:30am-4:30pm
- Closed daily for lunch between 12:00pm -1:00pm
- Support groups, classes and counselling sessions offered evenings and weekends depending on client's needs

Languages Spoken

- English

Funding Sources

- MCFD
- Vancouver Island Health Authority (Mental Health and Public Health)
- Public Safety and Solicitor General
- Public Health Agency of Canada
- United Way Central and Northern Vancouver Island
- Fundraising

Current Organizational Partnerships

- Work with organizations on a day to day program delivery level and on some project specific (time limited) initiatives

Committees and Working Groups

- Numerous community inter-agency, advisory, steering committees

Campbell River Fetal Alcohol Spectrum Disorder (FASD) Community Action Network

101-301 Dogwood St. Campbell River

FASD Key Worker

- Mary Catherine Bellamy
Phone: (250) 286-0391 / Fax: (250) 286-3732
Cell phone : (250) 203-0488
E-mail: maryc.bellamy@cradacl.bc.ca

Operating Principles

- To provide an opportunity for networking and education about the topic of FASD
- To pursue opportunities for funding to support services for FASD in Campbell River
- To coordinate community based Psychology Assessments for children and youth suspected of having Fetal Alcohol Spectrum Disorder, Autism Spectrum Disorder, or other Complex Developmental Behavioural Conditions.
- To provide a Key Worker to assist and support families affected by FASD in meeting the complex needs of their children.
- To promote awareness and prevention of FASD and help the community develop services, knowledge and opportunities to better serve families affected by FASD.

Programs Offered

- Networking committee meets approximately 2 times per year:
 - Provides community education about FASD
 - Provides information and support when possible to individuals affected by FASD
 - Networks with island and provincial FASD groups
- A full time position coordinates the CDBC/FASD Services in the Campbell River Region for both Aboriginal and non-aboriginal families. As this position was created in the spring of 2006, programs and services are currently being developed to meet the needs of individuals and families impacted by FASD. Contact the Coordinator for current information or to express needs and concerns.
- Group for grandparents or extended family caring for children affected by FASD or neurodevelopment trauma. This group meets on Wednesdays from 10:00am – 11:30am at the Robron Centre in room A127. Drop-ins are ok!

Languages Spoken

- English

Current Organizational Partnerships

- This is a community networking committee with multiple partners including: School District 72, Public Health Nursing, North Island College, NIEFS, John Howard Society, Sunrise Early Intervention, Families, Foster and Adoptive Parents, Family Services, Laichwiltach Family Life Society, First Nations, Supported Child Care, Youth Probation, Child and Youth Mental Health, Physicians etc.

Campbell River Head Injury Support Society

1195 Fir Street, Campbell River BC, V9W 3B7

Phone: (250) 287-4323 / Fax: (250) 287-4323

E-mail: info@crhead.ca

Website: www.crhead.ca

Contact Persons

- Shelley or Bonnie

Executive Director

- Shelley Howard

Mission Statement

- The Campbell River Head Injury Support Society provides education, advocacy, support, and fellowship to brain injury survivors, their caregivers, families, and education to the general public about brain injury.

Programs Offered

Caregivers Group

- Every second Wednesday at 5:30 am – 7:30 pm. Discussion on brain injury symptoms, coping strategies, self care, community supports, etc.

Survivors Support Group:

- Every Wednesday at 10:00am – 11:30am. Discussion on head injury symptoms, such as anger management, memory problems, fatigue, budgeting, etc.

Computer Instruction

- Mondays, 10:30am – 11:30am. All levels of computer skills

Other Programs and Services

- Social Club and Mixed Group
- Advocacy
- Assistance with Doctors appointments / forms and application assistance
- Life skills Development
- Cooking and Preparation
- Dealing with Anger workshop
- Call for information on more programs.

Population Served

- Individuals, families, friends and community who are dealing with issues around brain injury

Languages Spoken

- English

Hours

- Monday – Thursday, 9:00am – 2:00pm

Programs and Services

Funding Sources

- Vancouver Island Health Authority (VIHA)
- United Way
- Donations
- Local Service Groups

Please note that as of February 2011 we were unable to update

Campbell River Home Support Seniors Home and Community Care

427 - 10th Avenue, Campbell River BC V9W 4E4

Phone: (250) 850-2144 / Fax: (250) 286-3254

E-mail: kim.bearchell@viha.ca

Community Service Coordinator

- Kim Bearchell

Mission Statement

- To optimize the responsiveness of resources available to as effectively meet the needs of the people we serve.

Programs Offered

- Home Support
- Friendly Connections Outreach
- Meals on Wheels

Population Served

- People, often but not limited to seniors, who require short term and/or ongoing assistance with personal care and respite.
- A person is assessed for eligibility for service through the Continuing Care Program.
- Meals on Wheels serve people who are housebound who are unable to obtain a nutritious meal.

Languages Spoken

- English

Hours

- Monday to Friday: 8:30am – 4:30pm

Funding Sources

- Government Funding
- Donations

Current Organizational Partnerships

- This organization is a part of the Vancouver Health Authority (VIHA)

Campbell River Hospice Society

104 - 301 Dogwood Street, Campbell River, BC V9W 2Y1

Phone: (250) 286-1121 / Fax: (250) 286-1195

Website: www.crhospice.org

Contact

- Julie Collis, office administrator
Email: Julie.collis@crhospice.org
- Iona Wharton, Community Coordinator
Email: iona.wharton@crhospice.org

Mission Statement

- The Campbell River Hospice Society exists to provide compassionate support and companionship to individuals facing death, their families and their friends, and to those grieving a loss due to death.

Programs Offered

We are a dynamic non-profit society that offers end-of-life companionship support and companionship to individuals who are facing death and their family and friends who are grieving a loss due to death. We offer bereavement (grief) support services to the people of Campbell River and surrounding area free of charge. These services include:

- Grief Counseling- available to adults, children and youths.
- One to one client support- Volunteers support individuals who are facing death, and their family and friends, recognizing that they too need to prepare for the death of someone they care love.
- Dedicated hospital visiting team- Volunteers visit in the hospital 4 days a week and on weekends upon request.
- Support groups for bereavement and widows and widowers.
- Drop in relaxation support group- designed to meet the needs of people living with cancer and their caregivers. It may also be helpful to others with chronic medical conditions or those who have recently experienced a loss.
- Life review program- we will assist an individual who is facing death in capturing their memories, thoughts and stories in a memorable keepsake for their family and friends.
- Library- our library is open to anyone in the community who would like to browse our collection of books, audio, videotapes and articles on a wide range of subjects around death and dying, living, caregiving, hospice care and bereavement.
- Sally Wellman memorial garden- located along the seawalk at the "rotary park" on the south island highway.
- Hospice Volunteer Training Program

Population Served

- All ages

Languages Spoken

- English

Programs & Services

Hours

- Office Hours: Monday – Friday: 9:00am – 3:00pm

Funding Sources

- The BC Gaming Commission, BC HYDRECS Community Growth Fund, Coastal Community Credit Union, Government Grants, Strathcona Regional District, Vancouver Island Health Authority (VIHA), public donations, and corporate and community sponsorship.

Campbell River Literacy Now

Phone: 250-923-6821

Email: anneboyd@telus.net

Website: www.literacyforall.ca

Contact Person(s)

- Anne Boyd

Director/Executive Director/Chairperson/Coordinator

- Anne Boyd – Literacy Outreach Coordinator.

Operational Principles/Mission Statement

- Campbell River Literacy Now is dedicated to providing quality inter-generational experiences to enable all citizens to reach their personal goals.
- We are a task force of interested people working to implement a community literacy plan. Our goal is to coordinate and support literacy in Campbell River.

Population Served

We serve any member of the community from birth to old age who want to improve their literacy skills.

Programs

Back Packs for Literacy – backpacks that are loaned to parents of young children through child learning centres

Adult Literacy Outreach Program – a mobile literacy program designed to reach out to youth and adults struggling with literacy issues

Organize Family Literacy Day for the community on Jan. 27 each year

Sponsor Books for Babies locally

Languages Spoken

- English

Funding Sources

- 2101 Legacies Now – Literacy Now
- Grants

Current Organizational Partnerships

- School District 72
- Campbell River Community Literacy Association
- Success by Six
- Altrusa
- Vancouver Island Regional Library

Programs & Services

- Salvation Army
- North Island College

Committees and Working Groups

- Task Force that meets monthly to plan and implement the community literacy plan

Campbell River Pride

Email: support@crpride.com

Website: www.crpride.com

Contact Person

- Leanne (250) 204-2821

Operational Principles

- Campbell River Pride is a professionally facilitated social/support group for Gay, Lesbian, Bisexual and Transgender individuals in Campbell River and surrounding areas.

Programs Offered

Campbell River GLBTQ Social/Support Group

- Meets 2nd and 4th Tuesday of each month from 6:00 – 8:00 pm at the John Howard Activity room, in the Community center. Confidentiality is respected and maintained. Meetings are now open to the public who are respectful of the GLBTQ population, and for those who are supportive, and may have questions that they would like us to answer. We support all age ranges and encourage youth to come and attend. Contact Leanne at (250) 204-2821 for more information.

Population Served

- Gay, Lesbian, Bisexual and Transgender individuals, their families and friends, and anyone affected by issues pertaining to sexual orientation or gender identity

Languages Spoken

- English

Funding Sources

- AIDS Vancouver Island (funds Campbell River Pride only)

Campbell River Service Canada Centre

101 - 950 Alder Street, Campbell River BC V9W 2P8

Phone: (250) 286-6212 / Fax: (250) 286-8347

E-mail: bcytprograminquiry@servicecanada.gc.ca

Website: <http://www1.servicecanada.gc.ca/cgi-bin/hr-display.cgi?rc=5920&ln=e>

Programs Offered

- Social Insurance Number Application
- Training and Learning – centralized through Victoria
- Student Employment Centre open mid-May to mid-August (phone # (250) 286-6212 ext 345)
- Employment Insurance
- Canada Pension Plan
- Old Age Security
- Pleasure Craft/Boat Licenses

Languages Spoken

- English

Hours

- Monday – Friday: 8:30am – 4:00pm

Funding Sources

- Federal government

Campbell River Volunteer Society

Mailing address: PO Box 983, Campbell River BC V9W 6Y4

Location: 301 St. Ann's Road, Lower Floor, Campbell River BC V9W 6Y4

(250) 287-8111 / Fax: (250) 287-9658

Website: www.volunteer-cr.ca

E-mail: mail@volunteer-cr.ca

Director

- Louise Howes, Volunteer Centre Coordinator

Mission Statement

- Campbell River Volunteer Society is dedicated to enhancing the quality of volunteerism by providing ongoing support and encouragement to individuals as they seek ways to become actively involved in our community and member agencies in their development and operation of effective volunteer programs.

Programs Offered

- Recruitment and Referral Service for Volunteers and Non-Profit Agencies
- TechEase technical support

Population Served

- Individuals of all ages and non-profit agencies

Languages Spoken

- English
- German and French (by office helper on Tuesdays)

Hours

- Monday to Thursday: 9:00am - 2:00pm

Funding Sources

- Bingo
- Fundraising events

Campbell River Women's Centre

A program of the Vancouver Island North Women's Resource Society (VINWRS)

1265A Ironwood St. Campbell River, BC V9W 5T4

Phone: (250) 287-3044 / Fax: (250) 287-3038

Website: www.vinwrs.ca

E-mail: womenscentre@shawcable.com

Coordinator

- Georgette Whitehead, RSW, MSW

Mission Statement

- To promote equality and respect for all people in our community through education, support, communication and empowerment of women in a safe and unique environment. To value women's history and celebrate our accomplishments.

Programs Offered

- Drop-In Centre coffee & tea
- Education and Information on such topics as: family violence, parenting, health issues, abusive relationships, legal issues, and human rights.
- Community and resource referrals
- Drop-in Peer Support by volunteers & crisis counseling by professional staff
- Personal Development Workshops and Groups
- Computer and Internet Access
- Faxing, Photocopying and Message Centre
- Book, Video and Reference Library
- Anti-Poverty Program – free women's clothing, personal care supplies
- Volunteer Opportunities\
- Women's wellness workshops
- Annual art workshops and show in February and March

Population Served

- Women of all ages and their children

Languages Spoken

- English

Hours

- Monday – Thursday: 10:00am – 3:00pm
- Closed Fridays, Weekends and Holidays

Funding Sources

- Province of BC, Gaming Policy and Enforcement, Community Gaming Grants
- Community Support/Donations
- Fundraising
- HRSD Canada- Homelessness Partnering Initiative
- United Way Member Agency

Programs and Services

Current Organizational Partnerships

- Various organizations throughout the year

Committees and Working Groups

- Campbell River Relationship and Sexual Violence Response Committee
- Campbell River Sexual Exploitation Action Team
- Community Alcohol and Drug Action Committee (CADAC)
- Social Planning
- ASAP
- Adult Interagency
- Campbell River Circle Interagency Group

Campbell River Young Parents' Program (CRYPP) Carihi's Infant and Toddler Centre

Street Address: 771 4th Avenue

Mailing Address: 1685 S. Dogwood Street, Campbell River BC V9W 8C1

Phone: (250) 286-1193 / Fax: (250) 286-1135

E-mail: caris@crnfp.net

Director

- Gwen Bennett – Coordination/Child Care
- Rudi Kreis/ Shelly Hollingshead – Education
- Hayley Classen/Stacey Nielson - Health
- Amanda Adams – Support and outreach

Mission Statement

- We believe that a strong partnership between each of the four components (Education, Health, Support, and Child Care) and the parents of the CRYPP is essential. This partnership creates an environment in which parents can meet the demands of day-to-day life while working towards their educational goals and brightening the future for themselves and their families.

Programs Offered

- *Childcare*: quality care for up to 24 children aged newborn to 36 months, including snacks, lunch and a cloth diaper service. There are also snacks and some meals for parents. Fees for children of qualifying young parents are paid in full by the MCFD Child Care Subsidy Program.
- *Education*: most young parents attend an alternate educational program at Carihi but may be attending another secondary school, Continuing Education or North Island College.
- *Support/Outreach*: workers in this program and guest speakers provide information, resources and assistance with transportation, housing, nutrition, relationships, etc.
- *Health*: a public health nurse conducts well-baby clinics and gives immunizations at least once a month. An Infant Development Consultant also visits the centre monthly.

Population Served

- Young parents and other community families
- 16 out of 24 spaces are prioritized for participants of CRYPP
- In order to access an enhanced child care subsidy to cover the cost of child care while working towards high school completion, the young parent must meet the Ministry for Children and Family Development criteria and have become a parent while he/she was less than 20 years of age.
- Services are offered to pregnant students and graduated students as they transition as they transition in and out of the CRYPP.

Languages Spoken

- English

Programs and Services

Hours

- Monday - Friday: 7:30am– 5:30pm open year-round with occasional closures.

Alternate Education Program (Flex) at Carihi Secondary

- Monday – Friday: 8:30am – 3:00pm

Funding Sources

- Child Care Subsidy Program
- Child Care Operating Funding Program
- MCFD Contract for Coordination and Support/Outreach worker

Current Organizational Partnerships

- Breastfeeding Friendly Initiative
- School District #72
- Forest Circle Society for Families
- John Howard Society
- Laichwiltach Family Life Society
- Vancouver Island Health Authority
- Infant Development Program (Sunrise Resources)
- Supported Child Development Program
- BC Council of families

Committees and Working Groups

- CRYPP Advisory Committee
- CR Child Care Planning Committee
- ECEBC Local Branch
- Vancouver Island Coalition of Young Parent Programs

Campbell River Youth Clinic

740 Robron Road, Campbell River. On the lower level inside Robron Centre

Phone: (250) 850-2110/ Fax: 250-287-2822

Website: www.cryouthclinic.ca

Contact Person

- Call Public Health at 250-850-2110 and ask to speak with a youth clinic nurse

Operational Principles/Mission Statement

- We envision a youth focused, youth friendly, youth clinic with important components of confidentiality, respectful treatment, integrated services, culturally appropriate care, free or low cost service and easy access.

Programs Offered

- Birth control at low cost, emergency contraception, STI testing/pap tests, pregnancy testing and counseling, and HPV & Hep B vaccines
- Privacy guaranteed, no appointment required and no adult permission needed

Population Served

- Any youth in the Campbell River and surrounding areas

Languages Spoken

- English

Hours of Operation

- Thursdays: 2:00-5:00pm

Current Organizational Partnerships

- Vancouver Island Health Authority (VIHA), Sexual Wellness and Support Society of Campbell River (SWAESOCR), and School District #72

Canadian Cancer Society, Campbell River Unit

Unit B - 1423 16th Avenue, Campbell River BC V9W 2E4

Phone: (250) 286-1955 / Fax: (250) 286-1722

E-mail: campbellriver@bc.cancer.ca

Directors

- Margaret Lagos
- Liz Williams
- Debbie Ross
- Jeanelle Fischer
- Linda Larzare

Contact Person

- Linda Lazare

Mission Statement

- The Canadian Cancer Society is a national, community-based organization of volunteers, whose mission is the eradication of cancer and the enhancement of quality of life of people living with cancer. The Canadian Cancer Society, in partnership with National Institute of Canada, achieves its mission through research, education, patient services, and advocacy for healthy public policy. These efforts are supported by volunteers and staff and funds raised in communities across Canada.

Programs Offered

- Breast Cancer Support Group gets together, multiple Myeloma Support group
- Transportation-Cancer Van to Victoria and local transportation to cancer related treatments
- Cancer Connection one-to-one peer support for Cancer Patients
- Camp Goodtimes
- Providing funds for research on a cure and preventions and supports the lodges
- Cancer information line at 1-888-939-3333, website www.cancer.ca
- Advocacy for healthy living policies to help in prevention
- Financial Support, money for travel, lodging, prescriptions
- Practical support, information, wigs, scarves and prosthesis.

Population Served

- People living with cancer
- Friends, Caregivers and Families
- General Public (Information and Education)
- Campbell River and North Island

Languages Spoken

- English

Hours

- September – June: Monday – Friday, 11:00am - 3:00pm
- July – August: Monday – Friday, 11:00am – 1:00pm

Funding Sources

- Donations
- Relay for Life
- Cops for Cancer

Current Organizational Partnerships

- BC Cancer Agencies
- National Cancer Institute of Canada
- Vancouver Island Lodge

Canadian Diabetes Association

Correspondence c/o Nanaimo Branch
255-2000 Island Highway North
Nanaimo, BC V9S 5W3
Phone (all branches): 1-800-BANTING (226-8464)
Email: info@diabetes.ca

Mission Statement

- To promote the health of Canadians through diabetes research, education, service, and advocacy.

Programs Offered

- Educational events
- Support meetings when advertised
- Exhibits
- Symposium
- Cooking for your life!

Population Served

- General Public, aged 18-80.

Languages Spoken

- English
- Chinese
- French

Hours

- When advertised in local papers.

Funding Sources

- Chinese Auction every October

Committees and Working Groups

- Volunteer Centre

City of Campbell River Recreation and Culture 50+ Active Living Programs

Community Centre: 401 – 11th Avenue, Campbell River, BC V9W 4G2
Phone: (250) 286-1161 / Fax: (250) 830-0164

Sportsplex: 1800 South Alder, Campbell River, BC.
Mailing address: 301 St. Ann's Road, Campbell River BC V9W 2C1
Phone: (250) 923-7911 / Fax: (250) 923-7921
E-mail: linda.moore@campbellriver.ca or judy.ridgway@campbellriver.ca

Parks, Recreation & Culture

- Michele Sirett - Supervisor (Community Centre)
- Ross Milnthorp - Manager (City Hall)

Contact Persons – Community Centre

- Linda Moore, Program Coordinator email: linda.moore@campbellriver.ca
- Judy Ridgway, Programmer email: judy.ridgway@campbellriver.ca

Mission Statement

* Vibrant * Healthy * Engaged * Recreation for all ages, stages and abilities *

Services Provided

50+ Active Living and integrate healthy activities into daily life. The department has accessible facilities for 50+ programs at the Community Centre, the Sportsplex and seasonally at Centennial Pool.

- Membership provides access to approximately 200 different activities per year that promote a lifestyle that values healthy living for the whole person - physically, mentally and socially.
- Activities are FREE if they are led by a volunteer member and programs have REDUCED FEES if they led by paid instructors.
- Membership is \$17 per person and is valid January to December, 2011.
- Non members are welcome and pay \$2 per visit to drop in activities. For instance, if they are under 50 years of age.
- 50+ Active Living Bulletin is available on the 4th Tuesday of the month at the Community Centre, Sportsplex, Strathcona Gardens and Sunshine Wellness Centre. Find news about trips, birthday parties, lunches, dances, crafts, sports, events, etc updated each month.
- Our recreation department is inclusive to persons of all ages, stages and abilities. We welcome everyone. Participants may be a young person or a person experiencing physical, financial or mental challenges. Recreation staff help to ensure a worthwhile experience for all, providing guidance, intervention and training as needed.
- Members are encouraged to volunteer as leaders, instructors and to help at fundraisers. There is something for everyone to contribute!
- All volunteers (an average of 200) are registered with the department and require a Criminal Record Check. Applications are available at the Community Centre and Sportsplex office.

Programs and Services

- Members who volunteer to be leaders are essential for the operation of FREE drop in activities. Many volunteers help out at special events, decorating, driving, cleaning up, writing cards and a host of behind the scenes support jobs.
- Members volunteer at fundraising events: Spring Plant & Jumble Sale, Fall Christmas Bazaar, Watercolour Painting Show and Sale, Pottery Show and Sale and the Annual Toy & Craft Show as well as on-going Quilt Sales, Knitting & Crochet Sales, Cookbook Sales and other fundraisers. They also donate baking, knitting, quilts and crafts, new items for Auctions and creations from pottery, painting and craft classes to the sales.
- Free drop in activities: Applique, Badminton, Birthday Parties, Bocce, Bridge, Carpet Bowling, Coffee Time, Crafts, Cribbage, Crochet & Knitting, Dance Practise with Partners, Deck Shuffleboard, ESL-English Second Language, Euchre, Hand Quilting, Liquid Embroidery, Mah Jong, Mexican Train Dominoes, Pickle Ball, Potluck Dinners, , Scrabble, Singles Bag Lunch, Stamp Club, Table Tennis, Tai Chi.
- Drop-in Programs with fees: Moving Up Fitness, Monthly Lunch Bunch, Seniors Fitness Consult, Sitting In Fitness, Slo-pitch, Saturday Night Dances, Trips, Tours
- Partnership contracts with VIHA to help provide access for Integrated Health Network clients in Recreation and Culture programs.
- Partnerships with community non-profit groups such as the Women's Centre to assist with 50+ Peer Counselling and Literacy Now to assist with Seniors Teaching Seniors Computer Literacy classes.

Population Served

- All adults aged 50 years and up. All abilities and interests.

Languages Spoken

- English
- Access to interpreters through Multicultural and Immigrant Services Association English Second Language Seniors Group and members with more than one language.

Hours

- Community Centre: Monday-Friday 8:30am – 4:00pm, closed Saturday & Sunday
- Sportsplex: Monday - Friday 8am-8pm, Saturday & Sunday 9am-3 pm
- Faculty can be open after hours for programs and events.

Funding Sources

- City of Campbell River Parks, Recreation and Culture Department
- Fundraising
- Donations
- Grants
- Membership Fees
- Drop in program fees

City of Campbell River Recreation & Culture - Youth

401 11th Avenue, Campbell River, BC V9W 4G2
Phone: (250) 286-1161 / Fax: (250) 830-0164

Recreation & Culture Supervisor

- Michele Sirett (Community Centre)

Contact Person

- Jan Sandholm (Community Centre)

Mission Statement

- Our goals are to provide a safe, social environment for youth to grow as individuals. We encourage participants to get involved with making decisions and planning activities.

Programs Offered

- Teen Centre Drop-In
- Full range of activities for all stages and abilities
- Seasonal recreation guides are available at many locations
- The “LIFE” program is available for anyone with financial barriers

Population Served

- Teen Centre for ages 13-18
- Other activities are for everyone

Languages Spoken

- English

Hours

- Teen Centre, Friday 7:00pm – 10:30pm FREE
- Office Hours, Monday – Friday: 8:30am - 4:30pm

Funding Sources

- City of Campbell River
- Occasional Fundraisers

Committees and Working Groups

- Access Awareness Committee
- Youth Advisory Committee
- Field User Group

Co-dependency Anonymous

Information Phone Line: (604) 515-5585

E-mail: Coda_Canada@cdrs.ca / Website: www.cdrs.ca

Programs Offered

- 12-Step group: Tranquill CoDA Group
- Mondays: 7:30pm, at the Trinity Presbyterian Church (145 Simms Road – Church Cottage)

Population Served

- Anybody with a relationship problem (not restricted to those with a substance-addicted partner or relative)

Languages Spoken

- English

Funding Sources

Self-funded

Please note that as of February 2011 we were unable to update

Community Alcohol and Drug Action Committee (C.A.D.A.C.)

(C.A.D.A.C. coordinator is based at the John Howard Society, 201-140A 10th Avenue, Campbell River, BC V9W 4E3, Phone: (250) 286-0611 / Fax: (250) 286-3650)

E-mail: crcadac@yahoo.ca

Website: www.cadac.ca

Chair

- Gus Papagiannis – 286-5652 (gus.papagiannis@rcmp-grc.gc.ca)

Mission Statement

- To work with our community to create a healthy social environment and strategic community response to prevent harm associated with alcohol and drug use in Campbell River.

Programs Offered

- Family Dinners – Community Kitchen (by referral- call Jaime @CR Family Services 287-2421)
- Marijuana Debate – Grade 10 Planning Students – by request

Population Served

- Community of Campbell River

Languages Spoken

- English

Funding Sources

- National Crime Prevention Center – Community Mobilization Program
- Ministry of Children and Family Development
- John Howard Society of North Island
- Campbell River Arts Council
- Success by 6
- Union of BC Municipalities
- City of Campbell River

Current Organisational Partnerships

- Sunrise resources
- John Howard Society of North Island
- Ministry of Child and Family Development
- N.I.A.D.A.S.
- Salvation Army
- City of Campbell River
- School District #72
- RCMP
- Mental Health and Addiction Services

Programs and Services

- Public Health
- KDC
- Second Chance Recovery
- Women's Resource Centre
- Delta Resources
- Arts Council

Community Living BC (CLBC)

#2 – 2231 South Island Highway, Campbell River, B.C. V9W 1C4

Mailing Address: #107 – 555 Fourth Street, Courtenay, BC V9N 1H3

Fax: (250) 334-1455

By Appointment Only - call (toll free) 1-877-334-1370

Website: www.communitylivingbc.ca

CLBC is a provincial Crown Agency that engages organizations, companies and individuals across British Columbia to strengthen employment, and create safe and welcoming communities for adults with developmental disabilities. CLBC staff are dedicated and concerned people who strive daily to support the need of adult individuals with developmental disabilities and their families. Individuals are eligible for CLBC services if they are over age 19, and have significantly impaired intellectual functioning that appears before age 18, and impairments in self-help skills. CLBC confirms eligibility through assessments by independent registered psychologists.

On January 31, 2010 a new regulatory amendment took effect expanding the eligibility criteria. The Personalized Supports Initiative (PSI) uses a comprehensive approach that assesses issues of significant limitations in adaptive functioning. Adults with both significant limitations in adaptive functioning and either a diagnosis of Fetal Alcohol Spectrum Disorder (FASD) or a diagnosis of a Pervasive Developmental Disorder (PDD) will be eligible to receive services through the PSI.

Programs & Services:

- CLBC staff provides information, advice and support in assisting eligible individuals to make connections in their community.
- CLBC funds supports and services that adults with developmental disabilities and their families can access through individualized funding, contracted service providers and other specialized support agencies.

Adult Services:

- Family support, including respite and homemaker services.
- Helping to find housing options that encourage independence while meeting a person's unique needs.
- Connections with community services, including assessment and consultation, to support individuals, families or caregivers.
- Community inclusion supports to help adults with developmental disabilities find work, and build social networks and life skills.

Languages Spoken

- English

Funding Source

- CLBC is a Crown Agency, operating under the Community Living Act, and governed by a Provincial Board of Directors.

Continuing Education

740 Robron Road, Campbell River, BC V9W 6J7

Phone: (250) 923-4918

Fax: (250) 923-4932

Email: coned@sd72.bc.ca

Website: www.continuing-education.ca

Programs Offered

- Continuing Education offers adults the opportunity to upgrade existing marks in grade 10-12 courses, complete requirements for high school graduation or complete prerequisite courses for entry into post-secondary training.
- Students can also take a variety of workshops designed to help improve computer proficiency, research, and other study skills.

Languages Spoken

- English

Hours

- The Centre is open Monday – Friday, 8:30 am to 3:30 pm, September to June

Funding Sources

- School District 72

Continuing Education Literacy Centre

740 Robron Road, Campbell River, BC V9W 6J7

Phone: (250) 923-4918

Fax: (250) 923-4932

Website: www.continuing-education.ca

Programs Offered

- Gives an opportunity for adults to improve their reading, writing, spelling, grammar and arithmetic skills, and take courses that will count towards the completion of a Dogwood Diploma.

Population Served

- Any adult who wishes to improve basic literacy, complete a high-school diploma, or upgrade skills in preparation to enter the workforce or a college program.

Languages Spoken

- English

Hours

- The Centre is open Monday – Thursday, 8:30 am to 12:30 pm

Funding Sources

- School District 72

Crisis Nurse (Campbell River Hospital Emergency Department)

375, 2nd Avenue, Campbell River, BC V9W 3V1
(250) 850-2647 / Fax: (250)850-2648

Programs Offered

- Provides crisis intervention and stabilization, nursing and clinical assessments, consultation and referral for clients presenting in person, by referral, or via the community crisis line.

Population Served

- Any person of any age who is experiencing a crisis

Languages Spoken

- English

Hours

- 360 Days: 9:30am-9:30pm

Funding Source

- Vancouver Island Health Authority

Drug Abuse Resistance Education (D.A.R.E.)

275 S. Dogwood Street, Campbell River, BC V9W 8C8

Phone: (250) 286-5652 / Fax: (250) 286-3983

Contact Person

- Gus Papagiannis, RCMP Drug and Organized Crime Awareness Service

Operating Principles

- D.A.R.E. is a prevention education program that provides a pro-active approach to a global substance abuse problem. It is a co-operative effort between the community, the schools and the police.

Programs Offered

The 10-lesson curriculum helps children to increase their self-esteem and provides them with the knowledge and skills to help them refuse drugs and resist violence. The D.A.R.E. instructors are carefully selected and specially trained, uniformed law enforcement officers. The D.A.R.E. curriculum focuses on providing children with the following:

- Accurate information about the effects of drug use and drug abuse
- Skills for recognizing and resisting pressure to experiment with tobacco, alcohol and other drugs
- Enhanced self-esteem
- Positive alternatives to substance use and violent behaviour
- Decision-making skills that help them realize the consequences of the choices they make
- Ability to use non-violent ways to deal with anger and disappointment
- Improved interpersonal and communication skills
- D.A.R.E. encourages a positive and healthy lifestyle among youth.

Population Served

- D.A.R.E. educates children at the crucial grade 5/6 level, which prepares them for entry into middle and high school, where they are most likely to encounter pressure to use drugs. D.A.R.E. curriculum has also been developed for students in middle and high school, and services as a beneficial follow-up or reinforcement of skills learned in the core D.A.R.E. program

Languages Spoken

- English

Funding Sources

- Community Donations

Elm Alternate School

In the Robron Centre:

740 Robron Road, Campbell River, BC V9W 6J7

Phone: (250) 923-4936

Email: elm.street@sd72.bc.ca

Website: <http://www.sd72.bc.ca/elmstreet>

Contact Person

- Gerry Wanderjagt

Programs Offered

- Gives an opportunity for young adults to obtain a Grade 10 or Grade 11/12 equivalency certificate at their own pace with full-time teachers available for assistance.

Population Served

- Any young person between 15 and 19 years old who is unable to meet their educational goals in a regular school environment.

Languages Spoken

- English

Hours

- Open from 8:00 am to 3:30, Monday through Thursdays, and Fridays from 8:00 – 12:00 during the school year
- Students come and go on their own schedules as long as they progress with their work and make their minimum hourly contracts

Funding Sources

- School District 72

Food Bank

1393 Marwalk (at 14th) (food door on 14th), Campbell River

Phone: (250) 286-3226

Administrators

- Anne and George Minosky

Programs Offered

- Registration: Population served must register with the Food Bank first, with identification (Driver's License or BC Care Card) and proof of address. Children must have a BC Care Card.
- Food distribution
- Drop-in soup, bread and butter Monday + Friday, 11:00am – 1:00pm.
-

Population Served

- People on limited income, hungry or in an emergency situation. The population served must live in the geographic region stretching from Oyster Bay to Sayward.

Languages Spoken

- English

Hours

- Monday - Friday: 11:00am – 1:00pm (drop in meals and registration)
- First 3 Wednesdays of the month: 12:00pm – 3:00pm (food distribution)
-

Funding Sources

- Public Donations
- BC Sharing Program
- Bingo
- Food from some of the stores

Foster Parent Support Services Society – Upper Island

#106-301 Dogwood Street, Campbell River, BC V9W 2Y1

Phone: (250) 286-0555 / Fax: (250) 286-0545

Website: www.fpsss.com or www.fosterhope.ca

E-mail: uicoordinator@shaw.ca

Upper Island Coordinator

- Judy Hollywood Bonnett

Mission Statement

- The FPSS Society is a Grass Roots organization committee to providing meaningful and accessible support, education and networking services which will continually enhance the skills and abilities of Foster Parents to deliver the best care possible to the children in their homes.

Programs Offered

Working cooperatively with the MCFD, Vancouver Island Foster Parents and community partners, the FPSS Society has the following services:

- Peer Support Groups
- Protocol Support Team
- Mentoring Program
- The Island Connection: Monthly newsletter for Foster Parents free of charge
- Area Coordinator: Assists Foster Parents obtain current and accurate information, provides support services including training opportunities and development to enhance skills
- On-going training
- B.C. Foster Care Education Program: consists of 14 modules which including topics on communication skills, effects of caregiving, child and youth development, attachment, separation and loss, child abuse and neglect, guiding behaviour of children and youth, substance misuse, cultural responsiveness, aboriginal children in care, FAS/FAE/NAS and suicide awareness.

Languages Spoken

- English

Hours

- Monday – Thursday: 9:00am – 1:30pm
- Closed weekend and statutory holidays

Funding Source

- Ministry of Children and Family Development

GT Hiring Solutions (2005) Inc.

#303 – 909 Island Highway, Campbell River BC V9W 2C2

Phone: (250) 286-4231 / Fax: (250) 830-1414

Website: www.gthiringsolutions.ca

Director

- Christine Stoneman

Contact Persons

- Susan
- Sheilagh
- Paul
- Joe

Mission Statement

- GT Hiring Solutions (2005) Inc. is a leading Canadian human resources company offering a wide array of programs and services to employers and job seekers.

Programs Offered

- Pre-Employment Services
- Job Search
- Post-Employment Support

Population Served

- Income Assistance recipients searching for a job.

Languages Spoken

- English

Hours

- Monday - Thursday: 8:30am – 4:30pm
- Friday: 8:30am – 11:30am
- Closed from 12:00pm – 1:00pm. Closed for Statutory Holidays and weekends.

Funding Sources

- Private corporation under contract from the Ministry of Housing and Social Development

Homalco Indian Band

1218 Bute Crescent, Campbell River, BC V9H 1G5
(250) 923-4979 / Fax: (250) 923-4987

Director

- Alison Trenholm

Contact Person

- Alison Trenholm

Programs Offered

- Drug and Alcohol Counselling
- Alcoholics Anonymous, Tuesdays: 8:00pm – 9:00pm
- Referrals to treatment
- Aftercare
- Preventative workshops

Population Served

- Homalco Community Members

Languages Spoken

- English
- Coast Salish

Hours

- Monday – Friday: 8:30am – 12, 1pm - 4:30pm

Current Organizational Partnerships

- Laichwiltach Family Life Society

Hope Outreach Society

#7-2240 Fearon Rd., Campbell River B.C. V9H-1C7

Phone: (250) 923-1426 or (250) 923-3186; Email: beaoleary@gmail.com

Contact Person

- Betty O'Leary, Director
- Denise Monaco, Director

Operational Principals

- To bring the necessities of life, ie. Food, clothing, blankets, outdoor living equipment for camps, toiletries and other needs.
- Education and support in navigating the social system
- Loving non-judgemental acceptance of peoples humanity and a celebration of life as our brothers and sisters in our family of life.

Programs Offered

- Support in attending court proceedings and A.A meetings
- Referral to those social agencies equipped to help with personal problems or addictions and housing.
- Health education and agency referral

Population Served

- All people of all ages, races and creeds who are homeless, living in poverty and those who are hungry.

Languages Spoken

- English

Hours of Operation

- Wednesday and Thursday: 2pm-3:30pm
- Mondays and Tuesdays at the same times due to income assistance week (behind the old Super Valu building in the Tyee Plaza).

Funding Sources

- Fundraisers, hotdog sales, bake sales and the kindness of private donations

Island JADE Society

#101-500 S. Dogwood St. Campbell River, BC V9W 6R4

Phone: (250) 830-1171 / Fax: (250) 830-1170

Toll free: 1-800-930-1171

Website: www.islandjadesociety.ca / Email: islandjade@telus.net

Director

- Sian Thomson

Staff

- Brenda Kobzey
- Heather Brownhill
- Paul Mason

Mission Statement

- The purpose of Island JADE Society is to promote the well being of people in crisis and improve the quality of life for those living in poverty.

Programs Offered

- Legal Advocacy: Provides legal information, support, referral, and representation in administrative law to low income and disadvantaged people in Campbell River. Assistance to people on income assistance, tenants, people with disability issues, those in debt, with small claims, or with pensions. Provide family law information and referral. No Workers Compensation Board or criminal law.
- Legal information, support, referral, accompaniment and representation at residential tenancy arbitrations, welfare tribunals, and other administrative hearings.
- Ongoing anti-poverty projects
- Courtenay Outreach– two day per week
- Homeless Outreach Project

Population Served

- Low income, disabled people, youth, seniors, singles and families.

Languages Spoken

- English

Hours

- Tuesday to Friday 9:00am – 4:30pm, by appointment
- Closed daily from 12:00pm – 1:00pm for lunch

Funding Sources

- Law Foundation of BC
- Gaming Association
- BC Housing

Committees and Working Groups

- Varies

The John Howard Society of North Island

201 - 140A 10th Avenue, Campbell River, BC V9W 4E3

Phone: (250) 286-0611/ Fax: (250) 286-3650

E-mail: mail@jhsni.bc.ca

Website: www.jhsni.bc.ca

Executive Director

- Wendy Richardson

Mission Statement

- To promote and foster safer and healthier communities by providing appropriate programs for rehabilitation, education, prevention and healing for those who need an opportunity to achieve, maintain or regain a balance within their community.

Youth and Family Programs Offered in Campbell River

Assessment and Treatment

- Youth Forensic Services: Psychological assessment and treatment for court-ordered youth and their families. Coordination of community treatment-release plans for young offenders.

Counselling and Support

- Caregiver Support Program: Provides support to foster parents referred by the Ministry of Children and Family Development.
- Youth Criminal Justice Act Family Support: Assists high-risk youth referred by probation officers and/or social workers to make healthier lifestyle choices through: short or long-term individual/family support, assessment and referral to other community agencies, advocacy, crisis intervention, case planning, and management.
- Youth/Parent Mediation: Provides crisis intervention, mediation, and conflict resolution to teens and their families, as well as parent education courses.
- Independent Living: Assists youth to explore options when they are living away from home. Provides advocacy, support, life skills, education, employment readiness, and counselling to youth living independently.
- Youth Alcohol and Drug Treatment: Alcohol and Drug treatment services for youth, offering assessment; individual, group and family counselling; and follow-up support.
- 180 Degrees Detox and Stabilization: Provides service to youth who are in the process of withdrawal from drugs and alcohol and require longer-term stabilization. When a youth has been identified as needing assistance, a safe, community based, and individualized withdrawal treatment plan is jointly determined by the youth, his/her caregivers, and the Withdrawal Management coordinator. Ongoing support is provided to youth, families, and other agencies.
- Youth Alcohol and Drug Outreach Support: Provides an outreach service (including after hours) for disenfranchised youth and/or their families requiring assistance with high risk behaviour, i.e. alcohol and/or drug use, high-risk street activities, and disconnection from school and family members. Objectives are improved family interaction, referral to local resources, reconnection to school, and harm reduction.
- Family Group Conferencing: Facilitates a shared decision-making process for families receiving child welfare services. The goal is for the family to develop a plan that provides for the care and support of the child or children.

Programs and Services

Development and Outreach

- Parenting Teens: a course that is put on by JHSNI based on the book *Positive Discipline for Teenagers*. A \$20 fee includes the cost of the book. Contact Leigh at (250) 286 - 0611

Intervention

- KidStart Volunteer Mentoring Program: A mentoring program for children and youth ages 6-18 that volunteers make possible with a 3-hour per week commitment. Mentors provide positive role modeling through a recreationally-based friendship.

Supervision

- Intensive Support and Supervision: Provides support and supervision to assist high risk youth referred by probation in developing healthy functioning in education, work, family and community settings.

Youth Full-Time Attendance

- Headstart Boys Program: Headstart is an alternative to custody program for male youth ages 14-18. This six-month long program is tailored to meet the needs of individual youth. While in the program, youth reside with Caregiver families who are contracted by JHSNI to provide ongoing positive support and supervision to youth. Headstart emphasizes life skills, academics, employment readiness and independent living readiness (where appropriate), coping skills, self-awareness, self-esteem, positive relationships, woodworking, crafts, media arts, music, physical exercise programs, and more. Youth have access to recreation and personal development opportunities after-hours and on weekends, as well. There are five spaces in the program and youth are supervised at all times. The program operates on a continual intake basis.
- Oasis Girls Program: Oasis is an alternative to custody program for female youth ages 14-18. This six-month long program is tailored to meet the needs of individual youth. While in Oasis, youth reside with Caregiver families who are contracted by JHSNI to provide ongoing support and supervision. The day program component of Oasis consists of life-management/psycho-educational programming, academics, counselling and support, employment readiness and independent living readiness (where appropriate), crafts, media arts, music, woodworking, physical exercise programs, and more. Youth have access to recreation and personal development opportunities after-hours and on weekends, as well. There are five spaces in the program and youth are supervised at all times. The program operates on a continual intake basis.

Adult Programs Offered in Campbell River

- Adult Forensic Programs: Treatment for provincially sentenced adult sex-offenders who attend by probation order or as a condition of parole. Counselling and support for mentally disordered offenders and those found not criminally responsible.

Other Services

- Restorative Justice: A voluntary process that brings together a young offender, the person harmed by the offence, their respective families & supporters, and relevant community members. The program is offered through a partnership between The John Howard Society of North Island, the RCMP, and the community.

Programs & Services

- Intake: Information, referral service, and immediate counselling is available to ex-offenders and families who approach the Society.

Population Served

- Youth, children, adults, and families with diverse needs.

Languages Spoken

- English

Hours

- Monday to Friday: 8:30am - 4:30pm
- Closed 12:00pm - 1:00pm each day for lunch

Funding Sources

- Ministry of Children and Family Development
- Ministry of Social Development
- Provincial Health Services Authority
- Vancouver Island Health Authority
- Donations and grants - private and corporate
- City of Campbell River
- BC Gaming Commission
- Fundraising events

Committees and Working Groups

- Varies

Junior Alternate Program

740 Robron Road, Campbell River, BC V9W 6J7

Phone: (250) 923- 4918

Contact

- Kate Gigiel

Programs Offered

- Supported schooling for students not able to attend other schools for a variety of reasons. Students in the Junior Alternate Program are often transitional, as they are on their way to or from a program for a temporary period of time, or are preparing to re-enter school. Students in the program are supported by the teacher, who provides both counseling and instruction.

Population Served

- Students who have been directed to attend because they are on long-term suspensions for school-related misbehavior; students who are chronically ill and unable to attend school; discouraged learners with school phobias, anxiety disorders, histories of social conflicts and deeply embedded defense mechanisms; and students who are mentally ill.

Languages Spoken

- English

Funding Sources

- School District 72

Kwakiutl District Council Health (KDC Health)

1400 A Drake Road, Campbell River, BC V9W 7K6

Phone: (250) 286-9766 / Toll free: 1-866-286-9766 / Fax: (250) 286-9713

Cape Mudge: (250) 285-3316 / Comox: (250) 339-6591/Quinsam: (250) 286-8064 / Fort

Rupert: (250) 949-6625

E-mail: admin@kdchealth.com

Health Director

- Phyllis Jorgensen

Vision Statement

- A community living in harmony (balance) with oneself and one's neighbour achieving a safe and holistic (addressing the physical, mental, emotional and spiritual) state of well being that includes embracing and celebrating community traditional beliefs and practices.

Mission Statement

- The mission statement is based on the traditional value and belief that our purpose in life is about "servitude" or "helping our people." In order for us to fulfill that role, it requires us, individually, to be the best leader that we can be, in order to truly be in the place of "helping our people." This is the cornerstone or foundation of our way of life – the potlatch. The mission statement is further based on the belief that we respect and honour people and deliver services and programs maintaining the dignity of the people we work with.

Programs Offered

Community Health Representative

- Meetings and workshops aimed at promoting health and preventing health problems
- Education for community members regarding: maintenance of wellness, communicable diseases, their causes and how to prevent them, maintaining a safe and healthy physical environment, environmental issues, mental health issues
- Education for groups and/or individuals of all ages regarding ways to achieve and maintain good health in the areas of: nutrition, dental hygiene, pre and post natal, parenting skills, accident prevention, stress management, growth and development for infants and children
- Home visits for elders, pre/post natal, people living with diabetes, arthritis, and other chronic illnesses
- Support, first aid and referrals for counselling at special community events such as funerals, cultural and recreational activities
- Referrals to appropriate programs

Home and Community Care Program

- Assessments
- Case Management
- Home care nursing
- Personal care
- Home support
- In home respite services

Programs and Services

Precious Beginnings Program

- A program based on mentoring of women at risk
- Mentors are well-connected to the communities and provide long-term support, practical assistance and advocacy for women who are making fundamental changes in their lives
- The program serves high-risk women using alcohol and/or drugs during pregnancy and their families
- Eligible women live in the KDC Member Nation communities of Kwakiutl, Mamalilikulla, Da'nanxda"Xw, We Wai Kum, Kwiakah, and Komox Nations

Community Health Nursing

- Infant and preschool immunization
- Immunization of Adults
- Yearly flu and pneumococcal immunization clinics
- Health promotion and disease prevention to the community
- Communicable disease prevention and follow up
- Emergency preparedness and disaster planning
- Community nutrition
- Prenatal education
- Head Start and school hearing and vision screening
- Regular checkups of well elders and well chronic disease clients

Clinical Counselling

- Individual therapy, Marital and family counselling, Parenting, Mediation and conflict resolution, Dealing with issues of abuse, Grief and loss recovery, Communication, Anger management, Domestic violence, Stress anxiety and depression, Alcohol and Drug counselling, Self Esteem, Personal growth, Educational classes

Community Counsellors

- Brief intervention and counselling
- Alcohol and drug counselling
- Screening and assessments
- Referrals to treatment centers
- Treatment follow up
- Support groups and workshops
- Education and information
- Community prevention
- Celebrating sobriety events

Nutrition Services

- "Healthy Eating Can Be Fun" Interactive nutritious lunch program offered in Band Daycare and Head Start
- Nutritious teachings and games – Band Daycare and Head Start
- Diabetes luncheon and workshops
- Youth workshops
- Diet analysis
- Nutrition resources
- Grocery store tours
- Community garden projects

Programs & Services

- Community kitchen projects
- Monthly workshops
- Individual client consultation (Diabetes, cholesterol, heart health, weight management, prenatal nutrition, arthritis, dietary supplements and gastrointestinal diseases)

Population Served

- Kwakiutl District Council member First Nations on reserve

Languages Spoken

- English

Hours

- Monday – Friday: 8:30am – 4:30pm

Funding Sources

- Health Canada

Current Organizational Partnerships

- Vancouver Island Health Authority
- Chiefs Health Committee
- Inter Tribal Health Authority
- Laichwiltach Family Life Society
- Community Health Associates of BC

Committees and Working Groups

- C.A.D.A.C.
- FASD Community Action Network Alcohol and Drug Network Committee
- Alcohol and Drug Network Committee

Please note that as of February 2011 we were unable to update

Laichwiltach Family Life Society

441 – 4th Avenue, Campbell River BC V9W 3W7

Phone: (250) 286-3430 / Toll free: 1-877-777-8222 / Fax: (250) 286-3483

E-mail: fils@shawbiz.ca

Executive Director/ Administrator

Audrey Wilson

Front Desk Receptionist

Carolin Laughington

Mission Statement

To empower and promote healing, in our communities from a First Nations perspective for all people of native ancestry in unity.

Programs

Q'wellyuw Head Start Program

Coordinator for AHS: Lorraine Kok 250 -286-3044

- A pre-school readiness program that emphasizes cultural heritage and supports our children's enhancement in the social, intellectual, physical and emotional development areas.
- Children must be 4 to 5 years old, fully toilet trained and of First Nations Ancestry
- Monday - Thursday: 9:00am - 11:00am (4 year olds)
- Monday - Thursday: 12:00pm - 2:30pm (4 and 5 year olds)

Little Fry Preschool

Coordinator: Corrine Sagmeister 250-286-3430

- Parent and Tot Program for parents and caregivers of children up to 6 years of age, Mondays: 10:00am – 12:30pm (light lunch provided) with Corrine & Nadine
- Baby Day Program for expecting parents and families with babies up to a year old, Tuesdays: 11:00am – 1:00pm with Corrine & Nadine
- Little Fry Preschool Program for registered children ages 3 and 4 years. Four days a week, Monday to Thursday
- Lending Library open 8:30-4:00
- Recreational activities and field trips
- Information on prenatal care and child health, development and safety issues
- Guest speakers, immunization clinics, development fairs
- Cultural activities, arts and crafts, stories, legends and nursery rhymes with parents and children
- Community Kitchen- runs Oct to May each year (watch for flyers)

Anger Management Program:

Counsellor: Josey Wells

Goal: To create a safe environment where individuals can be provided with information to develop the mind and explore their thoughts and feelings, combined with a cultural component.

Programs & Services

- One-on-one sessions (home or office) for individuals, families and youth, on or off reserve in the area
- Community outreach
- Interagency networking

Family Therapy

Therapist: Ronda MacKenzie-Cooper

- Counselling with the whole family
- Marriage counselling
- Counselling for parents and children
- Communication skills
- Conflict resolution

Empowering First Nations Youth in Unity

Counselor: C-Ann Deraiche

- One-on-One counselling
- Advocacy
- Drug and Alcohol Counselling and Education
- Peer/Elder Support
- Serving youth 13-25 of Native Ancestry
- Goal: To assist at-risk youth and their families to develop or obtain skills that will increase stability in their lives. The program will be strengths focused and will use traditional cultural approaches. The program is youth directed and provides a broad range of supports, including one-on-one support for youth and community outreach.

Family Support Program

Debbie Weir and Mandy Dixson McManus

- Supervised visits (full or semi) in co-operation with the family, foster parents and social worker; respecting and understanding traditional beliefs and needs of aboriginal families.
- Emergency childcare during case conferences or Laichwiltach appointments when other arrangements are not possible.
- Information on community resources, e.g. budgeting and housing
- Transportation to and from the Campbell River Food Bank. We leave Laichwiltach Family Life Society at 11:30am, for those who regularly attend programs, counseling or groups
- Liaison with MCFD, lawyers, doctors, etc
- Advocacy
- Family Outreach

Community Action Program for Children

Coordinator: Nadine Mcgee

- Goal: To have programs compatible for families with children who are looking for groups and activities such as: support and information related to child development, parenting, self care, communication and relationships
- Educational and activity sessions, Thursdays: 10:30am - 12:00pm

Creating Healthier Families Group

An open drop-in circle focusing on traditional child-rearing practices, providing support while breaking some of the negative generation cycles that began in residential school

Programs and Services

- Fridays: 11:00am - 12:30pm

Addictions Recovery Program

Addictions Recovery Counselor, Larry Kobyll

- One on one counselling
- Assessment and referral
- Aftercare planning and support
- Support group meetings, Wednesday nights: 7:00pm - 9:00pm

Trauma Recovery and Sexual Abuse Program

Counselor, Doreen Stobbe

- Steps to healing, "CERTS" for healthy, positive sexuality. One on one counseling for children and adults.

Rekindling the Spirit of Our Elders Program

Coordinator, Debbie Weir

Provide day program once week on Wednesday from 11:00 – 2:00

- Provide chair aerobics program Tuesdays 1:00 to 2:00 each week (In the summer program won't be running, watch for flyer. Thursday is swim day and crafts)
- Outreach support and services.

STV Outreach Program for Campbell River & Gold River

Campbell River outreach worker, Cindy Maxwell

Gold River outreach worker, Carol Donaldson

- Provides support to women & children
- Provides transportation to and from services e.g. transition house, court etc.
- Provides educational sessions in community
- Do referrals to agencies in the communities

This program is open to all women, not just aboriginal women

Aboriginal Infant Development Program Services

Coordinator: Corrine Sagmeister

AIDP Consultant, Lenora Grey and Karen Holmes

- Provides culturally sensitive support for Aboriginal families and infants who are at risk or have developmental delays.
- Provides services for children from birth to 5
- Home visits, group programs, educational programs
- Developmental screening and assessments
- Referrals
- Parenting support and education services
- Parenting programs
- Nutritional education

Aboriginal Supported Child Development

Consultant: Annette Vivier 250-287-4355

- Provides intervention and support in child care settings during the early stages of development.
- Enables children who require extra supports to be included in child care settings.

Programs & Services

- Provides services to children with developmental delays, including communication, speech and language delays, fine motor and gross motor delays, cognitive delays, and social/emotional/behavioural delays.
- Individual service planning, assistance with resources, support, consultation, training and service coordination.

Population Served

- All families of Native Ancestry – men, women, youth, elders
- Metis, Status and Non-Status Native Peoples and their families

Languages Spoken

- English

Hours

Monday to Friday: 8:30am - 4:30pm

Weekends and holiday - Closed

Funding Sources

- Federal
- Public Health Agency
- Province of BC
- VIHA
- Bands/Tribal Council
- Other Foundations

Current Organizational Partnerships

- School District #72 – Aboriginal Head Start Literacy Program for 4-5 year olds
- John Howard Society – Cedar School after-school program
- North Island College, Continuing Education
- Kwakiutl District Health Programs
- Cape Mudge Band
- Comox Band
- Mamalilikulla Qwe'qwa' Sot Em'Band
- Campbell River Family Services

Committees and Working Groups

- Community Visioning Committee
- Success by 6
- FASE Committee
- Supported Child Care Committee
- AIDP committee

Legal Aid

#101 – 500 S. Dogwood St, Campbell River, BC V9W 2C6

(Located in Mountain View Terrace across from Showcase 5 Movie Theatre

Phone: (250) 287-9521 / Fax: (250) 287-9529

Websites: www.lss.bc.ca, www.familylaw.lss.bc.ca

Director

- Douglas Marion

Programs Offered

- Information about legal problems
- Legal Services Society may be able to pay for a lawyer for you

Population Served

The Legal Services Society will pay for a legal aid lawyer for you if

- Your problem is covered by legal aid rules
- You have no other way of getting legal help
- You have very few assets and a low income (less than the limits set in the legal aid guidelines)

Languages Spoken

- English

Hours

- Monday: Campbell River Courthouse Intake (a.m.)
- Tuesday: Courtenay Office - 9:00am-11:00am and 1:00pm-3:00pm
- Wednesday: Campbell River Office - 9:00am-11:00am and 1:00pm-3:00pm
- Thursday: Courtenay Courthouse Intake (am); Courtenay Office - 1:00pm – 3:00pm
- Friday: Campbell River Office from 9:00am – 11:00 am and 1:00pm – 3:00pm

Intake Hours

- Wednesday: Campbell River Office: 9:00am – 11:00am, 1:00pm – 3:00pm
- Friday: Campbell River Office: 9:00am – 11:00am, 1:00pm – 3:00pm
- No Appointment needed
- Please bring
 - Proof of Income
 - Any papers you have been served with

Funding Sources

- Legal Services Society of BC

Current Organizational Partnerships

- Legal Services Society of BC contracts out to Legal Aid

M'akola Leasehold Housing Society

47A 300 Robron Road, Campbell River, BC V9W 5P2

Phone: (250) 923-4145 / Fax: (250) 923-2597

Website: www.makola.bc.ca

Executive Director

- Kevin Albers

Contact Person

- Pam Black (Regional Property Manager): (250) 923-4145

Operating Principles

- The purpose of the Society is to operate exclusively as a charitable organization in the acquisition and management of rental housing projects, primarily (but not exclusively) for low-income people of First Nations ancestry.

Population Served

- Families, Seniors, Handicapped persons of low income

Languages Spoken

- English

Hours

- Regular Hours: Monday – Thursday, 9:00am - 4:00pm
- Summer Hours (Until August 31, 2007): Monday – Thursday, 8:00am – 3:00pm

Mental Health and Addiction Services

207-1040 Shoppers Row, Campbell River, BC V9W 2C6

Phone: (250) 850-2620 / Fax: (250) 850-2464

Crisis Line: 1-888-3494-3888

Website: <http://www.viha.ca/mhas>

Contact Person

- Intake worker (250) 850-2820

Area Manager

- John Fitzgerald

Mission Statement

- To maintain and improve the health status of the people of the North Island through an innovative balance of health care and health promotion, prevention, and protection of the public's health.

Adult Mental Health & Addiction Services

- Assessment
- Treatment: individual, case management and/or group
- Referrals
- Psychiatric consultation
- Medication assessment & management
- Educational and therapeutic groups
- Individual and group counselling
- A range of psycho-social rehabilitation programs and services
- Residential Programs (Family Care Homes, subsidized housing)
- Family support
- Peer support
- Community education and consultation
- Community lending library

Population Served

- Adults or family members who are over 19 and up to 65 years of age with mental health or substance addiction concerns

Languages Spoken

- English
- Interpreters available upon request

Hours

- 8:30am - 4:30pm Monday to Friday – closed for lunch (12:00pm to 1:00pm)

Funding Sources

- Vancouver Island Health Authority

Programs & Services

Committees and Working Groups

- We work with a wide range of community, island-wide, provincial and federal groups, agencies and services. We welcome partnerships.

Methadone Clinic (Columbia Coast Medical Clinic)

P.O. Box 781, Stn A, Campbell River, BC V9W 6Y4

Phone: (250) 287-4822 / Fax: (250) 286-4522

Email: ccas@telus.net

Doctor: Dr. Margaret Jane Clelland

Counsellor: Carol Dwyer

Programs Offered

- Counselling
- Withdrawal
- Methadone Maintenance
- Long term pain assistance

Population Served

- Those addicted to opiates who want to stop using

Languages Spoken

- English

Hours

- Office: Monday – Friday: 10:00am – 3:00pm
- Various clinic days: call for times

Funding Sources

- Patients pay \$60 per month

Please note that as of February 2011 we were unable to update

Ministry of Children and Family Development – Child and Youth Mental Health

215-1180 Ironwood Road, Campbell River, BC V9W 5P7
Phone: (250) 830-6500 / Fax: (250) 286-7706

Management

- Curtis Cameron, Community Services Manager, Director of Practice
- Jeff Kizuk, Community Services Manager, Director of Operations
- Heather Simpson, Team Leader

Mission Statement

- MCFD envisions a province where vulnerable children and youth are healthy and safe in their families and communities; where children and youth, including those with special needs, are supported to achieve their full potential; and children, youth, and their families are served by accountable and responsive community-based service delivery systems.

Programs Offered

- Assessment, psychological testing and treatment and consultation
- Referral and liaison with other Mental Health services including child and adolescent psychiatry, pediatrics, Queen Alexandra Centre for Children, St. Joseph's Hospital and Maples Adolescent Treatment Centre and Mental Health and Addictions (adult)
- Quick Response/Suicide Prevention Clinician
- North Central Vancouver Island Aboriginal Outreach Program – located at Robron Centre (geographical area includes Campbell River and south to Courtenay/Comox)

Population Served

- Families, children, and youth ages 0-19 with significant mental health difficulties including: life threatening behaviour, depression, anxiety, thought disorders, psychosis and severe behaviour disorders.
- General school population – Prevention activities, presentations about anxiety and depression, and depression information and screening week.

Languages Spoken

- English

Hours

- Monday – Friday: 8:30am – 4:30pm

Funding Sources

- Provincial Government

Current Organizational Partnerships

- Campbell River Family Services Society
- School Psychologists/counsellors – School District #72
- Paediatricians and local physicians
- Mental Health and Addiction Services (adult)
- Transition House

Programs and Services

- John Howard Society
- Crisis Nurses/Hospitals
- Laichwiltach
- KDC
- Homalco Band
- Klahoose Band
- Queen Alexandra Centre for Children
- Maples Adolescent Treatment Centre
- Supported Child Development
- Social Workers (MCFD)
- Youth Probation
- BC Schizophrenia Society

Committees and Working Groups

- Campbell River Eating Disorders
- Community Alcohol and Drug Action Committee
- Children's Interagency Committee
- Advisory Committee for Sunrise Resources
- Early Intervention Youth Transition
- Agencies for Suicide Prevention (ASAP)
- Sunrise/Infant development program advisory
- Early Psychosis Intervention
- Complex Developmental Behavioural Conditions
- Success by Six
- Campbell River Sexual Exploitation Action Team
- Depression and Anxiety Education Screening Day
- Family Development Campbell River Screening Committee
- Behavioural Consultant Program
- Threat Assessment Committee
- Campbell River Crisis Services
- Early Childhood Behavioural Consultant Advisory Committee
- Aboriginal Health Advisory Committee
- Visioning groups: CAVE (Courtenay/Comox); CRAVE (Campbell River)

Ministry of Children and Family Development – Infant and Child Services

929 Ironwood Road, Campbell River, BC V9W 3E5
Phone: (250) 286-7542 / Fax: (250) 286-7557

Management

- Jeffery Kizuk, Community Services Manager
- Curtis Cameron, Practice manager, C.S.M
- Eileen Stevens, Aboriginal under 12 Team Leader
- Brenda Hanrahan, Non-Aboriginal under 12 Team Leader

Mission Statement

- The Ministry of Children and Family Development must ensure a child-centered, integrated approach that promotes and protects the health development of children and youth while recognizing their lifelong attachment to family.
- Communities and clients must be an integral part of the work of this Ministry.
- Quality assurance, accountability and openness are fundamental to its success.

Programs Offered

- Voluntary Family Support Services – Assessments and Referrals
- Protective Family Services/Family Development Response
- Infant and Child Services
- Child Protection
- Family Group Conferences

Population Served

- Families with children aged 0-12

Languages Spoken

- English

Hours

- Monday to Friday: 8:30am – 4:30pm
- Kids Helpline after hours: 310-1234

Funding Sources

- Provincial Government

Current Organizational Partnerships

Working from an Integrated Case Management Model, the Ministry works in partnership with various agencies and community members, such as

- Family Services Society
- Infant Development Program – Sunrise Resources
- Laichwiltach Family Services

Committees and Working Groups

- Respite Committee

- Multicultural Society
- CADAC

Ministry of Children and Family Development – Residential Resources, Child and Youth with special needs

929 Ironwood Road, Campbell River, BC V9W 3E5
Phone: (250) 286-7542 / Fax: (250) 286-7557

Management

- Curtis Cameron, Community Practice Manager
- Michelle Wywrot, Team Leader

Mission Statement

- The Ministry of Children and Family Development must ensure a child-centered, integrated approach that promotes and protects the health development of children and youth while recognizing their lifelong attachment to family.
- Communities and clients must be an integral part of the work of this Ministry.
- Quality assurance, accountability and openness are fundamental to its success.

Programs Offered

- Child and youth special needs services
- Foster home recruitment and support
- Guardianship

Population Served

- Families, children, and Youth ages 0 – 19
- Foster Families

Languages Spoken

- English

Hours

- Monday – Friday: 8:30am – 4:30pm
- Helpline for Children: 310-1234

Funding Sources

- Provincial Government

Current Organizational Partnerships

- John Howard Society of North Island
- Family Services Society
- Vancouver Island Foster Parent Support Services
- Community Living BC

Programs & Services

- Laichwiltach Family Life
- Many Nations
- N.T.C. – U.S.M.A

Ministry of Children and Family Development – Youth Services

215-1180 Ironwood Road, Campbell River, BC V9W 5P7
Phone: (250) 830-6500 / Fax: (250) 286-7706

Management

- Curtis Cameron, Community Services Manager, Director of Practice
- Jeff Kizuk, Community Services Manager, Director of Operations
- Patti Tooke, Team Leader

Mission Statement

- The Ministry of Children and Family Development must ensure a child-centered, integrated approach that promotes and protects the health development of children and youth while recognizing their lifelong attachment to family.
- Communities and clients must be an integral part of the work of this Ministry.
- Quality assurance, accountability and openness are fundamental to its success.

Programs Offered

- Family and Youth Support Services
- Protection Services for Youth/Family Development Response
- Probation and Youth supervision and support
- Guardianship
- Family Group Conference

Population Served

- Families and Youth ages 12 – 19
- Youth under the Criminal Justice Act

Languages Spoken

- English

Hours

- Monday – Friday: 8:30am – 4:30pm
- Helpline for Children: 310-1234

Funding Sources

- Provincial Government

Current Organizational Partnerships

- John Howard Society of North Island

Programs and Services

- Laichwiltach Family Life Society
- Campbell River Family Services
- School District #72
- Ministry of Social Development

Ministry of Social Development

833A, 14th Avenue, Campbell River, BC V9W 4H3

1-866-866-0800 / Fax: (250) 286-7712

Contact Persons

- Shirley Hutchings, Assistant Supervisor
- Maureen Boulter, Supervisor of Admin Support
- Tara Goodless-Mason, Supervisor

Mission Statement

- The Ministry of Social Development provides services that move people towards sustainable employment and assists individuals and families in need.

Programs Offered

- Employment and Assistance Benefits
- Employment and Assistance for Persons with Disabilities
- Family Maintenance Program
- Burials

Languages Spoken

- English
- French
- Local interpreters and MISA

Hours

- Monday – Friday: 9:00am – 4:00pm, except check days 8:30am – 4:30pm

Narcotics Anonymous

1-877-379-6652 (Pager)

Website: www.bcrna.ca

Operating Principles

- NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership: the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work (reprinted from the White Booklet Narcotics Anonymous).
- NA is not affiliated with any Church, Community Centre or other institution.

Programs Offered

12-Step self-help groups

- Monday Men's (Open Meeting): 7:00pm at 1381 Cedar St.
- Wednesday (Open Meeting): 7:30pm, at #207-1040 Shoppers Row (Mental Health and Addictions Office)
- Saturday Last Chance (Open Meeting): 7:00pm at 1381 Cedar St.
- Sunday Sharon & Care (Open Group): 7:30pm at # 310- 10th Ave Alano Club

Population Served

- Anyone who thinks they have a drug problem and has the desire to stop using.

Languages Spoken

- English

Funding Sources

- Fully self-supporting through Narcotics Anonymous members.

North Island Alcohol/Drug Information and Education Society (NADIS)

910C Island Highway, Campbell River, BC V9W 2C3

Phone: (250) 287-4771 / Fax: (250) 286-1936

E-mail: admin@nadis.ca

- Michelle Gunther: Administrator
- Carol-Ann Dwyer: President
- Blair McLean: Vice-President

Mission Statement

- NADIS provides information and resources to help people make informed choices regarding the use of alcohol and other drugs.

Programs Offered

- Extensive video/DVD lending library of substance abuse and recovery materials, available to the community at large
- Gather and provide new materials on substance abuse prevention and early intervention

Population Served

- School District #72 Grade 2 – 12
- Multiple Agencies within Campbell River
- Individuals and Families in the Community
- Communities from Port Hardy to Fanny Bay

Languages Spoken

- English

Hours

- Monday – Thursday: 10:00am – 4:00pm, except holidays
- Other times by appointment

Funding Sources

- United Way
- Gaming Revenue
- Community Clubs and Organizations
- Community Corporations
- Individual donations

Current Organizational Partnerships

- We actively cooperate with School District #72 to provide resources and materials for substance abuse prevention

Committees and Working Groups

- CADAC
- CRSEAT

Programs and Services

- Alcohol and Drug Resources Network
- Member of Alcohol and Drug Service Providers

North Island Employment - (NIEFS)

Campbell River

870C 13th Avenue, BC V9W 4H2

Phone: (250) 286-3441 / Fax: (250) 286-3447

Email: info@niefs.net

Port Hardy

PO Box 74, 129-8950 Granville Street, BC V0N 2P0

Phone (250) 949-5736/ Fax (250) 949-5797, Toll free: 1877 949 5736

Email: phinfo@niefs.net

Website: www.niefs.net

Director

- Doug Preston

Mission Statement

- To assist those in need with the development of skills that will enable them to find and hold employment in an ever-changing world.

Programs Offered in Campbell River and Port Hardy

- Employment services to assist North Islanders to develop a plan, the skills and supports they need to get back to work or enter the workforce
- Employment Counselling and workshops
- Drop-in Work Support Centre and internet computer lab
- Assist with attaining work experience and training supports
- Online Employment Services for remote communities on North Vancouver Island & Bella Bella
- Training Supports for Service Canada clients
- Administers Ministry of Social Development skills development training for the communities of Campbell River, the North Island, Courtenay, Port Alberni, Powell River and Bella Bella.
- Skills Connect Employment program for recent immigrants
- Small Business & Employee Training incentive program

Population Served

- Unemployed or Under-employed Canadians who reside in Campbell River or on the North Island.

Languages Spoken

- English
- 2 staff are fluent in French

Hours

- Monday – Friday: 8:30am – 4:30pm

Funding Sources

- Service Canada

Programs and Services

- Province of British Columbia
- NIEFS also provides services for Worksafe BC, GT Hiring Solutions & ASPECT

Current Organizational Partnerships

- NIEFS has multiple partnerships with community economic development organizations, educational organizations, social service organizations, First Nations organizations and employment organizations in Campbell River and throughout Vancouver Island.

North Island Family Justice Centre (Ministry of Attorney General)

128 – 1180 Ironwood Street, Campbell River, BC V9W 5P7

Phone: (250) 286-7527 / Fax: (250) 286-7708

Campbell River Toll free: 1-800-757-9406; Courtenay Toll free: 1-800-371-0799

Contact Person

- Tony Walsh, Certified FRM (FMC), Family Justice Counsellor

Programs Offered

Under Section 3 of the Family Relations Act

- Mediation, legal information and general support to adults who are separated or divorced and have children together
- Custody, guardianship, access, child support and small and simple property to a maximum of \$25,000

Other Services

- Mandatory Parenting after separation classes (if applying under the family relations act). These courses occur frequently throughout the year.
- Information on the impact of separation and divorce on children, strategies on helping the family adjust, effective ways to communicate and solve problems, information on the child support guidelines and on strategies to resolving disputes, e.g. through mediation.

Population Served

- Adults who are separated or divorced and have children

Languages Spoken

- English

Hours

- Tuesday and Wednesday, 8:30 – 4:30pm.
- Monday, Thursday and Friday, 8:30-4:30pm in Courtenay

North Island Regional Eating Disorders Program

207-1040 Shoppers Row, Campbell River, BC V9W 2C6

615 10th Street, Courtenay BC,

Phone: (250) 850-2620 / Fax: (250) 286-2464

Director/Manager

- Pat Foster RN MSN

Contacts

- Margaret Loach, BA Counsellor (Campbell River Office)
(250) 850-2620 E-mail: margaret.loach@viha.ca
- Lynn Redenbach, RPN, MA, RCC (Coordinator, Comox Valley)
(250) 331- 8504 ext 38119 E-mail: lynn.redenbach@viha.ca
- Roberta Lineken, RDN Nutritionist (Comox Valley)
(250) 331- 8504 ext 38131 E-mail: roberta.lineken@viha.ca

Operational Principles

- Client-centered
- Regional clinical support and resource coordination
- Shared case management between community agencies and professional teams

Programs Offered

- Individual therapy for adults experiencing eating disorders
- Support for parents and youth experiencing eating disorders (Campbell River only)
- Education and therapy groups including: Binge eating group, Compulsive eating group, and Anorexia/Bulimia group
- Nutrition counseling and support for youth and adults (Courtenay only)
- Community development, early intervention, and prevention initiatives

Population Served

- Youth and adults
- Families affected by disordered eating

Languages Spoken

- English

Hours

- Mondays and Wednesdays, alternate Tuesdays (Campbell River office)
- Tuesdays, Wednesdays, Thursdays and alternate Fridays (Courtenay office)

Funding Sources

- Comox Valley Nursing Centre, Primary Health Care/ Chronic Disease Management (Vancouver Island Health Authority); Ministry for Children and Family Development

Current Organizational Partnerships

- Rural and Remote Eating Disorder Committee
- Island Networkers

North Island Supportive Recovery Society “Second Chance”

647 Birch Street, Campbell River BC V9W 2T2

Mailing Address: P.O. Box 996 Station A, Campbell River BC V9W 6Y4

Phone: (250) 830-1103 / Fax: (250) 830-1175

Director

- Tessera Brooks

Mission Statement

- To provide safe, supportive service to men in crisis from misuse of alcohol & drugs.
- To be welcoming of all who come through our doors, treating each person with dignity.

Programs Offered

- (4) Crisis Stabilization Beds / referral by Crisis Nurses at C R hospital
- (6) Supportive Recovery beds / referral by Mental Health & Addictions
- Individual & group peer counselling
- Life skills training / outings
- Client Resource program / Aftercare Planning
- Two instructive programs daily for clients
- Monday morning co-dependency group attended at mental health and addictions services

Population Served

- Men, ages 18 and up

Languages Spoken

- English

Hours

- 24 hours a day, 7 days a week

Funding Sources

- Ministry of Health
- Vancouver Island Health Authority
- United Way
- Gaming (Bingo)
- Fundraising

Current Organizational Partnerships

- CADAC
- Interagency Services
- A&D Networking
- Crisis Services Steering Committee
- M.D.O. Meeting

North Island Survivors' Healing Society

Counselling Centre for Adults Affected by Abuse
625D 11th Avenue, Campbell River BC V9W 4G5
Phone: (250) 287-3325 / Fax: (250) 287-3397
Website: www.nishs.ca
E-mail: contact@nishs.ca

Executive Director

- Janet Carmichael

Mission Statement

- The North Island Survivors' Healing Society offers professional counselling programs and services for adults affected by abuse, who are residents of Campbell River and the surrounding area.

Programs Offered

- Addictions integrated counselling
- Men's individual counselling
- Women's individual counselling
- Facilitated groups and workshops

Population Served

- Adults (19+)

Languages Spoken

- English

Hours

- Monday – Friday: 9:00am – 4:30pm, by appointment.
- Some evening appointments available

Funding Sources

- Province of British Columbia
- Memberships
- Fundraising initiatives
- Private donations
- United Way

Current Organizational Partnerships

- Relationship and Sexual Violence Response Committee
- Pier Street Market Association

Opportunities Career Services Society

#101-300 St. Ann's Road

Phone: (250) 286-3436 / Fax: (250) 286-0400

Executive Director

- Rene Quintin

Goals

- To increase our clients potential for success and achievement of their career/work goals through individual employment coaching and group workshops
- To assist and support employers in talent recruitment and retention
- To provide short term, temporary employee assistance

Programs Offered

- Service delivery of targeted initiatives for older workers for the Ministry of Advanced Education and Labour Market Development
- Individual employment and career coaching for assistance with job search, career decision-making and employment maintenance
- Workshops for the public and business on H.R. issues, employment maintenance, team work etc.
- Service delivery in Campbell River of the Community Assistance Program for the Ministry of Social Development (CAP Program)
- Lead role in partnership initiative for the region through the Coastal Employment Network to provide administration of provincial government programs.
- Service delivery of targeted initiatives for older workers
- JobOptionsBC- targeted at people who are not eligible for EI, and who are not in school that need help with resume building and job preparedness. It is a 10 week program.
- Individual services:
 - Career Coaching – to help clarify your career direction, decide on a educational path, or navigate career transition
 - Resumes – for those who find writing a resume challenging

Population Served

- Individuals employed in the community that are looking at seeking other employment, education, and or career change
- Businesses who would like to expand on skills to manage issues related to hiring and facilitating employee satisfaction and growth in the work place
- Unemployed mature workers 55-65 of age.

Languages Spoken

- English

Hours

- Monday – Thursday: 8:30am – 4:30pm
- Friday 3:30 - 4:00pm

Programs and Services

Funding Sources

- Fee for Service, provincial government, Federal Government,

Current Organizational Partnerships

- Opportunities Career Services is the lead proponent in the Coastal Employment Network, which currently holds the provincially funded contract for Community Assistance Program services in Campbell River, Courtenay, Port Hardy, Powell River, and Port Alberni

Options for Sexual Health

Upper Island Health Unit (Tyee Plaza, second floor)
#200 - 1100 Island Highway, Campbell River, BC V9W 8C6

Provincial Office Phone: (604) 731-4252 Fax: (604) 731-4698
Sex Sense Line: 1-800-739-7367 (Monday to Friday, 9:00am – 9:00pm)
Drop in Clinic : (250) 830-7603

Website: www.optionsforsexualhealth.org
www.wontgetweird.com

Operating Principles

- A non-profit society that supports healthy sexuality, its diversity of expression and a positive sexual self-image for individuals throughout life.

Clinic Services Provided

- Staffed by nurses, doctors and trained volunteers
- Non-judgmental birth control counselling and supplies
- Sexually transmitted infection (STI) and PAP testing
- Pregnancy testing and options counselling
- General sexual health information and referrals

Sex Sense Line

- A toll-free, confidential, non-judgmental telephone service providing information and referral on contraception, sexually transmitted infections (STIs), pregnancy and pregnancy options (including parenting, adoption and abortion information), sexual assault, sexual orientation, and anything to do with sexuality.
- Hours are 9:00am to 9:00pm, Monday to Friday.

Population Served

- Women and Men of all ages

Languages Spoken

- English

Hours

- Tuesdays, 7:00pm – 9:00pm (Drop-in Clinic – no appointment necessary)

Public Health Nursing, Vancouver Island Health Authority (VIHA) North

#200 - 1100 Island Hwy, Campbell River, BC V9W 8C6

Phone: (250) 850-2110 / Fax: (250) 287-2822

Website: www.viha.ca

Coordinator

- Linda Carlson, Public Health Nursing coordinator

Programs Offered

- prenatal classes, pre- and post-natal support for families, breastfeeding support, postpartum depression screening and support, infant early hearing screening, growth and development screening.
- Triple parenting classes, infant, school age, and adult immunizations. Kindergarten vision and hearing screening, communicable disease follow up, youth clinic services: Including birth control, pregnancy testing, sexually transmitted infections (STI) testing and treatment.

Population Served

- Campbell River and area – South to Oyster River; North to Sayward; West to Strathcona Park; Quadra, Cortes and Read Islands.

Languages Spoken

- English
- translators are available upon request (through MISA)

Hours

- Monday – Friday: 8:30am – 4:30pm

Funding Sources

- Ministry of Health

Committees and Working Groups

- Early Childhood Development
- Success by Six Council of Partners
- Perinatal Advisory
- Triple P
- Youth Clinic Advisory
- Social Planning
- Aboriginal Working Group
- Street Reach
- Cari's Daycare Advisory
- Active Campbell River
- Sunrise Resources

Robron Centre

740 Robron Road, Campbell River, BC V9W 6J7

Phone: (250) 923-4918

Fax: (250) 923-4932

Website: <http://www.sd72.bc.ca/robron/Welcome.html>

Robron Centre houses a combination of School District 72 programs, private training centres and other community programs.

School District 72 Programs Offered

- **eBlend: A home-schooling program:** The eBlend program offers learning opportunities and support for parents and students that will help them develop an effective home-schooling program from grades k-9. The eBlend program offers a variety of services, including in-school support, weekly interactive days, online courses, and personal contact with teachers. For more information, contact Roy Brooks, district principal of Robron Centre at (250) 923-4918.
- **Alternate Programs:**
 - **Elm Alternate School** offers young people aged 15-19 an opportunity to obtain a Grade 10 or Grade 12 equivalency certificate, or a high school diploma. Elm Alternate School offers flexible programming; students may start at any time during the school year and leave when they have completed the program. For more information on Elm Alternate School, call the school at (250) 923-4936.
 - **Jr. Alternate School** is a full time program for students in grades 8-9. Students are expected to attend regularly and can enter at the beginning of the four semesters (September, November, February, April).
 - **Sr. Alternate School** is a full time program for students in grades 10-12 who are working towards their dogwood or SCC. Students are expected to attend regularly and can enter at the beginning of the four semesters.
- **Laichwiltach Learning Program:** This is a full time program offered to First Nations Students in grade 10-12 who would like to work towards their dogwood. This program has a First Nations cultural component and combines academics, life skills, and community services. Students can enter the program approximately 4 times per year.
- **Continuing Education:** The Continuing Education program is open to adults (16+) who wish to upgrade skills, improve basic literacy, complete a high school diploma, or meet prerequisites for post-secondary programs. Also offers courses to learners at a distance. For more information on Continuing Education, contact the Continuing Education office at (250) 923-4918.
- **Literacy Centre:** This is a flexible study for adults and students not currently in school (16+) who wish to improve basic literacy skills. This is an extension of the Continuing education Program, and it can be used to improve skills prior to taking a high school course.

Languages Spoken

- English

Funding Sources

- School District 72

Salvation Army Community and Family Services

c/o Ocean Crest Community Church
291 McLean Street, Campbell River, BC V9W 2M4
Phone: (250) 287-3720 / Fax: (250) 287-3729

Light house Case Worker

Christine Mitchell -287-1440
chris.lighthouse@gmail.com

Family Services Appointments

Betty Tiede- 287-3720

Community Ministries Director

Doug McGillis- 287-3720
doug.mcgillis@gmail.com

Programs Offered

- Emergency assistance with food, shelter, clothing, and household items
- Transportation to A & D treatment facilities if not covered by another agency

Population Served

- Those in need of emergency assistance, a safe and friendly place to be at mid-day for a hot meal.
- Those needing referral assistance for A&D treatment.

Languages Spoken

- English

Hours

- *Family Services:* at 291 McLean, **Monday, Wednesday and Friday, 9:30 am – 12:00 pm** by appointment only.

Funding Sources

- Christmas Kettle Program
- Proceeds from thrift stores.
- Individual donations throughout the year.
- Golf tournament

Committees and Working Groups

- Interagency meeting

Salvation Army – Evergreen House

690 Evergreen Road, Campbell River, BC V9W 3R8

Phone: (250) 287-3791 / Fax: (250) 287-2885

E-mail: sashelter@crnfp.net

Director

- Wendy Tyrer

Operational Principles

The Salvation Army exists to share the love of Jesus Christ, meet human needs and be a transforming influence in the communities of our world.

Programs Offered

- Emergency shelter: Food, clothing, and safety for a maximum based on individual circumstances. 24 hours.
- Evergreen Apartments: 2nd stage housing for men and women completing treatment.
- Crisis Stabilization Beds for women (Referral made only through CR Hospital crisis nurse): Women who are experiencing crisis and/or withdrawal from alcohol and/or other drugs.
- Sandwich program:
 - Sandwich van every day from 6:45pm – 8:00pm.

Population Served

- Women, Men and Families

Languages Spoken

- English

Hours

- 24 hours

Funding Sources

- BC Housing
- Community Donations
- Vancouver Island Health Authority

Current Organizational Partnerships

- Campbell River Hospital
- Mental Health and Addictions
- Campbell River Community Corrections
- Ministry of Social Housing and Development
- RCMP

Committees and Working Groups

- CADAC
- Active Campbell River
- ASAP Agencies for Suicide Awareness and Prevention
- CR Education and Practice Working Group

Programs and Services

- Crime-Free Multi Housing
- Campbell River Relationship and Sexual Violence Relapse Committee
- Literacy Now
- Upper Island Addiction Services Area Meeting

Please note that as of February 2011 we were unable to update

Salvation Army Lighthouse Center

1381 Cedar St, Campbell River BC

Phone: (250) 287-4630

Fax: (250) 287-2885

Email: chris.lighthouse@gmail.com

Contact Person

- Christine Mitchell

Coordinator/Director

- Doug McGillis

Operational Principles/Mission Statement

- The Salvation Army exists to share the love of Jesus Christ, meet human needs and be a transforming influence in the communities of our world. In partnership with a caring community, the Lighthouse Centre seeks to connect with people by offering a nutritious meal, pastoral counselling and life changing programs.

Programs Offered

- Emergency assistance with clothing
- Hot lunch
- A&D treatment referrals
- Showers (15min each – towel and soap provided)
- Treatment transportation when not covered by other agencies
- Medical program with nurses from various agencies
- James Club for those seeking Christ-centered recovery support
- Evening 12-step program meetings
- Hair cuts
- Help in filling out government documents and forms
- Volunteer Income Tax Program

Population Served

- Those in need of emergency assistance, a safe and friendly place to be at mid –day for a hot meal.
- No requirement for admittance. All welcome.

Languages Spoken

- English

Hours of Operation

- Hot Lunch Program, Medical Program, Haircuts and Showers: Monday – Friday, 11:30am – 1:30pm
- A&D treatment referrals and help with government documents and forms: Monday – Friday 11:30 am – 3:30 pm.
- James Club: Fridays 2:00pm – 3:30 pm.
- 12 Step Meetings: Monday, Thursday and Saturday 7:00 pm – 8:30 pm.
- Income Tax Program 11:30am – 1:30pm February – April.

Funding Sources

Programs and Services

- Thrift Store Revenues
- Community donations
- Literacy Now
- Christmas Kettle Campaign
- Red Shield Appeal

Current Organizational Partnerships

- Literacy Now
- Rotary Club
- Vancouver Island Health Authority
- Public Health
- Narcotics Anonymous
- Altrusa Club

Committees and Working Groups

- Campbell River Relationship & Sexual Violence Response Committee
- CR Outreach Steering Committee
- Ocean Crest Community Ministries Management Team

Salvation Army Family Thrift Store & New Beginnings Boutique

Salvation Army Thrift Store: 100-1100 Homewood Road, Campbell River, BC V9W 3N7
Phone: (250) 286-3010

New Beginnings Boutique
201-2266 South Island Hwy.
Willow Point
923-1621

Director

- Doug McGillis

Supervisors

- Angela Benoit and Doug McGillis

Operating Principles

- To provide a source of low cost goods and clothing to the community.
- To provide employment and volunteer opportunities.
- To enhance and further ministry goals through the provision of program funding.

Programs Offered

- Supply essential furniture, clothing, bedding, linens and kitchen supplies to those in need.

Languages Spoken

- English

Hours

- *Salvation Army Thrift Store:* Monday – Saturday: 9:00am – 5:00pm. Donation hours: 9:30am – 4:30pm....except Wednesdays.
- *New Beginnings boutique:* Monday to Saturday: (10:00 am to 5:00 pm.) No donations accepted at this location. Please bring to the main store on Homewood Road.

Funding Sources

- **Donations of sale worthy items of all kinds.** When vouchers are given to those in need, through Family Services, we desire clients to have items that we might want in our own homes. No smelly, stained or worn out items please.

School District 72 Programs

School District 72 (Campbell River)

425 Pinecrest Road

Campbell River, BC V9W 3P2

Phone: (250) 830-2300

Fax: (250) 287-2616

Website: www.sd72.bc.ca

Programs Offered

- **Aboriginal Education:** School District 72 offers opportunities for Aboriginal students to enhance their Aboriginal identity through language and culture programs. Aboriginal Kindergarten is also available. For more information, contact Greg Johnson, district principal of Aboriginal education at (250) 830-2330.
- **French Immersion:** French Immersion is the delivery of the regular BC school curriculum in the French language. It enables students to become functionally bilingual. School District 72 offers both early and late French Immersion programs. For more information, contact Nevenka Fair, Director of Institutional Programs at (250) 830-2339.
- **eBlend: A home-schooling program:** The eBlend program offers learning opportunities and support for parents and students that will help them develop an effective home-schooling program. The eBlend program offers a variety of services, including in-school support, weekly interactive days, online courses, and personal contact with teachers. For more information, contact Sean Toal, district principal of Robron Centre at (250) 923-4918.
- **Career Programs:** School District 72's career programs offer students an opportunity to transfer their school skills into the workplace. Available opportunities include: work experience, career preparation, cooperative education, and secondary school apprenticeships. For more information on career programs, speak with your school counselor or Diana Camerin, District career facilitator at (250) 923-9500.
- **Student Services:** Support services for students with special education needs in the community. Special education programs are offered in regular schools, and, wherever practical, in regular classrooms. For more information on Student Services, contact Shelia Johnsrude, Director of Student Support at, (250) 286- 4400 local 2253
- **Summer Programs:** School District 72 offers a variety of classes to help students upgrade their marks and further develop their academic and cultural interests. For more information on Summer School, contact the school board office at (250) 830-2300.
- **Alternate Programs:** Elm Alternate School offers young people aged 15-19 an opportunity to obtain a Grade 10 or Grade 12 equivalency certificate, or a high school diploma. Elm Alternate School offers flexible programming; students may start at any time during the school year and leave when they have completed the program. For more information on Elm Alternate School, call the school at (250) 923-4936.
- **AVID: Advancement via Individual Determination:** AVID offers students who are academically "in the middle" an opportunity to develop skills that will help them succeed academically. The AVID class occurs during the regular school time table and is supported by college or senior student tutors. For more information on AVID, contact Nevenka Fair, Director of Institutional Programs, at (250) 830- 2339

Programs & Services

- **Continuing Education:** The Continuing Education program is open to adults who wish to upgrade skills, improve basic literacy, complete a high school diploma, or meet prerequisites for post-secondary programs. For more information on Continuing Education, contact the Continuing Education office at (250) 923-4918.
- **International Program:** For more information on School District 72's international program, contact the International Education office at Robron Centre at (250) 923-4918.
- **StrongStart Center:** to support parents in this important role by providing a free, drop-in, early learning program for young children from birth to Kindergarten and their parents or caregivers. Under the direction of licensed early childhood educators, parents and children participate in early learning activities, such as story time, music, singing, art, and puzzles. For more information contact Jim Ansell (Assistant Superintendent) at: (250) 830- 2324
 - Georgia Park Elementary StrongStart:
Located at: 678 Hudson St
Phone: (250) 923 - 0735
Tuesday, Thursday, Friday @ 8:30am – 11:15am
Wednesday & Friday @ 12:00pm – 2:45pm
 - Cedar Elementary StrongStart:
Located at: 261 Cedar St
Phone: (250) 287- 8335
Monday @ 8:45am – 11:30, 12:15pm – 3:00pm
Tuesdays and Thursdays @ 12:15pm – 3:00pm
Wednesdays @ 8:45am – 11:30am
 - Sandowne Elementary & Gathering Place StrongStart
Located at: 699 Sandowne drive
Phone: (250) 923-4248
 - Sayward Elementary StrongStart:
Located at: 690 Kelsey Way
Phone: (250) 282- 3314
Mondays – Thursdays @ 8:30am – 12:00pm

Languages Spoken

- English

Funding Sources

- School District 72

Strathcona Counselling

1260 Shoppers Row, Suite 220, Campbell River, BC V9W 2C8

Phone: (250) 286-0820 / Fax: (250) 338-0316

E-mail: office@strathconacounselling.ca

Contact Persons

- Lisa Hiebert, Office Manager
- Dawne Grimes, Administrative Assistant

Operating Principles

- Strathcona Counselling is a dedicated and skilled group of multi-disciplinary professionals offering an extensive range of assessment and treatment services for children, adolescents, adults and families.

Programs Offered

Strathcona Counselling can help with:

- Alcoholism/addictions, anger management, anxiety and panic attacks, art and play therapy, attention and learning difficulties, child abuse/neglect, collaborative divorce coaching, couple and marriage work, depression, eating disorders, family issues, grief and loss, life transitions, pain management, parenting issues, personal growth, physical and emotional abuse, self esteem, separation and divorce, sexual assault and abuse, spousal assault (men, women), stress management, victims of crimes, work and accidental injuries.

Assessments

- Pediatric, adolescent and adult, medical-legal, and psychological-vocational.

Treatment Groups

- Men's Treatment group
- Women's treatment group
- Co-dependency
- Child and adult abuse survivors
- Parenting and blended family
- Women's self discovery

Languages Spoken

- English

Hours

- Office: Monday – Friday: 9:00am – 4:00pm
- Appointment Hours: Monday – Friday: 9:00am – 4:30pm (evenings available upon request), Saturday: 10:00am – 3:00pm (varies per individual practitioner)

Stroke Recovery Association of BC – Campbell River Branch

Phone: (250) 830-3144

Email: crstrokerecovery@yahoo.ca

Website: www.strokerecoverybc.ca

Contact Person and Coordinator

- Sharon Herbin (250) 830–3144

President

- Keith Davidson (250) 286–1847

Operational Principles

Serving stroke survivors and their families in communities across BC

Programs Offered

- We run a therapy-based branch providing social interaction, music, art, physical therapy, occupational therapy, speech therapy (utilizing the Bungalow Software System), and informative guest speakers.
- We also provide information about strokes and are willing to do hospital visits to stroke survivors and their families.
- Use the F.A.S.T.method below to help recognize and respond to stroke

F = FACE Ask the person to smile. Does one side of the face droop?

A = ARM Ask the person to raise both arms. Does one arm drift downward?

S = SPEECH Ask the person to repeat a simple phrase. Does the speech sound slurred or strange?

T = TIME If you observe any of these signs, it's time to call 9-1-1.

Population Served

- Anyone who has survived a stroke as well as caregivers of stroke survivors

Languages Spoken

- English

Hours of Operation

- 9:30 a.m. – 12:30 p.m. on Tuesdays at St. Peter's Anglican Church, 228 South Dogwood St. (corner of Pinecrest and Dogwood).

Funding Sources

- Supported by private donations and service groups

Strong Smart

Cedar Elementary, Sandowne Elementary, Georgia Park Elementary and Sayward Elementary

Phone: 250-830-2324 for general information; Fax: 250-287-2616

Email: jim.ansell@sd72.bc.ca

Website: www.sd72.bc.ca

Contact Person(s)

- Jim Ansell – Assistant Superintendent, SD 72 Campbell River

Operational Principles/Mission Statement

- Strong Start is a program sponsored by the BC Ministry of Education to provide free drop in pre-school programming for children and parents. At each center a trained facilitator works with children and families to develop early social and developmentally appropriate skills which help in the transition to Kindergarten. Strong Start is designed to support families in working with developing children in a fun and safe environment. Strong Friendships between participants are very common.

Population Served

- Family members and pre school children 0-5

Languages Spoken

- English

Hours of Operation

- Posted at each school site

Funding Sources

- BC Ministry of Education and School District #72

Substance Abuse Prevention Program, School District 72, Student Services

740 Robron Rd., Campbell River BC V9W 6J7

Phone: (250) 286-4400, ext. 2262 / Fax: (250) 286-6060

E-mail: sheri.rhodes@sd72.bc.ca

Director of Instruction

- Sheila Johnsrude, Student Services

Contact Person

- Sheri Rhodes, Drug and Alcohol Prevention Worker

Programs Offered

- The Substance Abuse Prevention Program provides support and resources to teachers, students and parents on the use and misuse of alcohol, tobacco and drugs. Through classroom presentation, group work, and individual assessments, the program addresses the health, social and psychological damage created by these substances. An emphasis is placed on decision-making and healthy choices. Students are seen on a short-term basis for individual interventions.

Population Served

- Elementary to High School students, all schools.

Languages Spoken

- English

Hours

- Monday to Friday, September to June – Calendar School Year

Funding Sources

- Vancouver Island Health Authority
- School District #72

Current Organizational Partnerships

- John Howard Society – Substance Abuse Counsellor

Committees and Working Groups

- CADAC

Please note that as of February 2011 we were unable to update

Sunrise Resources for Early Childhood Development

110-1180 Ironwood St, Campbell River BC, V9W 5P7

Phone: (250) 286-0955 / Fax: (250) 287-2676

Web site : www.sunriseresources.ca

Sunrise Resources is operated by the Campbell River and District Association for Community Living. The Executive Director is Greg Hill. The CRDACL office is at 1153 Greenwood St., Campbell River, B.C., V9W 3C5, Ph: (250) 286-0391/Fax: (250) 286-3732.

Mission Statement

Sunrise Resources for Early Childhood Development is committed to working in partnership with families and recognizes the family and supporting environment as the most valuable resource in an individual's life.

Programs Offered

Infant Development Program

- Serving children aged 0-3 years with developmental delay or at risk for delay (including prenatal exposure to alcohol and drugs)
- Home visits, education and support
- Developmental assessments
- Playgroup for children and parents
- Parent workshops or support groups

Speech and Language Services

- Assessment
- Consultation
- Therapy
- In-services/Workshops
- Liaison with other professionals involved with the child and family
- Works with children and families in the clinic, home and community-based environments
- Serving children with communication difficulties including receptive language, expressive language, social communication, speech sounds, voice, fluency, feeding difficulties and hearing difficulties.

Physical Therapy Services

- Provides physical therapy intervention to children between birth and school entry with motor difficulties or at risk for motor difficulties.
- Presenting conditions might include: motor delays, cerebral palsy, genetic conditions, prematurity, orthopaedic conditions, respiratory conditions, and muscle diseases.
- Children are seen in the home, clinic, community setting, or child care setting.

Occupational Therapy Services

Programs & Services

- Provides intervention, recommendations and adaptive activities to assist children to develop the skills necessary to participate as independently as possible in everyday activities
- Serving children with fine motor difficulties, sensory integration problems, visual perception problems, body awareness and self-care skills

Family Resource Program

- Complements other Sunrise services by supporting families who have children with developmental difficulties, from birth to school entry who are on the Sunrise caseload
- Advocating for community services
- Facilitation of support groups
- Working with preschool siblings of children receiving Sunrise services
- Assisting families in dealing with other services
- Playgroups for children and families

Population Served

- Referrals from parents, caregivers, physicians, nurses, preschool or child care staff, support staff
- Serving children and families from Campbell River to Oyster River, Gold River, Tahsis, Sayward, Quadra and Cortes Islands
- Professional services are provided to children from birth to school entrance

Languages Spoken

- English

Hours

- Monday - Friday: 8:30am – 4:00pm

Funding Sources

- MCFD
- Community Fundraising

Current Organizational Partnerships

- Administered by the Campbell River and District Association for Community Living

Committees and Working Groups

- CADAC
- Alcohol and Drug Resources Network
- Children's Interagency
- Building Blocks
- Success by Six
- Understanding the Early Years
- Child Care Planning Committee
- Literacy Now

Tourette Syndrome Foundation of Canada

Victoria chapter

Phone: 1-250-658-0506 (Victoria); Toll free: 1-800-361-3120

Email: victoriats@pacificcoast.net

Website: www.tourette.ca

Contact Person

Joy McBride

Operational Principles/Mission Statement

- The volunteers of TSSC and the Victoria chapter are dedicated to help individuals with Tourette Syndrome and their families by: providing information of TS and its associated disorders; raising awareness and understanding of TS in the Community; and providing support to those affected by TS.
- Please phone for any questions, concerns

Population Served

- Anyone with questions regarding TS

Languages Spoken

- English
- National office speaks French and English

Hours of Operation

- Leave a phone message I will get back to you

Funding Sources

Fundraisers and membership fees

Triumph Vocational Services

1250F Cedar Street, Campbell River BC, V9W 2W5

Phone: (250) 286-1091 / Fax: (250) 286-1097

Website : <http://www.triumphvocational.com/index.htm>

Contact Persons

- Debbie Leger or Terry Lee

Mission

Triumph's mission is to support persons with disabilities in British Columbia to develop their vocational potential. Triumph facilitates this by enhancing independence and skills and increasing opportunities to participate in employment. The aim of the program is to create and promote an inclusive workplace – one person, one job and one community at a time.

Program Offered

Clients with limited vocational experience

- Disability management workshops
- Communication skills training
- Career exploration
- Job shadowing
- Assertiveness training
- Basic computer skills training
- Work experience
- Volunteer and paid placements

Clients with more extensive experience in the workplace

- Assessments
- Informational interviews
- Labour market education
- Disability supports
- Job placement
- Employment crisis services
- Disability management workshops
- Life skills workshops
- Employment planning
- Job shadowing
- Job analysis
- Training
- Post-placement support
- Self-employment services
- Employment readiness workshops

Population Served

- Adults with a medically verifiable disability

Languages Spoken

- English

Programs and Services

Hours of Operation

- Monday to Thursday, 9:00am – 12:00 pm, 1:00 pm – 4:00pm

Upper Island Assessment and Resource Service Society

625C 11th Avenue, Campbell River BC V9W 4G5

Phone: (250) 287-2266 / Fax: (250) 287-3380

1-866-789-2266 (toll free)

E-mail: info@upperislandars.com

Director

- Garth Greatheart, MSW, RSW

Councillors (professionally registered)

- Kelsi Baine, MSC, CCC
- Heron Free, M Ed. RCC

Contact Person

- Joan Bond, Administrative assistant, re: general inquiries and eligibility for service

Mission Statement

- We provide resources to promote and enhance wellness of member organizations, their employees, retirees, eligible family members and communities.
- We believe that excellent service is characterized by effectiveness, efficiency and economy while ensuring respect, confidentiality, accessibility and freedom of choice.

Programs Offered

- Assessment, counselling, referral, and follow-up as appropriate for employees, retirees and dependent family members of affiliated companies or organizations
- Groups and workshops open to the public, based on caseload issues
- Critical incident stress debriefing for member companies
- Consultation for managers and EAP reps of member companies

Population Served

- Employees and their dependents, retirees of member companies and organizations.
- Offices in Campbell River, Comox Valley and Port McNeill

Languages Spoken

- English

Hours

- Monday – Friday: 8:30am – 4:30pm
- After hours by appointment

Funding Sources

- Fees paid by member companies and organizations on an annual basis per employee.

Vancouver Island Vocational and Rehabilitation Services Ltd. (VIVRS)

491-B 4th Street, Courtenay BC V9N 1G9

Phone: (250) 871-0798 / Fax: (250) 871-0796

Toll Free: 1-888-753-4225

Email: vivrs@shaw.ca

Website: www.vivrs.ca

Mission Statement

VIVRS is committed to providing services that promote the right of every individual to economic and social integration and inclusion in their own community, encouraging contribution in a manner that promotes individual choice.

Programs and Services

EmployAbility

- The EmployAbility program assists people with developmental disabilities, learning disorders, acquired brain injury, autism spectrum disorder, cognitive and mental health disabilities to get hired in meaningful work that is tailored to their needs.
- All services are offered on an individual basis, and the goal of the program is to connect individuals with real work for real pay. Customized jobs are carved to reflect the needs, interests and abilities of each worker.

Population Served

- People between the ages of 18 – 65 with developmental disabilities, learning disorders, acquired brain injury, autism spectrum disorder, and those with cognitive and mental health disabilities who are seeking employment.
- VIVRS is offering the EmployAbility program in central and northern Vancouver Island, including Duncan, Nanaimo, Parksville, Courtenay and Campbell River (and surrounding areas).

Languages Spoken

- English

Funding Sources

- Ministry of Housing and Social Development
- Service Canada

Victim Services – RCMP Based

275 South Dogwood, Campbell River, BC V9W 8C8

Phone: (250) 286-5606 / Fax: (250) 286-5624

Crisis Line: 1-888-494-3888

Website: rcmp.crcn.net/victims_assistance.htm

Program Manager

- Cheryl Kwaksistala: (250) 286-5619

Operating Principles

- The purpose is to attempt to make the victim's contact with the Criminal Justice System a POSITIVE one, thereby encouraging future involvement by the victim and community. The program is operated from the Campbell River RCMP Detachment and is supervised by the RCMP.

Services Offered

- *Information:* This is the most powerful tool that is offered to the victims in order to help them deal with the trauma and work their way through the Justice System. They are kept up to date on the progress of the file through the Justice System, including police file status, when charges are laid, when court dates are set, court outcome, and sentence information. The victim is encouraged to participate along the way in order to feel part of the system. Assistance is offered with court orientation, victim impact statements, Crime Victim Assistance program, restitution and court accompaniment if required. Home Security information and checks are offered free of charge to anyone who requests this service.
- *Referrals:* The program workers will attempt to match the needs of the victims to appropriate services in the community. The workers are not counsellors and will make referrals when possible.
- *Short term emotional support:* The workers offer support and empathy to victims of crime and trauma. They will offer educational material on the effects of trauma and the recovery from traumatic events.
- *Crisis Response Team:* Victim services personnel are on call 24 hours a day. The workers will attend the scene, hospital, Detachment, home or wherever required to provide immediate support to the victims and families.

Population Served

- All victims of crime and trauma are entitled to seek the service of the Unit, providing the information has been reported to the police. Services to victims of crimes such as Break and Enter, Assault, Domestic Violence, Armed Robbery, Homicide, Sudden Death, Motor Vehicle Incidents involving injuries, suicides, and any other crime where a victim has been impacted are all part of the case load for the worker. Involvement with the file may be short term or long term depending on the route taken through the Justice System.
- Our service area includes Quadra island, Cortez Island, and surrounding areas.

Languages Spoken

- English

Programs and Services

Hours

- Regular Hours are: Monday – Friday from 7:00am – 4:00pm.

Funding Sources

- Government

Committees and Working Groups

- Various Committees

Victim Services – Community Based

Campbell River Family Services Society

487-10th Avenue, Campbell River, BC V9W 4Y9

Phone: (250) 287-2421 ext 310 Fax: (250) 287-4268

Website: crfamilyservices.ca

Program Coordinator

- Michele Clark (250) 287-2421 ext 310

Operating Principles

- To provide specialized support to people who have experienced emotional, physical or sexual violence. To develop a safety plan with people who are in a domestic violence situation.

Services Offered

- Our workers have been specially trained in the dynamics of power based crimes.
- We offer practical assistance and information, and provide emotional support.
- We explain the process that a person may be facing – from police statement, to charge approval, to trial.
- We will keep the person updated on the status of the police investigation and court case. We will prepare the person for being a witness and accompany them to trial if requested.
- We provide assistance with completing the Crime Victim Assistance Program application, Victim Impact Statement, BC Housing applications, Family Court papers, etc.
- We will inform a person of their rights under the Victims of Crime Act.
- We will make all appropriate referrals to meet the needs of the person.
- We can provide education on the cycle of violence, healthy relationships, power and control dynamics, and assist in the development of a Safety Plan.
- We provide accompaniment to the police station, hospital, meetings, etc. as requested.
- We provide risk assessments for the courts.
- We provide educational sessions and information to the community.

Population Served

- Women, youth, children and men who have experienced or have witnessed physical, emotional or sexual violence. This includes, but is not limited to, recent or historical criminal harassment, stalking, domestic violence and family issues.
- Service is provided to people from Oyster River north to Port Hardy, including Gold River and Tahsis, as well as Quadra and Cortez.

Languages Spoken

- English

Hours

- Office hours are 8:30 am – 4:30 pm Monday to Friday.
- After hours/weekend appointments may be arranged.

Programs and Services

Current Organizational Partnerships

- Prevention of Violence Against Women Week, International Women's Day, Take Back the Night March commemorated in partnership with CR Women's Centre, CR and North Island Transition Society Ann Elmore House and Stopping the Violence outreach programs at Laichwiltach Family Life Society.

Funded by:

- Ministry of Solicitor General and Public Safety.

West Coast Prostate Awareness Society

President

- Al Hodgkinson (250) 923- 1357 / Fax: (250) 286- 6905

Contact Person

- Frank: (250) 286-9696 or Al: (250) 923-1357

Operating Principles

- To raise awareness about prostate cancer
- To encourage annual checkups which can lead to early detection
- To provide support for those diagnosed with prostate cancer and their relatives

Programs Offered

- Support Group
- Third Tuesday of each month: 7:00pm, at #12 – 142 Larwood Road (Altrusa House)

Languages Spoken

- English

Population Served

- Those diagnosed with prostate cancer and their relatives

Wheels for Wellness

Mailing Address: 1894 Bolt Avenue, Comox, BC V9M 2J4

Phone: (250) 338-0196

E-mail: info@wheelsforwellness.com

Website: www.wheelsforwellness.com

Executive Director

Don Buchner: donbuchner@wheelsforwellness.com

Mission Statement

- To successfully build, promote, and provide a quality service for the patients of Vancouver Island who require transportation to their medical appointments.
- To provide safe, friendly on time service to appointments from your home.
- To provide "Door to Door" service.
- We believe that with the increasing aging population in remote areas, this service will be of vital importance to residents.

Programs Offered

- The society picks patients up at their home and takes them to and from any out of town medical appointment that exceeds 60 km (one way) from a Vancouver Island point of departure. Patients who live in Tahsis, Zeballos, or any other off main road community will be given a designated pickup and drop-off spot by the dispatcher.
- Wheels for Wellness requires advanced notice in order to book a driver and vehicle. Two weeks is normal, but short notice may be attainable in most circumstances.

Populations Served

- Vancouver Island patients heading to medical appointments anywhere that exceed 75 km (one way) from the point of departure.
- Physically handicapped patients need to provide notice well in advance to ensure an adequate vehicle.

Languages Spoken

- English

Funding Sources

- Donations from sponsors and supporters

Willow Point Supportive Living Society

100-142 Larwood Road, Campbell River, BC V9W 1S2

Phone: (250) 923-4824 Fax : (250) 923-4818

E-mail: wpslsapt@telus.net

Contact Person

- Terry Fulton

Mission Statement

- To provide safe, comfortable, affordable accommodation to seniors. We believe that people should be able to live as independently as possible for as long as possible with dignity and respect.

Services Offered

- Clean, modern apartments close to all services in Willow Point. 1 and 2 bedrooms, heat and hot water included. We have a total of 47 units available (7 are patio homes). Participation and interaction among tenants in projects and activities is encouraged.

Population Served

- Seniors of reasonable sound mind, capable of living independently. Some suites for the physically handicapped.

Hours

- Monday – Friday: 8:00am – 4:30pm

Languages Spoken

- English

Funding Sources

- Rental income
- Charitable donations

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