

-PROCLAMATION-

WHEREAS

A group of Campbell River citizens have organized a Defeat Depression Walk on May 26, 2013. These events will be taking place across Canada to eliminate the stigma of mental illness and suicide; to help raise acceptance and understanding of Mental Illnesses; to encourage people to seek early intervention and treatment; and to raise funds for research and support of people with mental illnesses;

AND WHEREAS

The World Health Organization estimates that depression will be the second cause of disability after heart disease by 2020, making it the fastest growing category of disability costs in BC and Canada; and one in five Canadians will suffer from a mental illness in their lifetime;

AND WHEREAS

Suicide is a devastating problem in the city of Campbell River and ninety percent of people who complete suicide have a diagnosable mental illness, therefore mental illness can be fatal and the fatality is by suicide.

NOW THEREFORE BE IT RESOLVED that I, **Walter Jakeway, Mayor,** of the City of Campbell River do hereby proclaim May 26, 2013 to be:

"DEFEAT DEPRESSION DAY"

in the City of Campbell River, Province of British Columbia; and urge all citizens to participate in the Defeat Depression event, and all civic, social and fraternal organizations and business establishments to give this event the greatest possible support.

If you have a brain you have mental health and anyone can fall victim to a mental illness.

Dated this 10th day of May, 2013 at Campbell River, B.C.

Walter Jakeway (

MAYOR