

September 22, 2008

Campbell River Rocks Because It Walks

Fall is rapidly approaching, and what better way to enjoy the crisp clean air and the beautiful fall colors than to log your 10,000 steps walking the myriad of trails around Campbell River!

Active Campbell River has developed a “12 Great Places to Walk in Campbell River” map. This brochure highlights walking routes that are up to 30 minutes in length and each map has details about where to access the trail or walking route, accessibility, dog, bike or horse friendly and notes the approximate number of steps and kilometers for each route.

To pick up one of these maps drop into one of the following locations: Sportsplex, Strathcona Gardens, Campbell River Community Centre, Visitor Information Centre, ShoreRunners and McDonalds. If you would like to have maps available at your organization, contact the Sportsplex at 250-923-7911.

For more details for about Active Campbell River, or any other Parks, Recreation and Culture activities please check out the Fall Recreation Guide or call the Sportsplex at 250-923-7911 or Community Centre at 250-286-1161. You can also see the guide on line at www.campbellriver.ca. Just follow the links for ‘residents’ or use the search bar.

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