

ACTIVE LIVING

Overview

Integrate healthy activities into your daily life and enjoy comfortable and accessible facilities at the downtown Community Centre and the Sportsplex. Annual memberships are available for \$30, which can be used to enjoy more than 25 volunteer-led activities each week. Without a membership, drop-in to most programs is \$4 per activity. Get involved and have fun being a part of this amazing group.

Active Living for January to May 2024

Backgammon

Backgammon is one of the oldest known board games. It is a 2 player game where each player has 15 pieces that move between 24 triangles, according to the roll of 2 dice. The objective of the game is to be first to move all pieces off the board.

Boccia

Boccia is a ball sport similar to Bocce that is played inside and has been adapted for everyone and can be played seated in a wheelchair or mobility device.

Bridge

A card game derived from whist. Four person play; join other players to form partners, two against two.

Calico Quilters

This quilting group meets to discuss a variety of topics around quilting, with a show and tell each meeting.

Carpet Bowling

A variation of outdoor bowling, the difference being a smaller bowl, smaller jack and a much smaller playing surface. Beginners welcome.

Coffee With Friends

Join us in the Community Lounge for a great social morning. Make new friends, plan activities. Coffee \$1.00 per cup.

Cribbage

Cribbage, or crib, is a card game that involves playing and grouping cards in combinations which gain points.

Crochet and Knitting

A fun and friendly group that meets every Thursday morning to knit, crochet, share patterns, a cup of coffee, and great conversation.

Drop-In Crafts

Crafters make a variety of different craft projects for themselves and also to sell at various events throughout the year.

Duplicate Bridge

An advanced variant from the original game, the purpose of duplicate bridge is to eliminate, as nearly as possible, the element of luck from the game.

Euchre

Euchre is an excellent social card game, simple in concept but with a high degree of subtlety in the play.

Floor Curling

Floor Curling is a modified version of the Olympic sport of curling with one major difference - no need for experience! Beginners welcome.

Fit and Social

This class is suitable for those who are just starting out or have medical considerations that limit full participation in exercise classes. The class can be done seated or standing. After class, stay for social time with coffee and tea.

Hand Quilting

Group quilting, individual projects, and group projects.

Mah Jong

Mah Jong, or mah-jongg, is a tile-based game developed in the 19th century in China. It is commonly played by four players.

Mexican Train

Mexican Train is a game played with dominoes.

Needle Arts

Bring your project and enjoy the time spent with others.

Painting

Join us for a morning of painting. There is no instruction, but help is always available. Bring your current project with you.

Partnership Bridge

Come with your partner and play other twosomes.

Quilt and Sew With Us Meeting

Come join the Thursday evening group for inspiring time of sharing quilting or sewing ideas, show finished projects, and new or unique tools. A great time to share books, magazines, fabrics, and tips.

Quilters Gab

Bring your own project and spend the day sewing and quilting with other quilters.

River City Ukles

Join us to learn to play the ukulele.

Scrabble

The popular word game where two to four players score points by placing tiles.

Stamp Club

Join this group on the 3rd Thursday of the month.

ACTIVE LIVING CALENDAR

January to May 2024 | 16 + Years | \$4 Drop In

Program will be held in the Community Centre

Program will be held in the Sportsplex

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 – 11:30 a.m. Hand Quilting Jan 8 – May 27 <i>No program Feb 19, Apr 1, May 20</i>	9 – 11 a.m. Coffee With Friends Jan 2 – May 28	8:30 – 11:30 a.m. Hand Quilting Jan 3 – May 29 <i>No program Mar 20</i>	9:30 – 11:30 a.m. Mexican Train Jan 4 – May 30	10 a.m. – 1 p.m. Needle Arts Jan 5 – May 31 <i>No program Mar 29</i>
1 – 3 p.m. Floor Curling Jan 8 – May 27 <i>No program Feb 19, Apr 1, May 20</i>	9 a.m. – 3 p.m. Quilter's Gab Starts Jan 2 <i>1st Tue of the Month</i>	9:30 a.m. – 12:30 p.m. Drop In Painting Jan 3 – May 29	9:30 – 11:30 a.m. Calico Quilters Starts Jan 18 <i>3rd Thu of the Month</i>	1 – 4:30 p.m. Bridge <i>No program Mar 29</i> Jan 5 – May 31
1 – 3 p.m. NEW Fit and Social Jan 8 – May 27 <i>No program Feb 19, Apr 1, May 20</i>	10 a.m. – 12 Noon Scrabble Jan 2 – May 28	9:30 – 11:30 a.m. Crochet and Knitting Jan 3 – May 29	12:45 – 2:15 p.m. River City Ukcs Jan 11 – May 23 <i>2nd and 4th Thu of the Month</i>	1 – 4:30 p.m. Duplicate Bridge Jan 5 – May 31 <i>No program Mar 29</i>
1 – 4 p.m. Partnership Bridge Jan 8 – May 27 <i>No program Feb 19, Apr 1, May 20</i>	11 a.m. – 12 Noon Backgammon Jan 2 – May 28	11:30 a.m. – 2 p.m. Cribbage Jan 10 – May 29 <i>No program Mar 20 and 27</i> Sportsplex	1 – 3 p.m. Stamp Club Starts Jan 18 <i>3rd Thu of the Month</i>	
	1 – 3 p.m. Drop In Crafts Jan 9 – May 28 <i>No program Feb 6, Mar 5, Apr 2, May 7</i>	1 – 3 p.m. Carpet Bowling Jan 3 – May 29 <i>No program Mar 20</i>	1 – 3 p.m. NEW Fit and Social Jan 7 – May 30	
	1 – 4 p.m. Euchre Jan 2 – May 28	1 – 4 p.m. Mah Jong Jan 3 – May 29	7 – 9 p.m. Quilt and Sew With Us Meeting Starts Jan 11 <i>2nd Thu of the Month</i>	
	1 – 4:30 p.m. Bridge Jan 2 – May 28	1 – 4:30 p.m. Duplicate Bridge Jan 3 – May 29		
	1:30 – 3 p.m. Boccia Jan 2 – May 28	6:30 – 9:30 p.m. Euchre Jan 3 – May 29		
	7 – 10 p.m. Cribbage Jan 2 – May 28			

Drop In \$4 | Annual Membership \$30

Cancellation Policy

- When 72 Hours cancellation notice is given for registered programs, a refund will be granted and no withdraw fee will be charged
- When less than 72 hours notice is given for registered programs, there will be no refund granted
- Pre-registered drop in sessions must be cancelled by 4 p.m. the day prior in order to receive a refund

- Squash and Racquetball courts may be cancelled up to 1 hour in advance of your scheduled court time
- If the cancellation occurs due to a medical condition please contact us directly for more information
- To cancel, please call 250-923-7911, 250-286-1161 or email recandculture@campbellriver.ca



Community Centre 250.286.1161

Sportsplex 250.923.7911