



## City of Campbell River

From the Office of the Mayor

### **- P R O C L A M A T I O N -**

**WHEREAS** Canada by nature offers abundant recreational and fitness opportunities through such things as our mountains, oceans, lakes, forests, parks and wilderness;

**AND WHEREAS** We as Canadians could, therefore, be the healthiest and fittest people on earth, yet participation rates in healthy physical activities have been declining;

**AND WHEREAS** Canadians recognize the growing concern over chronic disease and other impediments to health and fitness, so this ought to be promoted for Canadians of all ages and abilities.

**AND WHEREAS** The first week of June is "*Environment Week*" in Canada, and walking and cycling are great ways to reduce vehicle pollution and encourage physical fitness;

**AND WHEREAS** We all aspire to raise awareness of the importance of increasing participation by Canadians in health, recreational sports and fitness activities;

**NOW THEREFORE I, Walter Jakeway, Mayor of the City of Campbell River** do hereby proclaim the first Saturday of June 2013 to be observed as:

### **"NATIONAL HEALTH & FITNESS DAY"**

in the City of Campbell River, Province of British Columbia, to raise awareness of the importance of increasing physical activity.

Dated this 26<sup>th</sup> day of February, 2013.

**Walter Jakeway**  
**MAYOR**